

YOGA PARADISE LTD

Filleted Accounts

For The Year Ended 31 July 2019

YOGA PARADISE LTD**Registered number:** 07318262**Balance Sheet****as at 31 July 2019**

	Notes	2019 £	2018 £
Fixed assets			
Tangible assets	2	1,300	161
Current assets			
Debtors	3	192	-
Cash at bank and in hand		3,824	4,000
		<u>4,016</u>	<u>4,000</u>
Creditors: amounts falling due within one year	4	(2,547)	(3,647)
Net current assets		<u>1,469</u>	<u>353</u>
Net assets		<u><u>2,769</u></u>	<u><u>514</u></u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		2,669	414
Shareholders' funds		<u><u>2,769</u></u>	<u><u>514</u></u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Mrs Gunjeet Sawhney

Director

Approved by the board on 30 July 2020

YOGA PARADISE LTD

Notes to the Accounts

for the year ended 31 July 2019

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised after completion of providing the services.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Computer & equipment	20% straight line
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2 Tangible fixed assets

	Computer & equipment £
Cost	
At 1 August 2018	1,036
Additions	1,464
At 31 July 2019	<u>2,500</u>
Depreciation	
At 1 August 2018	875
Charge for the year	325
At 31 July 2019	<u>1,200</u>
Net book value	
At 31 July 2019	<u>1,300</u>
At 31 July 2018	161

3 Debtors	2019	2018
	£	£
Trade debtors	120	-
Other debtors	72	-
	<u>192</u>	<u>-</u>

4 Creditors: amounts falling due within one year	2019	2018
	£	£
Corporation tax	1,274	519
Other taxes and social security costs	-	90
Other creditors	1,273	3,038
	<u>2,547</u>	<u>3,647</u>

5 Other information

YOGA PARADISE LTD is a private company limited by shares and incorporated in England. Its registered office is:

63 Harlech Road
 Abbots Langley
 Hertfordshire
 England
 WD5 0BE

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.