Company registration number: 07433894 Charity registration number: 11411416

Doncaster Mind

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

WEDNESDAY

A25

20/12/2023 COMPANIES HOUSE

#356

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

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Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Objectives and activities

Objects and aims

The objectives of the Association as stated in our constitution are as follows:-

• to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment, in association with National Mind, in accordance with the aims and objectives of National Mind.

The charity has adopted four key aims in order to deliver the objects:-

- · to promote better mental health
- · to provide quality services
- · to campaign on mental health issues
- · to challenge inequality

Doncaster Mind over the past year has grown from strength to strength despite a challenging year. Over the year we have focussed on ensuring our organisations sustainability by raising our profile, developing existing and new services, and reaching out to more people across all our communities in Doncaster.

This year we have been focussing on two consecutive timelines. On the one hand, we've had to focus on the 'now'. There is no getting away from the crises we've faced with every single day including resetting after the challenges of Covid-19, the economic and mental health crisis and the Russian invasion in Ukraine.

Whichever way we look, the situation for people's mental health across the UK is moving in the wrong direction; the cost-of-living crisis has aggravated this further still. People are struggling in record numbers, and at Doncaster Mind we've never delivered more support to more people as we attempt to keep up. But over the last 12 months we've also managed to put down serious markers for the future and this piece of work will continue next year.

As we progress with our strategy we will explore where the gaps exist in provision and we aim to work with young people and underrepresented communities to start prototyping potential new service models. We've conducted innovative, far-reaching research on a scale and depth we've never done before to try to make sense of the staggering rise in people experiencing mental health problems. We've done all of this because, whatever the answer is to the problem we're faced with, we know it can't just be about doing more of the same. As the crisis grows, we have to be effective in rising and meeting it and our aim is to have a new strategy in place next year which will help us to achieve all these objectives.

Public benefit

In setting and confirming these objectives, the trustees consider that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance issued by the Charity Commission and that the rest of this report demonstrates that the Association delivers public benefit.

Trustees' Report

Objectives, strategies and activities

Securing current funding contracts

Secure our current contracts as they come up for renewal and diversify our other funding streams to include contracts, grants and traded income

During this year, Doncaster Mind has worked really hard to renew and diversify our funding streams to ensure that we are not solely reliant on our two largest contracts. In September 2022 these two contracts (HIU – High Intensity Use & Wellbeing Service) came up for renewal within the space of 6 weeks. The Senior Management Team worked exceptionally hard to meet all the demands from the process of retendering and submitted two really strong bids, with the Wellbeing Service continuing with the shared partnership with Changing Lives. In December 22 we were informed that our bids had been successful and these would start at the beginning of April 23 for the next three years with a possible two year extension. This was fantastic news not only for our organisation but our clients, staff and volunteers.

With these contracts being secured this gave us a platform to ensure sustainability and growth and has allowed the Senior Management Team a basis and time to work on securing new contracts, and increase grant funding and unrestricted income through traded income to enable us to bring new and different services to our organisation. By the end of the financial year you will see that not only have we increased our income by 46%, we have diversified our income to secure funding through another 10 providers /grant funders and have increased our training income by 564%.

Increasing our profile

Increase Doncaster Mind profile within Doncaster and South Yorkshire

After the shared leadership with York Mind came to an end in 2022, we quickly realised that our organisations profile both within Doncaster and South Yorkshire had been adversely affected with people and organisations thinking that Doncaster Mind no longer existed and was certainly not a key player in the mental health landscape. Over the past year we have worked extremely hard to focus our work and efforts into increasing our profile both within our community and with the commissioners of services.

Over the past year our trustees and staff team have worked really hard to ensure that we are using our voice and branding to help shape services, promote the awareness of both Doncaster Mind and other mental health services, be the voice of our clients both past, present and future and seek partnership opportunities to build a network within both VCSE and wider partners in Doncaster.

At the beginning of the end of last financial year 22 – 23 we had three services and 9 members of staff, by the end of this financial year I am pleased to report that we now have 6 services and 14 members of staff and we have seen a 52% increase in people reaching out for support through our services. Whilst this is great news that more people are reaching out for support and we have more services which are accessible to many we know that we just need to keep working hard to ensure that Doncaster Mind is considered a key player in this area and for us to ensure that we have services and support to meet our vision that "no one should face a mental health difficulty alone".

Trustees' Report

Developing a new strategy for the future

Develop a new strategy for the next 3-5 years.

There has never been a more pressing need for Doncaster Mind's services in the field of mental health, with demand already at record highs and expected to rise as the effects of the cost of living crisis become more apparent. But the environment in which we operate is unstable; statutory and grant financing is decreasing, and people's confidence and ability to donate is also declining. These financial difficulties will probably have an effect on our fundraising, therefore we need to be agile in our approach to raise much needed funds.

Over the course of the year, Doncaster Mind has conducted a number of events and collaborated on several projects with local communities and stakeholders to determine what services are offered and where there are gaps in the market. We are still growing and changing. Doncaster Mind over the year has been carrying out a number of events and co-production with stakeholders and communities in Doncaster to see what services are available and to identify the gaps in provision. We continue to develop and evolve our strategy to ensure we remain ambitious and have begun work planning for the next strategic period. We are working to attract a larger and more diverse group of supporters and to offer exciting and new ways of engaging with Doncaster Mind. And we continue to look after our staff and supporters. With our dedicated innovation function, we are testing and learning different approaches to guide us on where to put our future focus.

