

Registered number
07435580

No Limit Training & Development Limited

Abbreviated Accounts

31 March 2016

No Limit Training & Development Limited**Registered number:** 07435580**Abbreviated Balance Sheet****as at 31 March 2016**

	Notes	2016	2015
		£	£
Fixed assets			
Tangible assets	2	1,909	2,259
Current assets			
Debtors	628	-	
Cash at bank and in hand	10,474	16,832	
	<u>11,102</u>	<u>16,832</u>	
Creditors: amounts falling due within one year	(6,469)	(6,268)	
Net current assets		<u>4,633</u>	<u>10,564</u>
Net assets		<u>6,542</u>	<u>12,823</u>
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		6,541	12,822
Shareholder's funds		<u>6,542</u>	<u>12,823</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Mrs M A Johnson

Director

Approved by the board on 21 June 2016

No Limit Training & Development Limited
Notes to the Abbreviated Accounts
for the year ended 31 March 2016

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	25% reducing balance
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Stocks

Stock is valued at the lower of cost and net realisable value.

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

2 Tangible fixed assets

£

Cost

At 1 April 2015	4,058
At 31 March 2016	<u>4,058</u>

Depreciation

At 1 April 2015	1,799
Charge for the year	350
At 31 March 2016	<u>2,149</u>

Net book value

At 31 March 2016	<u>1,909</u>
At 31 March 2015	<u>2,259</u>

3 Share capital

**Nominal
value**

**2016
Number**

**2016
£**

**2015
£**

Allotted, called up and fully paid:

Ordinary shares

£1 each

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1

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