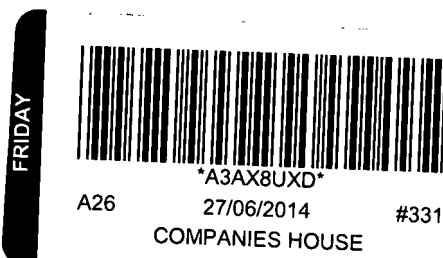


COMPANY REGISTRATION NUMBER 07575895

ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED

UNAUDITED ABBREVIATED ACCOUNTS
31 MARCH 2014



ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED

ABBREVIATED ACCOUNTS

YEAR ENDED 31 MARCH 2014

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ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED

Company Registration Number: 07575895

ABBREVIATED BALANCE SHEET

31 MARCH 2014

	Note	2014	2013
		£	£
FIXED ASSETS	2		
Intangible assets		11,400	12,900
Tangible assets		<u>188,375</u>	<u>-</u>
		199,775	12,900
CURRENT ASSETS			
Stocks		9,000	7,700
Debtors		8,898	2,000
Cash at bank and in hand		<u>15,916</u>	<u>34,193</u>
		33,814	43,893
CREDITORS: Amounts falling due within one year		<u>203,274</u>	<u>27,898</u>
NET CURRENT (LIABILITIES)/ASSETS		<u>(169,460)</u>	<u>15,995</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		30,315	28,895
PROVISIONS FOR LIABILITIES		<u>3,517</u>	<u>-</u>
		<u>26,798</u>	<u>28,895</u>

The Balance sheet continues on the following page.

The notes on pages 3 to 4 form part of these abbreviated accounts.

ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED

Company Registration Number: 07575895

ABBREVIATED BALANCE SHEET *(continued)*

31 MARCH 2014

	Note	2014 £	2013 £
CAPITAL AND RESERVES			
Called-up equity share capital	3	100	100
Profit and loss account		<u>26,698</u>	<u>28,795</u>
SHAREHOLDERS' FUNDS		<u>26,798</u>	<u>28,895</u>

For the year ended 31 March 2014 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime.

These abbreviated accounts were approved and signed by the director and authorised for issue on 25 June 2014



DR M STEAD

The notes on pages 3 to 4 form part of these abbreviated accounts.

ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 31 MARCH 2014

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

Amortisation

Amortisation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Goodwill - 10 years straight line

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Leasehold Property - 10 years straight line
Fixtures & Fittings - 15% reducing balance
Equipment - 33.33% reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

ALEXANDRA HOUSE HOLISTIC HEALTH AND WELL-BEING SPA LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 31 MARCH 2014

1. ACCOUNTING POLICIES *(continued)*

Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more tax.

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date.

2. FIXED ASSETS

	Intangible assets £	Tangible assets £	Total £
COST			
At 1 April 2013	15,000	–	15,000
Additions	–	195,335	195,335
At 31 March 2014	15,000	195,335	210,335
DEPRECIATION			
At 1 April 2013	2,100	–	2,100
Charge for year	1,500	6,960	8,460
At 31 March 2014	3,600	6,960	10,560
NET BOOK VALUE			
At 31 March 2014	11,400	188,375	199,775
At 31 March 2013	12,900	–	12,900

3. SHARE CAPITAL

Allotted, called up and fully paid:

	2014		2013	
	No	£	No	£
Ordinary shares of £1 each	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>