Increase service user engagemnt

Increase service user engagement through a co-production group across all services

We have increased service user engagement through a co-production group across all services. The group provides direct service user input into the planning, delivery, performance management and monitoring of the services we provided. Membership includes current users of any of Doncaster Mind's services or individuals who have used Doncaster Mind's services in the past 12 months. The group meets quarterly.

Objectives of the group include:

- · Ensuring the delivery of service user focussed services in Doncaster Mind.
- · To enable other people who use Doncaster Mind's services to have input into the development and delivery of Doncaster Mind services.
- · To provide advice and feedback to Doncaster Mind staff and trustees on service user involvement issues.
- \cdot To agree an annual work plan to support the systematic involvement of service users in Doncaster Mind.

Significant activities undertaken and related achievements are included in the Achievements and Performance section of the report below.

Use of volunteers

The charity is grateful to all its volunteers and in particular its trustees for their time, commitment and expertise in supporting the charity.

Trustees' Report

Achievements and performance

a) Wellbeing service

The Wellbeing Service offers a range of support through group work and one to one sessions and during the year we have continued to support people experiencing mental ill-health by adapting and providing our services to meet the needs of clients. In response to the number of referrals for group work, and the difficulties clients were having about attending group sessions we restarted the First Step workshops group assessment process. Reducing anxiety about attending sessions by using the group assessment process as a taster for what it is like to access them without the commitment of a course or group. Giving the client choice and the ability to make an informed decision about the care and support they require.

The adult mentoring service is rapidly became a successful programme with lots of positive feedback from clients. For the mentors, this type of voluntary work provides valuable work based experience whilst studying, for example, counselling or the social sciences, also for people who are looking to change their career or go back into work.

New developments this year include working in Mexborough with Link4Families to provide a 12 week programme to improve confidence and reduce anxiety, empowering participants to feel able to care for their own mental health and understand their feelings and triggers better.

We worked with the Barrel Organ Theatre Company to provide a confidence building ad-lib audience participated play which the clients went on to perform at Cast theatre.

The service started offering two evenings a week where we open later, giving more flexibility for mentoring, counselling and group sessions for people who are unable to access services during the day. In addition, we responded to demand and delivered a weekend course around Dealing with Anger.

Towards the end of the year, we took over an allotment in Hyde Park. Creating a space for us to expand our knowledge and reach.

Next year will see the service develop further to offer more activity and wellbeing sessions, facilitated peer support groups in response the needs of the clients. Sessions will continue to be available face to face, remotely and blended, and delivered within local communities.

We will develop Pop-Up Shops across all Doncaster localities to make communities aware of the services we have to offer. They will also help people access a broad range of wellbeing services in their area and the wider city that they may not realise they have access to.

We also plan to refresh the befriending service to allow for quicker access and short-term support, so better meet needs of the clients.

Feedback has shown that people accessing the service have benefitted in a variety of ways. Individuals have reported their confidence and self-esteem has increased; they have learned new coping strategies and skills that they have put into practice; their social isolation has been reduced; they have felt listened to, respected and valued; and several individuals have gone on to gain volunteer roles and employment.100% of clients rated the service as good or above.

"I like the journey that we go on. You meet us in the First Steps and then you help us choose what works best for us. You meet with us regularly to see what our next steps are and then we get to move through the support. It's like you really get it."

Trustees' Report

b) HIU service

This year denotes a 12 month extension to our existing contract to deliver the High Intensity Use service established in 2019/2020, which has seen commissioners putting this service out for retendering towards the end of 2022.

In the absence of a high level of referrals from DRI A&E we continued to widen the referral criteria to provide as many routes as possible into the service. Unfortunately, this has meant that the reason for the service being commissioned (to ease pressures on A&E) became extremely diluted, as we accepted referrals from both professionals and individuals themselves, often for those who were not high intensity users of A&E.

At this point whilst continuing to deliver the service under the same model, we undertook extensive research into the Blackpool Model (the national model for HIU services across England) and reached out to the originator Rhian Monteith. With her help we were able to see how the model we were delivering was not effective with high intensity users, how it created barriers and was not widely understood in Doncaster. Following this, we worked with commissioners to ensure they had a good understanding of the national HIU model and how we planned to transition to this model for the new contract which they were in complete agreement with.

Towards the end of the financial year 2022/2023, we are working on an implementation plan for the new service model that we have suggested, having had this accepted by commissioners and also having successfully won the contract for the HIU service starting in April 2023. We are planning to engage both internal & external stakeholders, commissioners and Rhian in a round of training that will see a much more widespread understanding of how the new model will work and how the service will be delivered.

As previously, the effectiveness of the service will be reliant on us obtaining the client information we need from DRI A&E to be able to manage our own caseload and work in a way that fosters engagement.

c) CYP - Young People's Service

The Young People's Service has continued to support young people aged 16 – 25 through the Mentoring Service. A focus for 2022 – 2023 was to develop links with other CYP services, schools, colleges and academies to promote the service and look at referral pathways for young people. During this period, we have linked in with Doncaster College and University, Trinity College, Vega College, NHS Cadet Scheme, Doncaster Housing for Young People, EPIC for young people & White Rose College. Our aim was to provide information around the young people service and guidance for young people experiencing mental ill health.

The Mentoring service has grown, and governance around internal procedures have given improved structure to the Young People's Service. With feedback from young people mentors and clients informing practice and policy. At the mentoring through 1:1 support we still aim to -

- Develop good Communication skills
- Help build Confidence
- Tap into Creativity
- Managing feelings
- Look at planning / problem solving
- Help build healthier relationships
- Build resilience
- Give someone a person to talk to

Trustees' Report

We encourage young people to explore new and old techniques to support them to deal with challenges and difficulties they might be experiencing. Using a person-centred tool and model which enables young people to gain a more holistic view of their life and support they may need.

Our volunteer mentors have remained at numbers of 8-10 throughout this period. With the volunteers supporting 1-2 young people at any time. The volunteers are supported into the role by 2 days full training at Doncaster Mind and a full induction after we have received references and a DBS. Continued support and monitoring including the introduction and Volunteer Peer Support sessions and Continual Professional Development as a way of supporting our volunteers to grow and progress during their time at Doncaster Mind. Recruitment of volunteers through linking in with Doncaster College has proved beneficial as we have volunteers working towards their counselling degrees and have found the mentoring as a crucial way of gaining valuable client facing experience.

d) Mental Health Community Connectors

In June 2022, we were successful in securing the contract for this project which is commissioned by RDaSH via Doncaster Council. The MHCC's project offers locality based mental health support by way of signposting and hand holding to groups and supports through the wealth of knowledge acquired by the team. We undertook recruitment during June/July and for the first time implemented a new recruitment process via open community based recruitment. The driver for this change was that we knew we needed a team of people who could easily connect and communicate with others; such people may well not be those who would complete an application form and sit in a formal interview. We created a process by which those interested in the roles (there are 4 community connectors and a co-ordinator) could come and meet us in community venues across Doncaster and take part in group activities that would allow them to share their thoughts and ideas and at the same time allow us to assess the best candidate to undertake the roles. For the co-ordinator we implemented our standard recruitment process as this role would be more office/admin based.

Following successful recruitment and with little in the way of a job description for the role we set out a stages approach to the work. In stage one, the team were asked to undertake research in each of their localities to build their knowledge of what was available. In stage two, they began outreach and working to connect individuals with all the different groups and supports they had discovered and become known and trusted faces within each of their localities.

In stage three, in development with commissioners the team began working alongside staff at the new Mental Health hubs. Some role development was needed at this stage since this had not been part of the original brief and we needed to safeguard the community based nature of their work which provided the knowledge they needed to effectively support the MH Hubs.

For us as an organisation, this project has provided an invaluable locality rather than centrally based connection with the Doncaster community. It has provided a two way communication that channels expertise outwards and local knowledge inwards which benefits both the organisation and our community. As a result, we have been able to rapidly grow awareness of the services we offer and develop relationships and trust with communities at a local level. Our community connectors are our eyes and ears across Doncaster within the community and we have gained a significant understanding of the differences both in community diversity across Doncaster, the variations in local provision and the differences in local need.

We are currently in discussion with commissioners about extending funding so that we can ensure the project continues beyond its initial 12 months. Since the start of the project in July 2022, we have helped 112 individuals at an early intervention/prevention level through the work of this team.

Trustees' Report

MHCC's feedback quotes:

"I just wanted to give a bit of feedback regarding working with Jane the connector for central. Jane has been a fountain of knowledge, she met with myself and one of my patients yesterday, she made a connection immediately, expanding on my patient she has immense trust issues and is severely depressed it has taken a few weeks for her to agree to meet Jane. I went back with my patient to continue our appointment and she discussed different ideas and options Jane had raised which included her disabled son. My issue there is just not enough of Jane and her time is limited and her role very scripted. My patient has made a connection with Jane, I would now be reluctant to move her on and introduce her to another practitioner for peer support, she has spoken many times of feeling 'passed around'. I know all of our roles started on a theory, in practice we are working on feedback for development, quite honestly, I would prefer working with Jane with my patients from start to finish in a collaborative format, she has excellent people skills and presents as extremely open, honest and caring, patients pick up on that." (feedback from MH Hub clinician)

"Hi Marie, thanks for our chat today, feeling a bit more positive now I've got a few things off my chest - the irony of a rainbow appearing in the sky as I left was a mood lifter! Thank you for everything." (feedback from client)

New Developments

Therapy Service

Towards the end of 2023, we were asked by ICB commissioners to submit a project proposal that would add further counselling provision to that already available in Doncaster due to the demand on services that meant waiting lists were often closed. We were successful in securing funding for this service and we have started the recruitment process in readiness to launch the service from April 23.

The service design includes the delivery of a free counselling service that complements that already commissioned under our wellbeing contract. We have recruited counselling students on placement to deliver this service who are supervised by our qualified counselling lead. Using the funding provided, alongside the funded counselling we are also developing a fast-track model that sees the use of qualified, experienced sessional counsellors delivering a fast-track pay-for counselling service for those who can afford to pay for their counselling. Our plan is to work to ensure that Doncaster Mind can sustain a counselling service that is not reliant on the availability of ever scarcer funding by using the pay-for service to provide a free service to those who cannot pay for their counselling. In effect, for every session that is paid for, we can offer a free session to someone who needs it.

