



Companies House

**AR01** (ef)

**Annual Return**



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**X3ZL564R**

*Company Name:* **GOOD WHOLESOME FOOD LTD**

*Company Number:* **07433617**

*Date of this return:* **09/11/2014**

*SIC codes:* **56103**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **5 PARK AVENUE  
BARFORD  
NORWICH  
ENGLAND  
NR9 4BA**

**Officers of the company**

## *Company Director* 1

Type: **Person**  
Full forename(s): **MR CHARLIE**

Surname: **CONNELLY**

Former names:

*Service Address recorded as Company's registered office*

Country/State Usually Resident: **ENGLAND**

Date of Birth: **10/09/1978** Nationality: **BRITISH**

Occupation: **COMPANY DIRECTOR**

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## *Company Director* 2

Type: **Person**  
Full forename(s): **MR LUCAS JOHN**

Surname: **COSSEY**

Former names:

*Service Address recorded as Company's registered office*

Country/State Usually Resident: **ENGLAND**

Date of Birth: **25/02/1979** Nationality: **BRITISH**

Occupation: **GOOD WHOLESOME FOOD**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORD</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>1</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

ONE SHARE EQUALS ONE VOTE, EACH HAVING RIGHTS TO DIVIDENDS. SO LONG AS THERE ARE NO RIGHTS ATTACHED TO SHARES ON WINDING-UP ETC OR REDEMPTION RIGHTS.

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>1</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 09/11/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 100 ORD shares held as at the date of this return  
*Name:* LUCAS JOHN COSSEY

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.