

# AP03

## Appointment of secretary

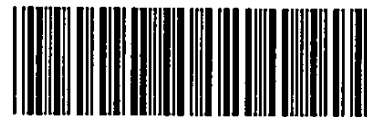


You can use the WebFiling service to file this form online  
Please go to [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

☒ **What this form is for**  
You may use this form to appoint  
an individual as a secretary

☐ **What this form is NOT for**  
You cannot use this form if  
appointing a corporate sec  
To do this, please use form  
AP04 'Appointment of corp  
secretary'

MONDAY



LD6

\*L4ZSDWWL\*

22/08/2011

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COMPANIES HOUSE

### 1 Company details

Company number 0 7 1 9 3 2 2 6  
Company name in full Ceres Natural Media Limited

→ **Filling in this form**  
Please complete in typescript or in  
bold black capitals

All fields are mandatory unless  
specified or indicated by \*

### 2 Date of secretary's appointment

Date of appointment d1 d8 m0 m8 y2 y0 y1 y1

### 3 New secretary's details

Title \* Mr  
Full forename(s) Matthew  
Surname Howes  
Former name(s) ①

① **Former name(s)**  
Please provide any previous names  
which have been used for business  
purposes in the past 20 years  
  
Married woman do not need to give  
former names unless previously used  
for business purposes  
  
Continue in section 6 if required

### 4 New secretary's service address ②

Please complete your service address below  
Building name/number 19  
Street Queens Road  
Post town Brentwood  
County/Region Essex  
Postcode C M 1 4 4 H E  
Country United Kingdom

② **Secretary's service address**  
This is the address that will  
appear on the public record. This  
does not have to be your usual  
residential address  
  
Please state 'The Company's  
Registered Office' if your service  
address is recorded in the company's  
register of secretaries as the  
company's registered office  
  
If you provide your residential  
address here it will appear on the  
public record

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## Appointment of secretary

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## Signatures

New secretary's  
signature

I consent to act as secretary of the above named company

Signature

X  X

Authorising signature

Signature

X  X

This form may be signed and authorised by  
Director ①, Secretary, Person authorised ②, Administrator, Administrative Receiver,  
Receiver, Receiver manager, Charity commission receiver and manager,  
CIC manager, Judicial factor

## ① Societas Europaea

If the form is being filed on behalf  
of a Societas Europaea (SE) please  
delete 'director' and insert details  
of which organ of the SE the person  
signing has membership

## ② Person authorised

Under either section 270 or 274 of  
the Companies Act 2006

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## Additional former names (continued from Section 3)

Former names ③


## ③ Additional former names

Use this space to enter any  
additional names

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Appointment of secretary

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name 1345/178586 2

Company name Davies Arnold Cooper LLP

Address 6-8 Bouverie Street

Post town London

County/Region

Postcode E C 4 Y 8 D D

Country UK

DX 172 London / Chancery Lane

Telephone 0207 936 2222

**Checklist**

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following

- ☐ [x] The company name and number match the information held on the public Register
- ☐ [x] You have completed the date of appointment
- ☐ [x] You have provided the service address
- ☐ [x] The address must be a physical location. It cannot be a PO Box number (unless part of a full address), DX or LP (Legal Post in Scotland) number
- ☐ [x] You have included all former names used for business purposes over the last 20 years
- ☒ [x] The new secretary has signed the form
- ☒ [x] You have provided an authorising signature

**Important information**

Please note that all information on this form will appear on the public record.

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

**For companies registered in England and Wales:**  
The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ  
DX 33050 Cardiff

**For companies registered in Scotland:**  
The Registrar of Companies, Companies House,  
Fourth floor, Edinburgh Quay 2,  
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF  
DX ED235 Edinburgh 1  
or LP - 4 Edinburgh 2 (Legal Post)

**For companies registered in Northern Ireland**  
The Registrar of Companies, Companies House,  
First Floor, Waterfront Plaza, 8 Laganbank Road,  
Belfast, Northern Ireland, BT1 3BS  
DX 481 N R Belfast 1

**Further information**

For further information, please see the guidance notes on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)