REGISTERED COMPANY NUMBER: 07377831 (England and Wales)
REGISTERED CHARITY NUMBER: 1141744

## **Fishing For Forces**

## Trustees' Report and

Unaudited Financial Statements for the Year Ended 30 September 2020

Haggards Crowther Professional Services LLP
Chartered Accountants
2nd Floor, Heathmans House
19 Heathmans Road
London
SW6 4TJ

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Trustees' Report for the Year Ended 30 September 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **ACHIEVEMENT AND PERFORMANCE**

Another modest but successful year with numerous requests for fishing coming in. We seem to have the correct formula and the simplicity has worked well over the past ten years and the agenda does not require change just minor tailoring at each event. Despite even more cuts in the Armed Forces we have again managed to hold 17 events with between 15 and 20 guests at each during 19/20 before the Pandemic struck in 2020. Events as ever are mainly organised by FFF (Fishing For Forces) with the assistance of angling clubs and syndicates nationwide taking wounded, serving and veteran servicemen and women to the waterside.

The events usually start with a light breakfast followed by H&S talk then a casting instruction demonstration then we begin fishing. Lunch is also provided by FFF along with mementoes such as T shirts and baseball caps for the guests with two engraved glass tankards for the winners of the heaviest fish and heaviest bag at the weigh in. The mementoes and tankards are all provided by FFF.

Our non-angler to angler conversion rate is still climbing and can be tracked as the agreement we have with the supplier 'Glasgow Angling'. They supply a complete FFF fishing kit (both coarse and fly) to serious enquirers for £125.00 (RRP £250.00) and this arrangement has been renewed again in 2020. We are privileged this year to have been involved in the formation of the Koshi Fly Fishing Club formed by ardent angling personnel from the Queens Own Ghurkha Logistic Regiment at Aldershot .

The Charity has raised over £250,000 since it was established in 2010 with several pledges to be fulfilled although funding and sponsorship from external grant-making bodies is proving harder as more charities and good causes appear annually but our next target remains £250,000 to ensure FFF is stable nationwide for the foreseeable future.

#### **FINANCIAL REVIEW**

The charity made a surplus of £126,355 (2019: deficit £11,502) in the year which is all unrestricted in its use.

#### **FUTURE PLANS**

Following the success of our first "Fishing School" at Tedworth House Personnel Recovery Centre, using the same template we will continue until all the Ten PRC units have fishing schools. The constant changes within HMAF and the MOD make it a slow and sometimes extremely arduous task but progress is being made and 2020/21 should see more PRC's on board.

Guests from HMAF are tutored in all the disciplines of Angling which has been recently accepted by the medical profession as one of the most therapeutic hobbies aiding recovery from all wounds both physical and mentally. A quote from an eminent physician that "a day by the waterside fishing in many cases is proving better than a week's medication". That says it all in my opinion and it has proven to be a great stress buster for those from the front line whilst on rest and recuperation, allowing recovering servicemen and women to be independent and confident enough to go fishing on their own, or with a mentor if support is required.

As per last year our fundraising programme is progressing but we require serious investment if we are to reach our target of Ten "Fishing School". With several invitations to give talks and organise fishing events and mentors throughout the UK, this will require extensive travelling and overnight stay's ensuring we keep FFF in the public eye.

## Trustees' Report for the Year Ended 30 September 2020

### STRUCTURE, GOVERNANCE AND MANAGEMENT

Fishing For Forces was incorporated as company limited by guarantee on the 16 September 2010.

The companies articles state that there shall be no fewer than three trustees at any one point. Trustees are elected at general meetings and they are selected by considering the contribution they can make and the benefits they can bring to the foundation. All directors of the company must be trustees.

Appropriate procedures are in place to maintain the high quality of trustees and to ensure that they undergo such training as is necessary.

The charity is administered by its board of directors which meets regularly.

The trustees have assessed the major risks to which the charity is exposed to and are satisfied that systems are in place to mitigate exposure to those risks.

#### REFERENCE AND ADMINISTRATIVE DETAILS

**Registered Company number** 

07377831 (England and Wales)

#### Registered Charity number

1141744

#### Registered office

2nd Floor Heathmans House 19 Heathmans Road London SW6 4TJ

#### **Trustees**

Mr W G Howell Director
Mr N C Mundy Director
Mr J M Neville Director
Mr C E Robinson Director (deceased 12.3.21)

#### **Independent Examiner**

Andrew Haggard FCA
Haggards Crowther Professional Services LLP
Chartered Accountants
2nd Floor, Heathmans House
19 Heathmans Road
London
SW6 4TJ

Approved by order of the board of trustees on 11 May 2021 and signed on its behalf by:

Mr W G Howell - Trustee

## Independent Examiner's Report to the Trustees of Fishing For Forces

#### Independent examiner's report to the trustees of Fishing For Forces ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2020.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Haggard FCA
Haggards Crowther Professional Services LLP
Chartered Accountants
2nd Floor, Heathmans House
19 Heathmans Road
London
SW6 4TJ

