

Registered Number 07236239

ONE LIFE HOLDING LTD

Abbreviated Accounts

31 December 2015

Abbreviated Balance Sheet as at 31 December 2015

	Notes	2015	2014
		€	€
Fixed assets			
Investments	2	322,239	229,397
		<u>322,239</u>	<u>229,397</u>
Current assets			
Debtors		314,537	302,110
Cash at bank and in hand		661	2,050
		<u>315,198</u>	<u>304,160</u>
Net current assets (liabilities)		<u>315,198</u>	<u>304,160</u>
Total assets less current liabilities		<u>637,437</u>	<u>533,557</u>
Creditors: amounts falling due after more than one year		(1)	(128)
Provisions for liabilities		(136,999)	(131,730)
Accruals and deferred income		(2,300)	(2,300)
Total net assets (liabilities)		<u>498,137</u>	<u>399,399</u>
Capital and reserves			
Called up share capital		136	129
Other reserves		498,001	399,270
Shareholders' funds		<u>498,137</u>	<u>399,399</u>

- For the year ending 31 December 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 23 September 2016

And signed on their behalf by:

C. Storimans, Director

Notes to the Abbreviated Accounts for the period ended 31 December 2015

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Fixed assets Investments

Shown at cost

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.