In accordance with Section 854 of the Companies Act 2006



	A fee is payable with this form Please see 'How to pay' on the last page  You can use the WebFiling service to fi Please go to www companieshouse gov in		
<b>√</b>	What this form is for You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year.  What this form is N You cannot use this form is N You cannot use this form of the companies of	*A1DAIL9L* 16/07/2012 #94 MPANIES HOUSE	
Part 1			
	The section must be completed by all companies.	→ Filling in this form Please complete in typescript or in bold black capitals.	
		All fields are mandatory unless specified or indicated by *	
A1	Company details		
Company number	0 7 3 3 3 9 1	O Company name change If your company has recently	
Company name in full	ADAMS EXPRESS LIMITED	changed its name, please provide the company name as at the date of this return	
A2	<del>~</del>		
Date of this return @	Please give the annual return made up date The return date must not be a future date. The annual return must be delivered within 28 days of the date given below.    3   6   8   2   6   4   4   4	O Date of this return Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date	
A3	Principal business activity		
	activity or activities •	Principal business activity You must provide a trade classification code (SIC code) or a	
Classification code 1	4 7 2 9 0 V 5227	description of your company's main business in this section	
Classification code 2		A full list of the trade classification	
Classification code 3		codes are available on our website www.companieshouse.gov.uk	
Classification code 4			
	If you cannot determine a code, please give a brief description of your business activity below		
Principal activity description			

	Annual Return	
A4	Company type®	
	Please confirm your company type by ticking the appropriate box below (only one box must be ticked).  Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital	O Company type  If you are unsure of your company type, please check your latest certificate of incorporation or our website www.companieshouse.gov.uk
A5	Registered office address ®	
Building name/number Street	LOWEDGES ROAD	OChange of registered office This must agree with the address that is held on the Companies House record at the date of this return
Post town	SHEFFIELD SOUTH YORKSHIRE	If the registered office address has changed, you should complete form ADO1 and submit it together with this annual return
Postcode	S B 7 L B	
A6	Single alternative inspection location (SAIL) of the company records (if applicable) •	
Building name/number itreet Post town		SAIL address This must agree with the address that is held on the Companies House record at the date of this return  If the address has changed, you should complete form ADO2 and
County/Region		submit it together with this annual return
Postcode		
<b>47</b>	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6  Register of members Register of directors Directors' service contracts. Directors' indemnities Register of secretaries. Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of capital by private company. Register of debenture holders Report to members of outcome of investigation by public company into interests in its shares Register of interests in shares disclosed to public company Instruments creating charges and register of charges: England and Wales or Northern Ireland Instruments creating charges and register of charges Scotland.	● Location of company records  If the company records are held at the registered office address, do not tick any of the boxes in this section  Certain records must be kept by every company while other records are only kept by certain company types where appropriate  If the records are not kept at the SAIL address, they must be available at the registered office.  If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it together with this annual return

AR01

Part 2	Officers of the company				
	This section should include details of the company at the date to which this annual return is made up	Continuation pages Please use a continuation page if you need to enter more officer			
	<ul> <li>→ For a secretary who is an individual, go to Section B1</li> <li>→ For a corporate secretary, go to Section C1</li> <li>→ For a director who is an individual, go to Section D1</li> <li>→ For a corporate director, go to Section E1</li> </ul>	details			
Secretary					
B1	Secretary's details •				
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4.	Secretary appointments     You may not use this form to     appoint a secretary To do this,			
Title*		please complete form APO3 and submit it together with this annual			
Full forename(s)		return			
Surname		Corporate details Please use Section C1-C4 to enter			
Former name(s) •		corporate secretary details.  Secretary details			
		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03			
		Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.			
B2	Secretary's service address <sup>®</sup>				
Building name/number		Service address  If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The			
Post town		Company's Registered Office' in the address.			
County/Region		This information will appear on the public record			
Postcode		μαρικ τετοια			
		-			

## **Corporate secretary**

C1	Corporate secretary's details •	······································
	Please use this section to list all the corporate secretaries of the company.	OCorporate secretary appointments You cannot use this form to appoint
Corporate body/firm name		a corporate secretary To do this, please complete form AP04 and submit it together with this annual return
Building name/number		Corporate secretary details
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the public record
Postcode		
Country		
C2	Location of the registry of the corporate body or firm	
	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only	
C3	EEA companies ®	
Mhora the company	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered ●		This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)
Registration number		<u> </u>
C4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA     Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register.
Governing law		
f applicable, where the company/firm is registered •		
f applicable, the		



## Director

D1	Director's details <sup>©</sup>	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	O Director appointments  You cannot use this form to appoint a director To do this, please
Title*	MS	complete form AP01 and submit it together with this annual return
Full forename(s)	LUCIA	Corporate details
Surname	HORVATHOVA	Please use Section E1-E4 to enter corporate director details
Former name(s) •		Director details All details must agree with those previously notified to Companies
Country/State of residence	ENGLAND	House If you have made changes since the last annual return and have not notified us, please
Nationality	BRITISH	complete form CH01
Date of birth	2 1 0 3 1 9 2	Please provide any previous names
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address®	
Building name/number	32	Service address If you have previously notified
Street	LOWEDGES ROAD	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town	SHEFFIELD	Company's Registered Office' in the address
County/Region	SOUTH YORKSHIRE	This information will appear on the public record
Postcode	S 8 7 L B	popular (Casa) G
Country	ENGLAND	-

