

Registered Number 07185834

A R HEALTH CARE LTD

Abbreviated Accounts

31 March 2014

Abbreviated Balance Sheet as at 31 March 2014

	Notes	2014	2013
		£	£
Fixed assets			
Tangible assets	2	220	342
		<u>220</u>	<u>342</u>
Current assets			
Debtors		10,608	4,726
Cash at bank and in hand		863	10,472
		<u>11,471</u>	<u>15,198</u>
Creditors: amounts falling due within one year		<u>(3,729)</u>	<u>(8,451)</u>
Net current assets (liabilities)		<u>7,742</u>	<u>6,747</u>
Total assets less current liabilities		<u>7,962</u>	<u>7,089</u>
Total net assets (liabilities)		<u>7,962</u>	<u>7,089</u>
Capital and reserves			
Called up share capital		1	1
Profit and loss account		7,961	7,088
Shareholders' funds		<u>7,962</u>	<u>7,089</u>

- For the year ending 31 March 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 22 December 2014

And signed on their behalf by:
AFSHAN RAHIM, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2014**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 1 April 2013	610
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2014	<u>610</u>
Depreciation	
At 1 April 2013	268
Charge for the year	122
On disposals	-
At 31 March 2014	<u>390</u>
Net book values	
At 31 March 2014	<u>220</u>
At 31 March 2013	<u>342</u>

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