

Registered Number 07554209

THE BODY WORKSHOP PILATES LIMITED

Abbreviated Accounts

31 March 2015

Abbreviated Balance Sheet as at 31 March 2015

	Notes	2015 £	2014 £
Fixed assets			
Tangible assets	2	2,268	1,944
		<u>2,268</u>	<u>1,944</u>
Current assets			
Debtors	3	833	833
Cash at bank and in hand		45,062	20,887
		<u>45,895</u>	<u>21,720</u>
Creditors: amounts falling due within one year	4	(36,601)	(20,112)
Net current assets (liabilities)		<u>9,294</u>	<u>1,608</u>
Total assets less current liabilities		<u>11,562</u>	<u>3,552</u>
Total net assets (liabilities)		<u>11,562</u>	<u>3,552</u>
Capital and reserves			
Called up share capital	5	1	1
Profit and loss account		11,561	3,551
Shareholders' funds		<u>11,562</u>	<u>3,552</u>

- For the year ending 31 March 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 17 December 2015

And signed on their behalf by:

A Gibson, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2015

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 1 April 2014	3,640
Additions	1,079
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2015	<u>4,719</u>
Depreciation	
At 1 April 2014	1,696
Charge for the year	755
On disposals	-
At 31 March 2015	<u>2,451</u>
Net book values	
At 31 March 2015	<u>2,268</u>
At 31 March 2014	<u>1,944</u>

3 Debtors

	2015	2014
	£	£
Debtors include the following amounts due after more than one year	833	833

4 Creditors

	2015	2014
	£	£
Secured Debts	36,601	20,112

5 Called Up Share Capital

Allotted, called up and fully paid:

	2015	2014
	£	£
1 Ordinary shares of £1 each	1	1

registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.