### Director

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	ODirector appointments  You cannot use this form to appoint a director To do this, please			
Title*		complete form APO1 and submit it together with this annual return			
Full forename(s)		Corporate details			
Surname		Please use Section E1-E4 to enter corporate director details.			
Former name(s)		Director details  All details must agree with those previously notified to Companies			
Country/State of residence		House If you have made changes since the last annual return and have not notified us, please			
Nationality		complete form CH01			
Date of birth	d d m m y y y	Please provide any previous names			
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.			
D2	Director's service address®				
Building name/numbe	or Control of the Con	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the			
Post town		address.			
County/Region		This information will appear on the public record			
Postcode		F			
Country					

## Corporate director

E1	Corporate director's details •	
	Please use this section to list all the corporate director's of the company.	Ocorporate director appointments You cannot use this form to appoint a corporate director To do this,
Corporate body/firm name		please complete form AP02 and submit it together with this annual return
Building name/number		Corporate director details All details must agree with those
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete
Post town		form CH02  This information will appear on the
County/Region		public record
Postcode		
Country		
E2	Location of the registry of the corporate body or firm	
	Is the corporate director registered within the European Economic Area (EEA)?  → Yes Complete Section E3 only  → No Complete Section E4 only	
E3	EEA companies ®	
MATh are the garage and	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered €		This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
E4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
if applicable, where the company/firm is registered ©		
if applicable, the registration number		

Part 3 Statement of capital <sup>o</sup>						
	Does your company have share capital?  → Yes Complete the sections below and the following Part 4.  → No Go to Part 5 (Signature).  On This should reflect the company's capital status at the made up date of this annual return.					tatus at the made up date of
F1	Share capital in	pound sterling (£)	<u> </u>			<del></del>
		ach class of shares held in complete Section F1 and	in pound sterling d then go to Section F4		<del></del>	
Class of shares (E.g. Ordinary/Preference etc	:)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of share	es Ø	Aggregate nominal value
ORDINARY		1	О	100		£ 100
						£
						£
						£
			Totals	100		£ 100
F2	Share capital in	other currencies				
	able below to show ar parate table for each c	ny class of shares held in currency	other currencies			
Currency						
Class of shares (E.g. Ordinary/Preference etc	<u>.)</u>	Amount paid up on each share ②	Amount (if any) unpaid on each share	Number of share	es Ø	Aggregate nominal value 9
		<u> </u>				
	<del></del>					
			Totals	<u> </u>		
	·					
Currency		- <del> </del>			<del></del> -	·
Class of shares (E.g. Ordinary/Preference etc	:)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of share	es <b>8</b>	Aggregate nominal value 4
			<u> </u>			
			Totals			
F3	Totals				<del>,</del>	
	Please give the total issued share capital		total aggregate nominal v	<i>r</i> alue of	Please lis	gregate nominal value it total aggregate values in currencies separately For
Total number of shares						£100 + €100 + \$10 etc
Total aggregate nominal value 🛭						
Including both the noming share premium     Total number of issued significant.	•	Number of shares issued in nominal value of each sha	are Plea	itinuation Page ise use a Statemi e if necessary		ni continuation

F4	Statement of capital (Voting rights)			
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2.			
Class of share	ORDINARY			
Voting rights	Subject to any rights or restrictions attached to any shares, on a show of hands, every shareholder who (being an individual) is present in person or (being a corporation) is present by a duly authorised representative (unless the representative is himself a shareholder, in which case he shall have more than one vote) shall have one vote. A proxy shall not be entitled to vote on a show of hands			
Class of share				
Voting rights				
Class of share				
Voting rights				
Class of share				
Voting rights				

→ No Go to Part 5 (Signature)  Traded public companies   Please tick the box if your company was a traded public company at any time during the period of this return.  annual return  annual return  annual return  annual return	Part 4	Shareholders				
Please tick the box if your company was a traded public company at any time during the period of this return.    Private and present shareholders   Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns   Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns   Please tick the appropriate box below   A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or   A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4   A list of shareholder changes is enclosed.   For private or non-traded public companies, please complete Section G3.   For traded public companies, please complete Section G4   There were no shareholder changes in this period   Go to Part 5 (Signature)   Please tick the appropriate box below to indicate the format of your shareholder details   Please tick the appropriate box below to indicate the format of your shareholder details   The list of shareholders is enclosed on paper		→ Yes Complete the sections below	details at the made up date of this			
A traded company means a company of whose shares are admitted trading on a regulated market  List of past and present shareholders  Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns  Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns  Please tick the appropriate box below  A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or  A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4  A list of shareholder changes is enclosed.  For private or non-traded public companies, please complete Section G3.  For traded public companies, please complete Section G4  There were no shareholder changes in this period  Go to Part 5 (Signature)  Please tick the appropriate box below to indicate the format of your shareholder details  The list of shareholders is enclosed on paper	G1	Traded public companies ®				
Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns  Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns  Please tick the appropriate box below  A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or  A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4  A list of shareholder changes is enclosed.  For private or non-traded public companies, please complete Section G3.  For traded public companies, please complete Section G4  There were no shareholder changes in this period  Go to Part 5 (Signature)  Please tick the appropriate box below to indicate the format of your shareholder details  The list of shareholders is enclosed on paper			A traded company means a company any of whose shares are admitted to			
one was not included with either of the last two returns  Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns  Please tick the appropriate box below  ✓ A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or  ☐ A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4  ☐ A list of shareholder changes is enclosed.  → For private or non-traded public companies, please complete Section G3.  → For traded public companies, please complete Section G4  ☐ There were no shareholder changes in this period  → Go to Part 5 (Signature)  Please tick the appropriate box below to indicate the format of your shareholder details  ✓ The list of shareholders is enclosed on paper	G2	List of past and present shareholders				
at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns  Please tick the appropriate box below  ✓ A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3, or  ✓ A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4  ✓ A list of shareholder changes is enclosed.  → For private or non-traded public companies, please complete Section G3.  → For traded public companies, please complete Section G4  ☐ There were no shareholder changes in this period  → Go to Part 5 (Signature)  Please tick the appropriate box below to indicate the format of your shareholder details  ✓ The list of shareholders is enclosed on paper						
A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3, or  A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4  A list of shareholder changes is enclosed. → For private or non-traded public companies, please complete Section G3. → For traded public companies, please complete Section G4  There were no shareholder changes in this period → Go to Part 5 (Signature)  Please tick the appropriate box below to indicate the format of your shareholder details  The list of shareholders is enclosed on paper		at least 5% of the issued shares of any share class if a list was not provided with				
enclosed Please complete Section G3, or  A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete Section G4  A list of shareholder changes is enclosed. → For private or non-traded public companies, please complete Section G3. → For traded public companies, please complete Section G4  There were no shareholder changes in this period → Go to Part 5 (Signature)  Please tick the appropriate box below to indicate the format of your shareholder details  The list of shareholders is enclosed on paper		Please tick the appropriate box below				
share class for a traded public company is enclosed.  A list of shareholder changes is enclosed.  For private or non-traded public companies, please complete Section G3.  For traded public companies, please complete Section G4  There were no shareholder changes in this period  Go to Part 5 (Signature)  Please tick the appropriate box below to indicate the format of your shareholder details  The list of shareholders is enclosed on paper						
<ul> <li>→ For private or non-traded public companies, please complete Section G3.</li> <li>→ For traded public companies, please complete Section G4</li> <li>☐ There were no shareholder changes in this period</li> <li>→ Go to Part 5 (Signature)</li> <li>Please tick the appropriate box below to indicate the format of your shareholder details</li> <li>☑ The list of shareholders is enclosed on paper</li> </ul>		share class for a traded public company is enclosed. Please complete				
→ Go to Part 5 (Signature)  Please tick the appropriate box below to indicate the format of your shareholder details  The list of shareholders is enclosed on paper		→ For private or non-traded public companies, please complete Section G3.				
shareholder details  The list of shareholders is enclosed on paper						
		shareholder details				

#### G4

#### Traded public companies - list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders Please use a 'Traded public companies — list of past and present shareholders' continuation page if necessary

		Shares or stock currently held	Shares or stock transferred (if appropriate)	
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
Name				1 1
Address				, ,
		7.1.1		, ,
Name				, ,
Address				1 1
				, ,
Name				, ,
Address				, ,
				1 1
Name				, ,
Address				1 1
				1 1

Part 5	Signature				
	This must be completed by all companies.	• Societas Europaea  If the form is being filed on behalf			
	I am signing this form on behalf of the company.	of a Societas Europaea (SE) please delete 'director' and insert details			
Signature	X Hoenthon	of which organ of the SE the person signing has membership  Person authorised Under either section 270 or 274 of the Companies Act 2006			
	This form may be signed by: Director •, Secretary, Person authorised •, Charity commission receiver and manager, CIC manager, Judicial factor				

# Presenter information You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record Contact name Company name Address Post town County/Region Postcode Country Telephone Checklist We may return forms completed incorrectly or with information missing. Please make sure you have remembered the following: ☐ The company name and number match the information held on the public Register. ☐ You have completed your principal business activity ☐ You have not used this form to make changes to the registered office address You have not used this form to make changes to secretary and director details. ☐ You have fully completed the Statement of capital (if applicable) ☐ You have signed the form ☐ You have enclosed the correct fee

#### Important information

Please note that all information on this form will appear on the public record.

#### **£** How to pay

A fee of £40 is payable to Companies House in respect of an Annual Return

Make cheques or postal orders payable to 'Companies House'

#### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

#### For companies registered in Scotland:

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1

## Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk