

Registered Number 07185834

A R HEALTH CARE LTD

Abbreviated Accounts

31 March 2012

Balance Sheet as at 31 March 2012

	Notes	2012		2011	
		£	£	£	£
Fixed assets					
Tangible	2		464		479
Total fixed assets			464		479
Current assets					
Debtors		3,133		375	
Cash at bank and in hand		507		6,402	
Total current assets		<u>3,640</u>		<u>6,777</u>	
Creditors: amounts falling due within one year		(5,636)		(5,418)	
Net current assets			(1,996)		1,359
Total assets less current liabilities			<u>(1,532)</u>		<u>1,838</u>
Total net Assets (liabilities)			(1,532)		1,838
Capital and reserves					
Called up share capital			1		1
Profit and loss account			(1,533)		1,837
Shareholders funds			<u>(1,532)</u>		<u>1,838</u>

- a. For the year ending 31 March 2012 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 27 December 2012

And signed on their behalf by:

Miss Afshan Rahim, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 March 2012

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and Fittings 20.00% Straight Line

2 Tangible fixed assets

Cost	£
At 31 March 2011	599
additions	131
disposals	
revaluations	
transfers	
At 31 March 2012	<u>730</u>
Depreciation	
At 31 March 2011	120
Charge for year	146
on disposals	
At 31 March 2012	<u>266</u>
Net Book Value	
At 31 March 2011	479
At 31 March 2012	<u>464</u>

2 Controlling Interest:

The company was under control of one director who is also 100% shareholder of company.