In accordance with Section 854 of the Companies Act 2006

ARO1 Annual Return



A fee is payable with this form Please see 'How to pay' on the last page You can use the WebFilin Please go to www.compar

/ What this form is for

You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year.

Y What this form is NOT for You cannot use this form to notice of changes to the conflicers, registered office a company type or information relating to the company recompany recompany recompany.

ALZKRTFD A46 19/04/2011 COMPANIES HOUSE

least once every year **Company details** Part 1 Filling in this form The section must be completed by all companies Please complete in typescript or in bold black capitals All fields are mandatory unless specified or indicated by 1 Company details **A1** 7428 Company name change Company number If your company has recently changed its name, please provide CONSULTANCY Company name in full ORTHOTICS the company name as at the date of this return **JUITED** Return date A2 ODate of this return Please give the annual return made up date The return date must not be a future Your company's return date date The annual return must be delivered within 28 days of the date given below is usually the anniversary of incorporation or the anniversary 2011 "0 "Z Date of this return 9 of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date **A3** Principal business activity OPrincipal business activity Please show the trade classification code number(s) for the principal You must provide a trade activity or activities 9 classification code (SIC code) or a description of your company's main Classification code 1 S business in this section Classification code 2 A full list of the trade classification codes are available on our website Classification code 3 www companieshouse gov uk Classification code 4 If you cannot determine a code, please give a brief description of your business activity below Principal activity

description

A4	Company type •		
	Please confirm your company type by ticking the appropriate box below (only one box must be ticked) Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital	O Company type If you are unsure of your company type, please check your latest certificate of incorporation or our website www.companieshouse.gov.uk	
A5	Registered office address [©]		
Building name/number	ST LUKE'S KOSPITAL	Change of registered office This must agree with the address	
Street	LATIMEL ROAD	that is held on the Companies House record at the date of this return	
Post town	HEASINGTON AVC. 12	If the registered office address has changed, you should complete form	
County/Region	Oxfols	AD01 and submit it together with this annual return	
Postcode	0 x 3 7 P F		
A6	Single alternative inspection location (SAIL) of the company records (if applicable) Output Description:		
Building name/number		SAIL address	
Street		This must agree with the address that is held on the Companies House record at the date of this return	
Post town		If the address has changed, you should complete form ADO2 and submit it together with this annual	
County/Region		return	
Postcode			
A7	Location of company records •	<u> </u>	
	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6 Register of members Register of directors	O Location of company records If the company records are held at the registered office address, do not tick any of the boxes in this section	
	Directors' service contracts Directors' indemnities Register of secretaries	Certain records must be kept by every company while other records are only kept by certain company types where appropriate	
	Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of	If the records are not kept at the SAIL address, they must be available at the registered office	
	capital by private company Register of debenture holders Report to members of outcome of investigation by public company into interests in its shares Register of interests in shares disclosed to public company Instruments creating charges and register of charges England and Wales or Northern Ireland	If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it together with this annual return	
	Instruments creating charges and register of charges Scotland		

AR01	
Annual	Return

Part 2	Officers of the company					
	This section should include details of the company at the date to which this annual return is made up → For a secretary who is an individual, go to Section B1 → For a corporate secretary, go to Section C1 → For a director who is an individual, go to Section D1 → For a corporate director, go to Section E1	Continuation pages Please use a continuation page if you need to enter more officer details				
Secretary						
B1	Secretary's details •	18-8 Million				
_	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	O Secretary appointments You may not use this form to appoint a secretary To do this,				
Title*		please complete form APO3 and submit it together with this annual				
Full forename(s)		return				
Surname		Corporate details Please use Section C1-C4 to enter				
Former name(s) •		Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03 Former name(s) Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.				
B2	Secretary's service address					
Building name/number Street		Service address If you have previously notified Companies House that the service address is at 'The Company's				
Post town		Registered Office , please state The Company's Registered Office in the address				
County/Region		This information will appear on the				
Postcode		public record				
Country						

Corporate secretary

		· · · · · · · · · · · · · · · · · · ·						
C1	Corporate secretary's details •							
	Please use this section to list all the corporate secretaries of the company	O Corporate secretary appointments You cannot use this form to appoint						
Corporate body/firm name		a corporate secretary To do this, please complete form AP04 and submit it together with this annual return						
Building name/number		Corporate secretary details						
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have						
Post town		not notified us, please complete form CH04						
County/Region		This information will appear on the						
Postcode		public record						
Country								
C2	Location of the registry of the corporate body or firm							
	Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only							
C3	EEA companies ®							
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk						
Where the company/ firm is registered •		This is the register mentioned in Article 3 of the First Company Law						
Registration number		Directive (68/151/EEC)						
C4	Non-EEA companies							
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in						
Legal form of the corporate body or firm		that register						
Governing law								
If applicable, where								
the company/firm is registered ©								
If applicable, the registration number								

AR01	
Annual	Return

D1	Director's details [©]	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please
Title*		complete form AP01 and submit it together with this annual return
Full forename(s)	ANDREW PAUL	Corporate details
Surname	CHASE	Please use Section E1-E4 to enter corporate director details
Former name(s) •		Director details All details must agree with those previously notified to Companies House If you have made changes
Country/State of residence	UK	since the last annual return and have not notified us, please
Nationality	BLITISH	complete form CH01 • Former name(s)
Date of birth	27 06 11955	Please provide any previous names
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address ®	
Building name/number	THE CLOCK HOUSE	Service address If you have previously notified
Street		Companies House that the service address is at 'The Company's
	BULLOT	Registered Office', please state 'The Company's Registered Office' in the
Post town	OxoN	address.
County/Region	•	This information will appear on the public record
Postcode	OXII4 3DW	
Country	UK	

D1	Director's details •					
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please				
Title*		complete form AP01 and submit it together with this annual return				
Full forename(s)	SUSAN MARY	Corporate details				
Surname	CHASE	Please use Section E1-E4 to enter corporate director details				
Former name(s) 2		Director details All details must agree with those previously notified to Companies				
Country/State of residence	UK	House If you have made changes since the last annual return and have not notified us, please				
Nationality	BUTISH	complete form CH01				
Date of birth	1°1°4 1°0°7 1'9'8 4	• Please provide any previous names				
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.				
D2	Director's service address ®					
Building name/numbe	THE CLOCK HOUSE	Service address If you have previously notified				
Street		Companies House that the service address is at The Company's				
	BULCOT	Registered Office', please state 'The Company's Registered Office' in the				
Post town		address				
County/Region	OxoN	This information will appear on the public record				
Postcode	0X14 30W					
Country	Uk					

D1	Director's details ^o	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please
Title*		complete form AP01 and submit it together with this annual return
Full forename(s)	DONNA ELAINE	Corporate details Please use Section E1-E4 to enter
Surname	CHAMBERS	corporate director details
Former name(s) 2		Director details All details must agree with those previously notified to Companies House If you have made changes
Country/State of residence	UK	since the last annual return and have not notified us please
Nationality	BUTSH	complete form CH01 • Former name(s)
Date of birth	21 10 1971	Please provide any previous names
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes
D2	Director's service address O	
Building name/numb	er Olchald House	Service address If you have previously notified
Street	LEAGELD BOAD	Companies House that the service address is at 'The Company's
	SHIPTON- UNDER- WYCHWOOD	Registered Office', please state 'The Company's Registered Office' in the
Post town	CHIPPING DES NORTON	address
County/Region	OXON	This information will appear on the public record
Postcode	OX7 6EA	
Country	UK	

D1	Director's details •						
Title*	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please complete form APD1 and submit it together with this annual return					
Full forename(s)		Corporate details					
Surname		Please use Section E1-E4 to enter corporate director details					
Former name(s) ②		Director details All details must agree with those previously notified to Companies					
Country/State of residence		House If you have made changes since the last annual return and have not notified us, please					
Nationality		complete form CH01					
Date of birth	d d m m y y y	Please provide any previous names					
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.					
D2	Director's service address						
Building name/numbe	or The state of th	Service address If you have previously notified					
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The					
Post town		Company's Registered Office' in the address.					
County/Region		This information will appear on the public record					
Postcode		paintiteera					
Country							

Corporate director

E1	Corporate director's details •						
•	Please use this section to list all the corporate director's of the company	Ocorporate director appointments You cannot use this form to appoint a corporate director To do this,					
Corporate body/firm name		please complete form APO2 and submit it together with this annual return					
Building name/number		Corporate director details All details must agree with those					
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete					
Post town		form CH02 This information will appear on the					
County/Region		public record					
Postcode							
Country							
E2	Location of the registry of the corporate body or firm						
	Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → No Complete Section E4 only						
E3	EEA companies ®						
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk					
Where the company/ firm is registered 9		This is the register mentioned in Article 3 of the First Company Law					
Registration number		Directive (68/151/EEC)					
E4	Non-EEA companies						
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in					
Legal form of the corporate body or firm		that register					
Governing law							
If applicable, where the company/firm is registered •							
If applicable, the registration number							

