Registered number: 7430659

# STERLING MBC LTD ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2016

C.S. Watson & Co

Suite OWS Central House High Street Ongar CM5 9AA

## Sterling MBC Ltd Company No. 7430659 Abbreviated Balance Sheet 30 November 2016

		2016		2015	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	2	-	3,829	-	7,471
			3,829		7,471
CURRENT ASSETS					·
Debtors		19,947		39,327	
Cash at bank and in hand			-	586	
		19,947		39,913	
Creditors: Amounts Falling Due Within One Year		(48,359)	-	(63,399)	
NET CURRENT ASSETS (LIABILITIES)			(28,412)		(23,486)
TOTAL ASSETS LESS CURRENT LIABILITIES			(24,583)		(16,015)
NET ASSETS			(24,583)		(16,015)
CAPITAL AND RESERVES		•		•	
Called up share capital	3		2		2
Profit and Loss Account			(24,585)		(16,017)
SHAREHOLDERS' FUNDS			(24,583)		(16,015)

### Sterling MBC Ltd Company No. 7430659

### Abbreviated Balance Sheet (continued) 30 November 2016

For the year ending 30 November 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

#### **Director's responsibilities**

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2015).

On behalf of the board		
Mrs Deborah Firman		

15/08/2017

## Sterling MBC Ltd Notes to the Abbreviated Accounts For The Year Ended 30 November 2016

#### 1. Accounting Policies

#### 1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

#### 1.2. Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

#### 1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery 25

#### 2. Tangible Assets

				Total
Cost				£
As at 1 December 2015				26,600
Disposals				(18,123)
As at 30 November 2016				8,477
Depreciation				
As at 1 December 2015				19,129
Provided during the period				1,276
Disposals				(15,757)
As at 30 November 2016				4,648
Net Book Value				
As at 30 November 2016				3,829
As at 1 December 2015				7,471
3. Share Capital				
	Value	Number	2016	2015
Allotted, called up and fully paid	£		£	£
Ordinary shares	1.000	2	2	2

#### 4. Transactions With and Loans to Directors

## Sterling MBC Ltd Notes to the Abbreviated Accounts (continued) For The Year Ended 30 November 2016

Dividends paid to directors

### 5. Ultimate Controlling Party

The company's ultimate controlling party is Mrs D Firman by virtue of his ownership of 100% of the issued share capital in the company.

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