

AVOCADO NUTRITION LTD

**Company Registration Number:
07423393 (England and Wales)**

Unaudited abridged accounts for the year ended 31 October 2018

Period of accounts

Start date: 01 November 2017

End date: 31 October 2018

AVOCADO NUTRITION LTD

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AVOCADO NUTRITION LTD

Company Information

for the Period Ended 31 October 2018

Director:	Miss Anna King
Registered office:	83 Askew Crescent London W12 9DW
Company Registration Number:	07423393 (England and Wales)

AVOCADO NUTRITION LTD

Directors' Report Period Ended 31 October 2018

The directors present their report with the financial statements of the company for the period ended 31 October 2018

Principal Activities

The company's principle activity during the period was to provide nutritional consultation.

Directors

The directors shown below have held office during the whole of the period from 01 November 2017 to 31 October 2018
Miss Anna King

This report was approved by the board of directors on 28 July 2019

And Signed On Behalf Of The Board By:

Name: Miss Anna King

Status: Director

AVOCADO NUTRITION LTD

Profit and Loss Account

for the Period Ended 31 October 2018

	<i>Notes</i>	<i>2018</i> <i>£</i>	<i>2017</i> <i>£</i>
Gross Profit or (Loss)		14,516	13,856
Administrative Expenses		(374)	(488)
Operating Profit or (Loss)		14,142	13,368
Profit or (Loss) Before Tax		14,142	13,368
Tax on Profit		(2,686)	(2,674)
Profit or (Loss) for Period		11,456	10,694

The notes form part of these financial statements

AVOCADO NUTRITION LTD

Balance sheet

As at 31 October 2018

	<i>Notes</i>	<i>2018</i> <i>£</i>	<i>2017</i> <i>£</i>
Fixed assets			
Total fixed assets:		-	-
Current assets			
Cash at bank and in hand:		151	13,368
Total current assets:		151	13,368
Net current assets (liabilities):		151	13,368
Total assets less current liabilities:		151	13,368
Total net assets (liabilities):		151	13,368

The notes form part of these financial statements

AVOCADO NUTRITION LTD

Balance sheet continued

As at 31 October 2018

	<i>Notes</i>	<i>2018</i> £	<i>2017</i> £
Capital and reserves			
Called up share capital:		1	1
Profit and loss account:		150	13,367
Shareholders funds:		<u>151</u>	<u>13,368</u>

For the year ending 31 October 2018 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with Section 444(2A).

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 28 July 2019

And Signed On Behalf Of The Board By:

Name: Miss Anna King

Status: Director

The notes form part of these financial statements

AVOCADO NUTRITION LTD

Notes to the Financial Statements

for the Period Ended 31 October 2018

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.