Settle

With a small amount of matched funding from Doncaster Council and National Mind we have this year established a service supporting the Ukrainian refugees who have settled in Doncaster. To support these activities, we recruited an outreach worker who is herself a refugee who arrived in the UK in May 2022.

She has undertaken considerable consultation with the refugees attending the drop-in provided by the Ukrainian Centre in Doncaster, and based on two specific areas for support highlighted by this work, we have implemented a Psychological & Wellbeing Group (providing group psychological support facilitated by a Ukrainian psychologist), and an English Speaking Club (providing spoken English practice facilitated by a Ukrainian English teacher).

Our outreach worker has done an amazing job both of finding the facilitators for these sessions and promoting them across the Ukrainian refugee community in Doncaster. As part of the resettlement arrangements for refugees, they are required to attend ESOL classes and our English Speaking Club aims to support this classroom based learning with spoken language practice. It also provides subtle peer support and members of the group are enjoying spending time together on a regular basis.

Trustees' Report

Next year, we are planning to apply for continuation funding to be able to continue our existing support and in addition, to be able to increase activities that promote integration for the Ukrainian refugee community as well as begin work with the Afghan Community.

Raising Profile of Doncaster Mind

In response to the covid-pandemic and our shared leadership with York Mind, the current profile of Doncaster Mind was not as prominent and effective in the Doncaster community. Over the past year our staff team have worked really hard to ensure that we are using our voice and branding to help shape services, promote the awareness of both Doncaster Mind and other mental health services, be the voice of our clients both past, present and future and seek partnership opportunities to build a network within both VCSE and wider partners in Doncaster.

This is an area of work we will be focussing on during the next financial year to ensure that Doncaster Mind is sustainable and able to grow and develop further.

As part of this piece of work, we recognise that Doncaster Mind sits within an Integrated care system with our nearby Local Mind Association colleagues, Sheffield Mind and Rotherham & Barnsley Mind. As part of raising our profile we have spent some time working with each other to improve the lives and services of people across South Yorkshire benefitting from our shared mission and values, collective voice and understanding of the difficulties each of our communities face. Each organisation is dedicated to looking at delivering joint services, sharing resources and knowledge to deliver much needed services across South Yorkshire.

Ukranian English Speaking Club in Mallard room - Nov 2022:



Plans for future periods

Aims and key objectives for future periods

Aims and Objectives for 23/24

- Achieve Mind Quality Management Framework
- Continue to increase Doncaster Mind profile within Doncaster and South Yorkshire
- Ensure that our Equality, Diversity and Inclusion reaches all aspects of our organisation and is fully embedded across our clients, staff, volunteers and trustees.
- Ensure that we have services which target our underrepresented communities

Trustees' Report

Financial review

The income for the year was £531,512 (2022 £362.972) and expenditure was £484,918 (2022:£354,943).

The increase in income was a result of an increase in grant funding, with additional income from new grants and funders of approximately £100,000. Income from fees and supplies also increased by £18,000. Expenditure increased broadly in line with income.

The charity had a surplus of £46,594 (2022 £8,029).

Policy on reserves

At the year end total reserves carried forward were £309,949 made up of £7,600 restricted funds and £302,349 unrestricted funds. (2022: Total funds of £263,355 including £68,595 restricted and £194,760 unrestricted general funds).

Total funds include £4,646 which could only be realised by disposing of fixed assets. The charity's unrestricted free reserves at 31 March 2023 were £297,703 (2022: £193,813).

notice periods or redundancy costs for staff and committed costs for leases.

The charity recognises that it requires a level of reserves sufficient to cover unforeseen day to day operational costs, unforeseen emergencies or unexpected funding requirements, a buffer to allow time to take action if for example a major source of funding is not renewed, and to cover planned commitments such as asset purchases which cannot be met by future income. The charity also needs to manage cash reserves to ensure that it has funds to cover any potential budget deficit or fundraising shortfall, the normal quarterly cashflow differences between income and expenditure,

Doncaster Mind has a Reserves Policy which commits the association to achieving and maintaining general reserves equivalent to three months running costs plus estimated staff notice and redundancy costs and committed lease costs, which at 31 March 2023 equated to approximately £200,000. The unrestricted funds for the year ending 31 March 2023 were £302,349 (2022 - £194,760), which is above the target figure but which would allow for any unforeseeable costs involved in the winding up of the charity, and will be required as the charity increases in size and incurs additional running costs.

This will be reviewed over the course of the next twelve months as part of the organisation's investment strategy.

Principal funding sources

Our Funders & supporters provide funding, contracts, donations, fundraising and bequests. We are eternally grateful for support both financially and otherwise to help us continue to support those who most need it. Our Funders for 2022-23 include: -

Doncaster MBC
NHS Doncaster CCG
Other Mind charities
The Coalfields Regeneration Trust
Many individuals and organisations

Trustees' Report

Structure, governance and management

Nature of governing document

Legal Structure

Doncaster Mind is a company limited by guarantee and was incorporated on 9 November 2010.

Doncaster Mind is governed by a constitution and working rules. It is a local association affiliated to National Mind, and is a registered charity. Trustees are either elected at the Annual general Meeting or co-opted in the course of the year, in accordance with the constitution and working rules.

The constitution and working rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the association.

On payment of an annual levy to National Mind, the charity shall remain affiliated and can participate in the affairs of National Mind to such a degree, and through such representation, as may be determined by the Trustees and in compliance with the membership agreement held with National Mind.

