

Registered number
07435580

No Limit Training & Development Limited

Abbreviated Accounts

31 March 2013

No Limit Training & Development Limited**Registered number:** 07435580**Abbreviated Balance Sheet****as at 31 March 2013**

	Notes	2013 £	2012 £
Fixed assets			
Tangible assets	2	1,186	947
Current assets			
Debtors		2,173	-
Cash at bank and in hand		8,970	8,965
		<u>11,143</u>	<u>8,965</u>
Creditors: amounts falling due within one year		<u>(4,219)</u>	<u>(4,767)</u>
Net current assets		6,924	4,198
Net assets		<u>8,110</u>	<u>5,145</u>
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		8,109	5,144
Shareholder's funds		<u>8,110</u>	<u>5,145</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Mrs M A Johnson

Director

Approved by the board on 20 May 2013

No Limit Training & Development Limited

Notes to the Abbreviated Accounts

for the year ended 31 March 2013

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery 25% reducing balance

Stocks

Stock is valued at the lower of cost and net realisable value.

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

2 Tangible fixed assets

£

Cost

At 1 April 2012	1,304
Additions	590
At 31 March 2013	1,894

Depreciation

At 1 April 2012	357
Charge for the year	351
At 31 March 2013	708

Net book value

At 31 March 2013	1,186
At 31 March 2012	947

3 Share capital

Nominal
value

2013
Number

2013
£

2012
£

Allotted, called up and fully paid:

Ordinary shares	£1 each	-	1	1
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the Companies Act 2006.