

SPORT AND HEALTH UNITE LTD

**Company Registration Number:
07376618 (England and Wales)**

**Unaudited micro entity accounts for the year ended 31 March 2019
(Dormant)**

Period of accounts

Start date: 01 April 2018

End date: 31 March 2019

SPORT AND HEALTH UNITE LTD

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SPORT AND HEALTH UNITE LTD

Company Information

for the Period Ended 31 March 2019

Registered office:

Woodnook
72 School Road
Copford
Colchester
Essex
England
CO6 1BU

Company Registration Number:

07376618 (England and Wales)

SPORT AND HEALTH UNITE LTD

Profit and Loss Account

for the Period Ended 31 March 2019

The company was dormant and did not trade in the period. The company received no income and incurred no expenditure in the period and therefore did not make either a profit or loss.

SPORT AND HEALTH UNITE LTD

Balance sheet

As at 31 March 2019

	2019 £	2018 £
Called up share capital not paid:	0	0
FixedAssets:	315	315
Current assets:	725	725
Prepayments and accrued income:	0	0
Creditors: amounts falling due within one year:	(0)	(0)
Net current assets (liabilities):	<u>725</u>	<u>725</u>
Total assets less current liabilities:	1,040	1,040
Creditors: amounts falling due after more than one year:	(10,000)	(10,000)
Provision for liabilities:	(0)	(0)
Accruals and deferred income:	(0)	(0)
Total net assets (liabilities):	<u>(8,960)</u>	<u>(8,960)</u>
Capital and reserves:	<u>(8,960)</u>	<u>(8,960)</u>

SPORT AND HEALTH UNITE LTD

Balance sheet continued

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

For the year ending 31 March 2019 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.

This report was approved by the board of directors on 30 December 2019

And Signed On Behalf Of The Board By:

Name: melissa williamson

Status: Director

Name: andrew williamson

Status: Director

The notes form part of these financial statements

SPORT AND HEALTH UNITE LTD

Footnotes to the Financial Statements

for the Period Ended 31 March 2019

1. Employee Information

Average number of employees: 0

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.