In the event of a winding up of the charity, any surplus funds must be applied to any charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental disorders.

The Trustees have responsibility to ensure that the charity is properly funded by direct grant or other means. The Association is not allowed to be insolvent and is subject to annual examination by independent examiners.

Recruitment and appointment of trustees

In accordance with the charity's constitution new trustees are appointed by the members of the charity.

The trustees and members regularly review the composition of the board and recruit new trustees in the light of skills and experience required and available.

Induction and training of trustees

New trustees undergo an induction to brief them on their obligations under charity law. In addition they are briefed on the work of the organisation, its relationship with National Mind and other Local Mind Associations, and the values and principles which underpin the Mind network. The Trustees are provided with documentation detailing the services provided, staffing structure and relevant policies and procedures.

Trustees are encouraged to take part in other training opportunities provided by Doncaster Mind, National Mind and other organisations as appropriate.

Arrangements for setting key management personnel remuneration

Details of the key management personnel are included in the Reference and Administrative Details section of this report. Remuneration for key manaagement personnel is set by the trustees and is based on the seniority of roles, market rates and individual performance.

Trustees' Report

Organisational structure

The day to day management of the charity is delegated by the trustees to the Chief Executive Officer, and the overall management and governance of the charity is carried out by a committee of Trustees (the Executive Committee) who work closely with the Chief Executive Officer.

As individuals, Trustees are expected to:-

- attend all Executive Committee meetings.
- · be interested in, and committed to, the on-going work and development of Doncaster Mind
- understand and be committed to Doncaster Mind's mission statement and policies including its equal opportunities policy
- participate in events, recruitment and selection panels and the strategic development of Doncaster Mind

As a group the Trustees are responsible for:-

- · employing staff
- · deciding overall policy
- · ensuring the funds are properly accounted for
- · ensuring that, given constraints and available resources, Doncaster Mind is meeting its aims
- providing the strategic direction for Doncaster Mind

Relationships with related parties

Mind

Although a separate charity in it's own right, the charity is affiliated with the national Mind charity and is able to access funding and advice from the national charity.

Major risks and management of those risks

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. The organisation has a risk register which is monitored and updated every quarter.

Trustees' Report

Reference and Administrative Details

Trustees Ms A Symon, Chairperson

Ms R B Roberts, Treasurer

Mr C Clark Ms M B Orlovic Mr P H Jones

Mr U Pednekar (resigned 3 April 2023) Mrs M Banks (appointed 3 April 2023) Mr L Hollando (appointed 3 April 2023) Mr D J Smith (appointed 30 January 2023)

Senior Management Team

Ms L Arthur, CEO

Principal Office

Exchange Buildings Second Floor 35 Market Place Doncaster South Yorkshire

DN1 1NE

The charity is incorporated in England and Wales.

Company Registration Number 07433894

Charity Registration Number

11411416

Bankers

CAF Bank

25 Kings Avenue, Kings Hill

West Mailing Kent

ME19 4JQ

Independent Examiner

Crozier Jones LLP

Chartered Certified Accountants and Registered Auditors

9/13 Thorne Road

Doncaster South Yorkshire

DN1 2HJ

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Doncaster Mind for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- · select suitable accounting policies and apply them consistently;
- · observe the methods and principles in the Charities SORP 2019 (FRS102);
- · make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 18 December 2023 and signed on its_behalf by:

Ms A Symon

Trustee

Independent Examiner's Report to the trustees of Doncaster Mind

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 16 to 34.

Respective responsibilities of trustees and examiner

As the charity's trustees of Doncaster Mind (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Doncaster Mind are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since Doncaster Mind's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of Doncaster Mind as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M S Crozier MA (Cantáb) ACCA ACA ATII Association of Chartered Certified Accountants

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Independent Examiner's Report to the trustees of Doncaster Mind

