

SPORT AND HEALTH UNITE LTD

The company is Limited by guarantee and consequently does not have share capital

**Company Registration Number:
07376618 (England and Wales)**

**Unaudited abridged accounts for the year ended 31 March 2021
(Dormant)**

Period of accounts

Start date: 01 April 2020

End date: 31 March 2021

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Company Information

for the Period Ended 31 March 2021

Registered office:

Woodnook
72 School Road
Copford
Colchester
Essex
England
CO6 1BU

Company Registration Number:

07376618 (England and Wales)

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Balance sheet

As at 31 March 2021

	<i>Notes</i>	<i>2021</i> £	<i>2020</i> £
Fixed assets			
Tangible assets:	4	315	315
Total fixed assets:		<u>315</u>	<u>315</u>
Current assets			
Cash at bank and in hand:		725	725
Total current assets:		<u>725</u>	<u>725</u>
Net current assets (liabilities):		<u>725</u>	<u>725</u>
Total assets less current liabilities:		1,040	1,040
Creditors: amounts falling due after more than one year:		(10,000)	(10,000)
Total net assets (liabilities):		<u>(8,960)</u>	<u>(8,960)</u>

The notes form part of these financial statements

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Balance sheet continued

As at 31 March 2021

	<i>Notes</i>	<i>2021</i> £	<i>2020</i> £
Reserves			
Income and expenditure account		(8,960)	(8,960)
Members funds		<u>(8,960)</u>	<u>(8,960)</u>

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with Section 444(2A).

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the year ending 31 March 2021 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.

This report was approved by the board of directors on 4 May 2021

And Signed On Behalf Of The Board By:

Name: Mrs Melissa Williamson

Status: Director

Name: Dr Andrew Williamson

Status: Director

The notes form part of these financial statements

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Notes to the Financial Statements

for the Period Ended 31 March 2021

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

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Notes to the Financial Statements

for the Period Ended 31 March 2021

2. Employees

	<i>2021</i>	<i>2020</i>
Average number of employees during the period	0	0

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Notes to the Financial Statements

for the Period Ended 31 March 2021

3. Off balance sheet disclosure

No

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Notes to the Financial Statements

for the Period Ended 31 March 2021

4. Tangible Assets

	Total
Cost	£
At 01 April 2020	315
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2021	<u>315</u>
Depreciation	
At 01 April 2020	-
Charge for year	-
On disposals	-
Other adjustments	-
At 31 March 2021	<u>-</u>
Net book value	
At 31 March 2021	<u>315</u>
At 31 March 2020	<u>315</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.