

**ZEST4LIFE TRAINING LIMITED**  
**ANNUAL REPORT AND UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2018**

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**ZEST4LIFE TRAINING LIMITED**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 31 MARCH 2018**

	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Fixed assets	6,445	-
Current assets	89,632	60,920
Creditors: amounts falling due within one year	(39,002)	(10,076)
<b>Net current assets</b>	<b>50,630</b>	<b>50,844</b>
<b>Total assets less current liabilities</b>	<b>57,075</b>	<b>50,844</b>
Accruals and deferred income	(11,904)	(13,459)
<b>Net assets</b>	<b>45,171</b>	<b>37,385</b>
<b>Capital and reserves</b>	<b>45,171</b>	<b>37,385</b>

**NOTES TO THE ACCOUNTS**

**1 Directors' advances, credit and guarantees**

Two directors were loaned £276 interest free. This was repaid after the year end.

**2 Average number of employees**

During the year the average number of employees was 4 (2017: 4).

For the year ending 31 March 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 19 December 2018

W Nagle  
Director

Company Registration No. 07384065