18 December 2023

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	41,496	-	41,496
Charitable activities	4	137,425	351,844	489,269
Investment income	5	747	-	<u>747</u>
Total income		179,668	351,844	531,512
Expenditure on:				
Charitable activities	6	(187,243)	(296,126)	(483,369)
Other expenditure	7	(1,549)		(1,549)
Total expenditure		(188,792)	(296,126)	(484,918)
Net (expenditure)/income		(9,124)	55,718	46,594
Transfers between funds		116,713	(116,713)	
Net movement in funds		107,589	(60,995)	46,594
Reconciliation of funds				
Total funds brought forward		194,760	68,595	263,355
Total funds carried forward	21	302,349	7,600	309,949
•		Unrestricted funds	Restricted funds	Total 2022
	Note			
	Note	£	£	£
Income and Endowments from:	Note	£	£	£
Income and Endowments from: Donations and legacies				
Income and Endowments from: Donations and legacies Charitable activities	3 4	£ 34,291 9,283	£ 3,000 316,387	£ 37,291 325,670
Donations and legacies	3	34,291	3,000	37,291
Donations and legacies Charitable activities	3 4	34,291 9,283	3,000	37,291 325,670
Donations and legacies Charitable activities Investment income	3 4	34,291 9,283 11	3,000 316,387	37,291 325,670 11
Donations and legacies Charitable activities Investment income Total income	3 4	34,291 9,283 11	3,000 316,387	37,291 325,670 11
Donations and legacies Charitable activities Investment income Total income Expenditure on:	3 4 5	34,291 9,283 11 43,585	3,000 316,387 - 319,387	37,291 325,670 11 362,972
Donations and legacies Charitable activities Investment income Total income Expenditure on: Charitable activities	3 4 5	34,291 9,283 11 43,585 (117,190)	3,000 316,387 - 319,387	37,291 325,670 11 362,972 (354,627)
Donations and legacies Charitable activities Investment income Total income Expenditure on: Charitable activities Other expenditure	3 4 5	34,291 9,283 11 43,585 (117,190) (316)	3,000 316,387 - 319,387 (237,437)	37,291 325,670 11 362,972 (354,627) (316)
Donations and legacies Charitable activities Investment income Total income Expenditure on: Charitable activities Other expenditure Total expenditure	3 4 5	34,291 9,283 11 43,585 (117,190) (316) (117,506)	3,000 316,387 - 319,387 (237,437) - (237,437)	37,291 325,670 11 362,972 (354,627) (316) (354,943)
Donations and legacies Charitable activities Investment income Total income Expenditure on: Charitable activities Other expenditure Total expenditure Net (expenditure)/income	3 4 5	34,291 9,283 11 43,585 (117,190) (316) (117,506) (73,921)	3,000 316,387 - 319,387 (237,437) - (237,437) 81,950	37,291 325,670 11 362,972 (354,627) (316) (354,943)
Donations and legacies Charitable activities Investment income Total income Expenditure on: Charitable activities Other expenditure Total expenditure Net (expenditure)/income Transfers between funds	3 4 5	34,291 9,283 11 43,585 (117,190) (316) (117,506) (73,921) 57,962	3,000 316,387 - 319,387 (237,437) - (237,437) 81,950 (57,962)	37,291 325,670 11 362,972 (354,627) (316) (354,943) 8,029
Donations and legacies Charitable activities Investment income Total income Expenditure on: Charitable activities Other expenditure Total expenditure Net (expenditure)/income Transfers between funds Net movement in funds	3 4 5	34,291 9,283 11 43,585 (117,190) (316) (117,506) (73,921) 57,962	3,000 316,387 - 319,387 (237,437) - (237,437) 81,950 (57,962)	37,291 325,670 11 362,972 (354,627) (316) (354,943) 8,029

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

All of the charity's activities derive from continuing operations during the above two periods.

(Registration number: 07433894) Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets	45	4.040	047
Tangible assets Current assets	15	4,646	947
Debtors	16	84,160	41,032
Cash at bank and in hand	17	594,847	253,128
		679,007	294,160
Creditors: Amounts falling due within one year	18	(373,704)	(31,752)
Net current assets		305,303	262,408
Net assets		309,949	263,355
Funds of the charity:			
Restricted income funds			
Restricted funds	21	7,600	68,595
Unrestricted income funds			
Unrestricted funds		302,349	194,760
Total funds	21	309,949	263,355

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 16 to 34 were approved by the trustees, and authorised for issue on 18 December 2023 and signed on their behalf by:

Ms A Symon Trustee

Ms R B Roberts Trustee

Doncaster Mind

Statement of Cash Flows for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net income		46,594	8,029
Adjustments to cash flows from non-cash items			
Depreciation	7	1,549	316
Investment income	5	(747)	(11)
		47,396	8,334
Working capital adjustments			
Increase in debtors	16	(43,128)	(29,579)
Increase in creditors	18	341,952	22,079
Net cash flows from operating activities		346,220	834
Cash flows from investing activities			
Interest receivable and similar income	5	747	11
Purchase of tangible fixed assets	15	(5,248)	
Net cash flows from investing activities		(4,501)	11
Net increase in cash and cash equivalents		341,719	845
Cash and cash equivalents at 1 April		253,128	252,283
Cash and cash equivalents at 31 March	23	594,847	253,128

All of the cash flows are derived from continuing operations during the above two periods.

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: Exchange Buildings Second Floor 35 Market Place Doncaster South Yorkshire DN1 1NE

These financial statements were authorised for issue by the trustees on 18 December 2023.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Doncaster Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Notes to the Financial Statements for the Year Ended 31 March 2023

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be usd in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on estimated usage.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Notes to the Financial Statements for the Year Ended 31 March 2023

Support costs

Support costs include those functions which assist with the work of the charity but do not directly undertake charitable activities, including admin costs, finance, IT, governance costs and other central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including prepartion of statutory accounts and independent examination.

Government grants

Government grants are recognised based on the performance model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income in the period in which the charity has entitlement to the income and any performance conditions have been met. Grants relating to assets are recognised in full when there is unconditional entitlement to the grant.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within the categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £2,500 or more are initially recorded at cost, and then carried at cost less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class

Fixtures, fittings and equipment

Depreciation method and rate

25% reducing balance basis

Trade debtors

Trade debtors are amounts due from customers or grant funders for services performed in the ordinary course of business.

Trade debtors are recognised at the settlement amount less any provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Notes to the Financial Statements for the Year Ended 31 March 2023

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

The charity currently has no borrowings.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due.

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from donations and legacies

•	Unrestricted funds		
	General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar			
proceeds	10,880	10,880	20,939
Donations from individuals	30,616	30,616	16,352
	41,496	41,496	37,291

In 2022 income from donations included £3,000 of restricted income and £34,291 of unrestricted income.

