

ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED
UNAUDITED ACCOUNTS
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ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2022

Directors	Dr M Stead A Whyke
Company Number	07575895 (England and Wales)
Registered Office	128 Halifax Old Road Birkby Huddersfield West Yorkshire HD2 2RL
Accountants	BAM Solutions Ltd 210 Netheroyd Hill Road Fixby Huddersfield HD2 2LZ

ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2022

	Notes	2022 £	2021 £
Fixed assets			
Intangible assets	<u>4</u>	-	900
Tangible assets	<u>5</u>	76,889	99,337
		<u>76,889</u>	<u>100,237</u>
Current assets			
Inventories		5,800	5,500
Debtors	<u>6</u>	7,705	15,998
Cash at bank and in hand		123,259	30,499
		<u>136,764</u>	<u>51,997</u>
Creditors: amounts falling due within one year	<u>7</u>	(75,434)	(32,702)
Net current assets		<u>61,330</u>	<u>19,295</u>
Total assets less current liabilities		138,219	119,532
Creditors: amounts falling due after more than one year	<u>8</u>	(127,006)	(140,490)
Provisions for liabilities			
Deferred tax		(4,212)	(4,212)
Net assets/(liabilities)		<u>7,001</u>	<u>(25,170)</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		6,901	(25,270)
Shareholders' funds		<u>7,001</u>	<u>(25,170)</u>

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board of Directors and authorised for issue on 20 June 2022 and were signed on its behalf by

Dr M Stead
Director

Company Registration No. 07575895

ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

1 Statutory information

Alexandra House Holistic Health and Well-being Spa Limited is a private company, limited by shares, registered in England and Wales, registration number 07575895. The registered office is 128 Halifax Old Road, Birkby, Huddersfield, West Yorkshire, HD2 2RL.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Land & buildings	10 years straight line
Plant & machinery	33.33% reducing balance
Fixtures & fittings	15% reducing balance
Computer equipment	33.33% reducing balance
Other tangible fixed assets	10 years straight line

Intangible fixed assets

Intangible fixed assets (including purchased goodwill and patents) are included at cost less accumulated amortisation.

Goodwill

Goodwill arises on business acquisitions and represents the excess of the cost of the acquisition over the company's interest in the net amount of the identifiable assets, liabilities and contingent liabilities of the acquired business.

Goodwill is measured at cost less accumulated amortisation and accumulated impairment losses.

It is amortised on a straight-line basis over its useful life. Where a reliable estimate of the useful life of goodwill or intangible assets cannot be made, the life is presumed not to exceed ten years.

Amortisation

Amortisation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful life of that asset as follows:

Goodwill - 10 years straight line

If there is an indication that there has been a significant change in amortisation rate, useful life or residual value of an intangible asset, the amortisation is revised prospectively to reflect the new estimates.

ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

4 Intangible fixed assets

	Goodwill
	£
Cost	
At 1 April 2021	15,000
At 31 March 2022	15,000
Amortisation	
At 1 April 2021	14,100
Charge for the year	900
At 31 March 2022	15,000
Net book value	
At 31 March 2022	-
At 31 March 2021	900

5 Tangible fixed assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Total
	£	£	£	£
Cost or valuation				
At 1 April 2021	262,535	6,197	43,593	312,325
Additions	-	2,864	5,458	8,322
At 31 March 2022	262,535	9,061	49,051	320,647
Depreciation				
At 1 April 2021	180,133	5,092	27,763	212,988
Charge for the year	26,254	1,323	3,193	30,770
At 31 March 2022	206,387	6,415	30,956	243,758
Net book value				
At 31 March 2022	56,148	2,646	18,095	76,889
At 31 March 2021	82,402	1,105	15,830	99,337

6 Debtors: amounts falling due within one year

	2022	2021
	£	£
Accrued income and prepayments	3,554	2,399
Other debtors	4,151	13,599
	7,705	15,998

7 Creditors: amounts falling due within one year

	2022	2021
	£	£
VAT	15,723	602
Trade creditors	46,225	25,118
Taxes and social security	13,486	6,982
	75,434	32,702

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FOR THE YEAR ENDED 31 MARCH 2022

8 Creditors: amounts falling due after more than one year	2022	2021
	£	£
Loans from directors	127,006	140,490
	<u>127,006</u>	<u>140,490</u>

9 Average number of employees

During the year the average number of employees was 15 (2021: 15).

