

Financial Statements for the Year Ended 31 December 2021

for

Heartmath Ltd

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Balance Sheet

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Balance Sheet
31 December 2021

	2021		2020	
	£	£	£	£
FIXED ASSETS		7,180		5,232
CURRENT ASSETS	177,407		160,127	
CREDITORS				
Amounts falling due within one year	<u>(84,122)</u>		<u>(102,307)</u>	
NET CURRENT ASSETS		<u>93,285</u>		<u>57,820</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		100,465		63,052
CREDITORS				
Amounts falling due after more than one year		<u>34,167</u>		<u>43,333</u>
NET ASSETS		<u>66,298</u>		<u>19,719</u>
CAPITAL AND RESERVES		<u>66,298</u>		<u>19,719</u>

NOTES TO THE FINANCIAL STATEMENTS**1. STATUTORY INFORMATION**

Heartmath Ltd is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 07372918

Registered office: Archway House
81-82 Portsmouth Road
Surbiton
Surrey
KT6 5PT

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was 1 (2020 - 1) .

Balance Sheet - continued
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The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 8 July 2022 and were signed on its behalf by:

G J Andrews - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.