11 May 2021

# Statement of Financial Activities for the Year Ended 30 September 2020

			).20 tricted nd	30.9.19 Total funds
INCOME AND ENDOWNENTS EDOM	Notes		£	£
INCOME AND ENDOWMENTS FROM Donations and legacies	2	152	,603	18,946
Charitable activities Charitable activities	3	15	,790	12,570
Total		168	,393	31,516
EVENDITUES ON				
EXPENDITURE ON Raising funds	4	1	,404	1,532
Charitable activities	5			
Charitable activities Fishing days			,418 ,187	26,172 15,314
Total		35	,009	43,018
NET INCOME/(EXPENDITURE)		133	,384	(11,502)
RECONCILIATION OF FUNDS				
Total funds brought forward		9	, <b>32</b> 3	20,825
TOTAL FUNDS CARRIED FORWARD		142	<u>,707</u>	9,323

## Balance Sheet 30 September 2020

	Notes	30.9.20 Unrestricted fund	30.9.19 Total funds
CURRENT ASSETS	Notes	£	£
Stocks	9	200	200
Debtors	9 10	600	600
	10		
Cash at bank		147,348	17,836
		148,148	18,636
CREDITORS			
Amounts falling due within one year	11	(5,441)	(9,313)
,			
NET CURRENT ASSETS		142,707	9,323
TOTAL ASSETS LESS CURRENT			
LIABILITIES		142,707	9,323
NET ASSETS		142,707	9,323
	40		3,323
FUNDS	12	4.40.707	0.000
Unrestricted funds		142,707	9,323
TOTAL FUNDS		<u> 142,707</u>	9,323

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

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## Balance Sheet - continued 30 September 2020

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 May 2021 and were signed on its behalf by:

Mr W G Howell - Trustee

## Notes to the Financial Statements for the Year Ended 30 September 2020

#### 1. ACCOUNTING POLICIES

#### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

#### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

## **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. DONATIONS AND LEGACIES

	30.9.20	30.9.19
	£	£
Donations	152,603	18,946

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## Notes to the Financial Statements - continued for the Year Ended 30 September 2020

## 3. INCOME FROM CHARITABLE ACTIVITIES

U.	THOUSE TROM ONARTABLE AOTIVINES		30.9.20 Charitable activities £	30.9.19 Total activities £
	Income from charitable activities		<u>15,790</u>	12,570
4.	RAISING FUNDS			
	Raising donations and legacies		30.9.20 ₤	30.9.19
	Costs of generating income		1,404	1,032
5.	CHARITABLE ACTIVITIES COSTS	Direct Costs	Support costs	Totals
	Charitable activities Fishing days	\$. 3,408 9,187 12,595	21,010 - 21,010	24,418 9,187 33,605

#### 6. TRUSTEES' REMUNERATION AND BENEFITS

The Trustee Mr W G Howell received £15,000 (2019: £15,000) in salary for the year.

## Trustees' expenses

The Trustee Mr W G Howell was reimbursed for expenses totalling £3,981 (2019: £5,008) for the year including £1,033 (2019: £3,934) in mileage allowance.

### 7. STAFF COSTS

Wages and salaries	30.9.20 £ 	30.9.19 £ 
The average monthly number of employees during the year was as follows:		
Number of administrative staff	30.9.20 1	30.9.19 1

No employees received emoluments in excess of £60,000.

# Notes to the Financial Statements - continued for the Year Ended 30 September 2020

## 8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

0.	COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES		Unrestricted fund £
	INCOME AND ENDOWMENTS FROM Donations and legacies		18,946
	Charitable activities Charitable activities		12,570
	Total		31,516
	EXPENDITURE ON Raising funds		1,532
	Charitable activities Charitable activities Fishing days		26,172 15,314
	Total		43,018
	NET INCOME/(EXPENDITURE)		(11,502)
	RECONCILIATION OF FUNDS		
	Total funds brought forward		20,825
	TOTAL FUNDS CARRIED FORWARD		9,323
9.	STOCKS	30.9.20	30.9.19
	Stocks	£ 200	£ 200
10.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	30.9.20	30.9.19
	Prepayments and accrued income	£ 600	<u>£</u> 600

# Notes to the Financial Statements - continued for the Year Ended 30 September 2020

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## Notes to the Financial Statements - continued for the Year Ended 30 September 2020

### 12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund	31,516	(43,018)	(11,502)
TOTAL FUNDS	31,516	(43,018)	(11,502)

A current year 12 months and prior year 12 months combined position is as follows:

		Net		
	At 1.10.18 £	movement in funds £	At 30.9.20 £	
Unrestricted funds General fund	20,825	121,882	142,707	
TOTAL FUNDS	20,825	121,882	142,707	

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund	199,909	(78,027)	121,882
TOTAL FUNDS	199,909	(78,027)	121,882

### 13. RELATED PARTY DISCLOSURES

At balance sheet date the company owed Mr W G Howell £3,981 (2019: £5,008). The outstanding balance is not subject to interest and is repayable on demand.

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# Notes to the Financial Statements - continued for the Year Ended 30 September 2020

### 14. COMPANY LIMITED BY GUARANTEE

Fishing For Forces is a company limited by guarantee of the members and has no share capital. The members liability on the winding up of the company is limited to £10 each. The company has three members.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.