The charity benefits from the support and work of volunteers for which it is extremely grateful. In accordance with the Charities SORP the economic contribution of general volunteers is not recognised in the accounts.

Notes to the Financial Statements for the Year Ended 31 March 2023

4 Income from charitable activities

	Unrestricted funds			
	General £	Restricted funds	Total 2023 £	Total 2022 £
Fees and supplies	21,311	-	21,311	3,205
Rental income	154	-	154	264
DMBC	-	200,000	200,000	200,000
NHS Doncaster CCG - High				
Intensity User Service	-	122,383	122,383	112,182
Other Mind charities	21,310	-	21,310	5,814
Coalfields Grant	-	23,485	23,485	4,205
Arnold Clarke	1,000	-	1,000	-
Walking Group	865	-	865	-
Organ Barrel Theatre	-	1,058	1,058	-
Winter Fund	4,373	-	4,373	-
DMBC - Mental Health				
Community Connectors	65,009	-	65,009	-
DMBC - Winter Warmth	489	-	489	-
DMBC - Mental Health Service	2,451	-	2,451	-
DMBC - Ukrainian Peer Groups	5,000	-	5,000	-
People Focused Group	15,463	-	15,463	-
Thomas Wall		4,918	4,918	
	137,425	351,844	489,269	325,670

Government grant income includes grant income above from DMBC, and the NHS, and totalled £395,332 (2022: £312,182).

In 2022 £9,283 was attributable to unrestricted funds and £316,387 to restricted funds.

Notes to the Financial Statements for the Year Ended 31 March 2023

5 Investment income

			Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable a Interest receivable			747	747	11
6 Expenditure on	charitable activ	ities			
	Activity undertaken directly £	Grant funding of activity £	Activity support costs	Total 2023 £	Total 2022 £
Activities and					
social events	1,536	-	-	1,536	681
Sessional fees	6,813	-	-	6,813	4,030
Staff training	9,231	-	1,629	10,860	1,465
Wages and					
salaries	206,915	-	51,729	258,644	141,645
Staff NIC	11,563	-	2,891	14,454	8,320
Staff pensions	2,762	-	691	3,453	1,688
Grants payable	-	10,000	-	10,000	-
Client's training					
and expenses	82,232	-	-	82,232	130,600
Volunteer					
expenses	5,610	-	-	5,610	424
Equipment					
Repairs and	4.500		000	4.040	
Renewals	1,530	-	382	1,912	
Office equipment	9,263	-	2,316	11,579	9,420
Telephone and fax	2,020	•	506	2,526	2,156
Gifts and donations	. 024			931	412
Hospitality and	931	-	-	931	412
refreshments	290		_	290	129
Cleaning and	230	_	_	230	125
maintenance			•		
costs	-	-	3,367	3,367	2,266
Property Repairs	_	_	1,021	1,021	-
Travel and			.,	.,	
subsistence	4,435	-	1,109	5,544	2,228
Publicity and	•			·	-
leaflets	1,968	-	-	1,968	1,104

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

	Activity undertaken directly £	Grant funding of activity £	Activity support costs	Total 2023 £	Total 2022 £
Legal and professional fees	-	-	3,411	3,411	589
Bank charges	-	-	129	129	96
Rent and rates Light, heat and	33,142	-	8,285	41,427	32,319
power Printing, postage	8,919	-	2,230	11,149	10,350
and stationery	718		179	897	1,355
	389,878	10,000	79,875	479,753	351,277

Notes to the Financial Statements for the Year Ended 31 March 2023

£183,627 (2022 - £113,840) of the above expenditure was attributable to unrestricted funds and £296,126 (2022 - £237,437) to restricted funds.

In addition to the expenditure analysed above, there are also governance costs of £3,616 (2022 - £3,350) which relate directly to charitable activities. See note 8 for further details.

7 Other expenditure

		Unrestricted funds	Tatal	Total
	Note	General £	Total 2023 £	Total 2022 £
Depreciation, amortisation and other similar costs		1,549	1,549	316
		1,549	1,549	316
8 Analysis of governance costs				
Governance costs				
		Unrestricted funds	Total	Total
		General £	2023 £	2022 £
Independent examiner fees				
Examination of the financial statements		3,616	3,616	3,350
		3,616	3,616	3,350

9 Grant-making

Analysis of grants

	Grants to institutions 2023 £
Analysis	
Doncaster Foodbank	5,000
Citizens Advice Doncaster	5,000
	10,000

The support costs associated with grant-making are £Nil (31 March 2022 - £Nil).

Notes to the Financial Statements for the Year Ended 31 March 2023

Grants payable are in line with the charity's charitable activity of promoting the preservation of mental health and assisting in the relief of those suffering with mental health issues. Both grants paid relate to a joint contract with the two organistaions noted above for which Doncaster Mind is the lead charity and grant recipient.

10 Net incoming/outgoing resources

Net incoming resources for the year include:

	2023	2022	
	£	£	
Operating leases - other assets	25,392	17,430	
Depreciation of fixed assets	1,549	316	

11 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Mr C Clark

£44 (2022: £Nil) of expenses were reimbursed to Mr C Clark during the year.

These related to reimbursed vounteer travel expenses.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

12 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	258,644	141,645
Social security costs	14,454	8,320
Pension costs	3,453	1,688
	276,551	151,653

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023	2022
	No	No
Number of employees	11	7
The number of employees on a headcount basis was 14 (2022: 9)		

Notes to the Financial Statements for the Year Ended 31 March 2023

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £56,527 (2022 - £Nil).

13 Independent examiner's remuneration
--

	2023 £	2022 £
Examination of the financial statements	3,616	3,350

Notes to the Financial Statements for the Year Ended 31 March 2023

14 Taxation

The charity is a registered charity and is therefore exempt from taxation on charitable income or gains applied to charitable purposes.

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2022 Additions	10,822 5,248	10,822 5,248
At 31 March 2023	16,070	16,070
Depreciation At 1 April 2022 Charge for the year	9,875 1,549	9,875 1,549
At 31 March 2023	11,424	11,424
Net book value		
At 31 March 2023	4,646	4,646
At 31 March 2022	947	947
16 Debtors		
	2023 £	2022 £
Trade debtors	79,661	30,933
Prepayments	4,499	10,099
	84,160	41,032
17 Cash and cash equivalents		
	2023 £	2022 £
Cash on hand	300	300
Cash at bank	594,547	252,828
	<u>594,847</u>	253,128

Notes to the Financial Statements for the Year Ended 31 March 2023

18 Creditors: amounts falling due within one year

	2023 £	2022 £
Other creditors	831	-
Accruals and deferred income	372,873	31,752
	373,704	31,752
	2023	2022
	£	£
Deferred income at 1 April 2022	28,403	2,000
Resources deferred in the period	368,177	28,403
Amounts released from previous periods	(28,403)	(2,000)
Deferred income at year end	368,177	28,403

Deferred income relates to income received in advance of unconditional entitlement or time-restricted grants which relate to future accounting periods.

19 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2023 £	2022 £
Land and buildings		
Within one year	15,000	27,000
Between one and five years	<u> </u>	15,000
	15,000	42,000

20 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £3,453 (2022 - £1,688).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

21	F٤	ınd	s

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
General					
Capital Fund	947	-	(1,549)	5,248	4,646
Core	193,813	179,668	(187,243)	111,465	297,703
	194,760	179,668	(188,792)	116,713	302,349
Restricted funds					
Well Being Service	33,988	201,058	(180,186)	(54,860)	-
High Intensity User Service	34,607	122,383	(95,137)	(61,853)	-
Young People		28,403	(20,803)		7,600
Total restricted funds	68,595	351,844	(296,126)	(116,713)	7,600
Total funds	263,355	531,512	(484,918)	-	309,949
	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds	1 April 2021	resources	expended		31 March 2022
Unrestricted funds General	1 April 2021	resources	expended		31 March 2022
	1 April 2021	resources	expended		31 March 2022
General	1 April 2021 £	resources	expended £		31 March 2022 £
General Capital Fund	1 April 2021 £ 1,263	resources £	expended £	£	31 March 2022 £
General Capital Fund	1 April 2021 £ 1,263 209,456	resources £ 43,585	(316) (117,190)	£ 57,962	31 March 2022 £ 947 193,813
General Capital Fund Core	1 April 2021 £ 1,263 209,456	resources £ 43,585	(316) (117,190)	£ 57,962	31 March 2022 £ 947 193,813
General Capital Fund Core Restricted funds	1,263 209,456 210,719	resources £ 43,585	(316) (117,190)	57,962 57,962	31 March 2022 £ 947 193,813
General Capital Fund Core Restricted funds Befriending Well Being Service High Intensity User Service	1,263 209,456 210,719	43,585 43,585 203,000 112,182	(316) (117,190) (117,506) (160,645) (72,587)	57,962 57,962 (11,208)	31 March 2022 £ 947 193,813 194,760
General Capital Fund Core Restricted funds Befriending Well Being Service	1,263 209,456 210,719 11,208 15,633	43,585 43,585 203,000	(316) (117,190) (117,506)	57,962 57,962 (11,208) (24,000)	31 March 2022 £ 947 193,813 194,760
General Capital Fund Core Restricted funds Befriending Well Being Service High Intensity User Service	1,263 209,456 210,719 11,208 15,633	43,585 43,585 203,000 112,182	(316) (117,190) (117,506) (160,645) (72,587)	57,962 57,962 (11,208) (24,000)	31 March 2022 £ 947 193,813 194,760

Notes to the Financial Statements for the Year Ended 31 March 2023

Transfers represent surpluses on contract funding transferred to unrestricted funding at the end of the year when outputs have been met.

22 Analysis of net assets between funds

•	Unrestricted funds		
	General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	4,646	-	4,646
Current assets	597,512	81,495	679,007
Current liabilities	(299,809)	(73,895)	(373,704)
Total net assets	302,349	7,600	309,949
	Unrestricted funds		
	General £	Restricted funds	Total funds at 31 March 2022 £
Tangible fixed assets	947	-	947
Current assets	197,163	96,997	294,160
Current liabilities	(3,350)	(28,402)	(31,752)
Total net assets	194,760	68,595	263,355
23 Analysis of net funds			
	At 1 April 2022 £	Cash flows £	At 31 March 2023 £
Cash at bank and in hand	253,128	341,719	594,847
Net balance	253,128	341,719	594,847
	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash at bank and in hand	252,283	845	253,128

24 Related party transactions

Net debt

There were no related party transactions in the year.

252,283

845

253,128