

Unaudited Financial Statements for the Year Ended 30 November 2022

for

So Naturally Ltd

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for the Year Ended 30 November 2022

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So Naturally Ltd

Company Information  
for the Year Ended 30 November 2022

**DIRECTOR:** Mrs J Evans

**REGISTERED OFFICE:** 1st Floor  
27 Railway Street  
Hertford  
Hertfordshire  
SG14 1BA

**REGISTERED NUMBER:** 07448925 (England and Wales)

**ACCOUNTANTS:** DLA Chartered Accountants  
36A Market Street  
New Mills  
High Peak  
SK22 4AA

Balance Sheet  
30 November 2022

	Notes	30.11.22 £	£	30.11.21 £	£
<b>FIXED ASSETS</b>					
Tangible assets	4		259		259
<b>CREDITORS</b>					
Amounts falling due within one year	5	<u>873</u>	<u>(873)</u>	<u>873</u>	<u>(873)</u>
<b>NET CURRENT LIABILITIES</b>			<u>(873)</u>		<u>(873)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>(614)</u>		<u>(614)</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital			100		100
Retained earnings			<u>(714)</u>		<u>(714)</u>
<b>SHAREHOLDERS' FUNDS</b>			<u>(614)</u>		<u>(614)</u>

The company is entitled to exemption from audit under Section 480 of the Companies Act 2006 for the year ended 30 November 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 16 August 2023 and were signed by:

Mrs J Evans - Director

Notes to the Financial Statements  
for the Year Ended 30 November 2022

1. **STATUTORY INFORMATION**

So Naturally Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on reducing balance

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was NIL (2021 - NIL).

4. **TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
<b>COST</b>	
At 1 December 2021 and 30 November 2022	4,040
<b>DEPRECIATION</b>	
At 1 December 2021 and 30 November 2022	3,781
<b>NET BOOK VALUE</b>	
At 30 November 2022	259
At 30 November 2021	259

5. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	30.11.22 £	30.11.21 £
Tax	180	180
Directors' current accounts	290	290
Accrued expenses	403	403
	<u>873</u>	<u>873</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.