



Companies House
— for the record —

AR01 (ef)

Annual Return



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XJOTJZU9

Company Name: **NEW ERA HEALTH AND FITNESS LIMITED**

Company Number: **07338833**

Date of this return: **06/08/2011**

SIC codes: **7487**

Company Type: **Private company limited by shares**

Situation of Registered Office: **CUMBERLAND HOUSE 9
AMERSTON CLOSE WYNARD
BILLINGHAM
DURHAM
TS22 5QX**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MR PAUL**

Surname: **CONSTANTINE**

Former names:

Service Address: **9 AMERSTON CLOSE
WYNYARD
BILLINGHAM
CLEVELAND
UNITED KINGDOM
TS22 5QX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **29/04/1980**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **MISS SONIA**

Surname: **CONSTANTINE**

Former names:

Service Address: **9 AMERSTON CLOSE
WYNYARD
BILLINGHAM
CLEVELAND
UNITED KINGDOM
TS22 5QX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **27/03/1974** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	1
<i>Prescribed particulars</i>			
FULL RIGHTS WITH REGARDS TO VOTING, PARTICIPATION AND DIVIDENDS			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 06/08/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 1 ORDINARY shares held as at the date of this return
Name: SONIA CONSTANTINE

Shareholding 2 : 1 ORDINARY shares held as at the date of this return
Name: PAUL CONSTANTINE

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.