Part 3	Statemen	t of capital o						
	Does your company have share capital? → Yes Complete the sections below and the following Part 4 → No Go to Part 5 (Signature)					This should reflect the company's capital status at the made up date of this annual return		
F1	Share capital i	n pound sterling (£)					
		each class of shares he y complete Section F1	ld in pound sterling and then go to Section F4					
Class of shares (E g Ordinary/Preference etc	^	Amount paid up on each share	Amount (if any) unpaid on each share ②	Number of shar	res 🖸	Aggre	egate nominal value O	
OFPUR	m li	11		100	0	£	loo	
						£		
						£		
						£	· · · · · ·	
			Totals	1	00	£	100	
F2	Share capital ı	n other currencies						
Please complete the ta Please complete a sep		any class of shares held a currency	I in other currencies					
Currency							_	
Class of shares (E g Ordinary/Preference etc)	Amount paid up on each share ②	Amount (if any) unpaid on each share	Number of shares Aggregate		gate nominal value 🧿		
				<u> </u>		-		
			Totals			-		
				·		·		
Currency				•				
Class of shares (E g Ordinary/Preference etc)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shar	es 🛭	Aggre	gate nominal value 4	
			Totals					
F3	Totals							
	Please give the to issued share capit		d total aggregate nominal	value of	Please	list total	te nominal value aggregate values in	
Total number of shares	different currencies separately For example £100 + €100 + \$10 etc						, ,	
Total aggregate nominal value ூ	£100							
 Including both the noming share premium Total number of issued states 	nominal value of each share Please use a Statement of Capital continuation							

F4	Statemer	it of capital (V	oting rights)				····
	Please give of share sh	the prescribed pa own in the statem	rticulars of righ ent of capital sl	ts attached t hare tables in	o shares for each Sections F1 and	class d F2	
Class of share	OROMANY EI						
Voting rights			HAJE	THE	SAME	RIGHTS.	
Class of share				_			
Voting rights							
Class of share		_ 					
Voting rights							
Class of share					- 		
Voting rights							

Part 4	Shareholders				
	Does your company have share capital? → Yes Complete the sections below → No Go to Part 5 (Signature)	This should reflect the shareholder details at the made up date of this annual return			
G1	Traded public companies Traded public companies				
	Please tick the box if your company was a traded public company at any time during the period of this return	● Traded company definition A traded company means a compan any of whose shares are admitted to trading on a regulated market			
G2	List of past and present shareholders				
	Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns				
	Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns				
	Please tick the appropriate box below				
	A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3 , or				
	A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4				
	 A list of shareholder changes is enclosed → For private or non-traded public companies, please complete Section G3 → For traded public companies, please complete Section G4 				
	There were no shareholder changes in this period→ Go to Part 5 (Signature)				
	Please tick the appropriate box below to indicate the format of your shareholder details				
	The list of shareholders is enclosed on paper The list of shareholders is enclosed in another format				
		1			

G3 Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'Private or non traded public companies – list of past and present shareholders' continuation page if necessary

					page	ecessary	
				Shares or stock currently held	Shares or stock transferr	ed (if appropriate)	
Shareholder's Name (Address not required)			Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer	
A	P	CHASE	OPOINAM EI	70		l l	
S	Ц	CHASE	OPENAM EI	10		1 1	
P	£	CHASE CHAMBERS	OLOWARY LI	20		1 1	
						, ,	
						1 1	
						1 1	
						1 1	
						, ,	
						, ,	
						, ,	
				1		1 1	
						1 1	
						1 1	
			1	<u> </u>			

G4

Traded public companies - list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders Please use a 'Traded public companies – list of past and present shareholders' continuation page if necessary

ı		Shares or stock	Shares or stock transferred (if appropriate)	
		currently held	Strates or Stock transferr	ей (п арргорнате)
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
Name				/ /
Address				1 1
				1 1
vame				, ,
Address				1 1
				1 1
Name	1			1 1
Address				1 1
				1 1
Name				i i
Address				1 1
				1 1

Part 5	Signature			
	This must be completed by all companies	O Societas Europaea If the form is being filed on behalf		
	I am signing this form on behalf of the company	of a Societas Europaea (SE) please delete 'director' and insert details		
Signature	× X D. Chamber X	of which organ of the SE the person signing has membership Person authorised Under either section 270 or 274 of the Companies Act 2006		
	This form may be signed by Director • Secretary, Person authorised • Charity commission receiver and manager, CIC manager, Judicial factor			

Presenter information	Important information
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	Please note that all information on this form will appear on the public record
visible to searchers of the public record	£ How to pay
Contact name Company name	A fee of £30 is payable to Companies House in respect of an Annual Return
Address	Make cheques or postal orders payable to 'Companies House'
- Audicid	Where to send
Post town	You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below
County/Region Postcode Country DX Telephone Checklist We may return forms completed incorrectly or with information missing Please make sure you have remembered the following The company name and number match the information held on the public Register	For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post) For companies registered in Northern Ireland The Registrar of Companies, Companies House, First Floor, Waterfront Plaza, 8 Laganbank Road, Belfast, Northern Ireland, BT1 3BS DX 481 N R Belfast 1
 You have completed your principal business activity You have not used this form to make changes to the registered office address You have not used this form to make changes to secretary and director details You have fully completed the Statement of capital (if applicable) You have signed the form You have enclosed the correct fee 	Further information For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk