



Companies House

AR01 (ef)

Annual Return



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X5462J57

Company Name: CAPABILITY TRAINING AND MANAGEMENT LIMITED

Company Number: 07181666

Date of this return: 08/03/2016

SIC codes: 85590

Company Type: Private company limited by shares

Situation of Registered Office:
20 MOSS GARDENS
ALWOODLEY
LEEDS
WEST YORKSHIRE
LS17 7BH

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MATTHEW ADAM**

Surname: **THORNFIELD**

Former names:

Service Address: **20 MOSS GARDENS
ALWOODLEY
LEEDS
WEST YORKSHIRE
UNITED KINGDOM
LS17 7BH**

Company Director ***1***

Type: **Person**

Full forename(s): **MR RICHARD JAMES**

Surname: **KNOWLES**

Former names:

Service Address: **FLAT 4 18 TAPTON HOUSE ROAD
SHEFFIELD
SOUTH YORKSHIRE
UNITED KINGDOM
S10 5BY**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/06/1973** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Company Director 2

Type: **Person**

Full forename(s): **MR MATTHEW ADAM**

Surname: **THORNFIELD**

Former names:

Service Address: **20 MOSS GARDENS
ALWOODLEY
LEEDS
WEST YORKSHIRE
UNITED KINGDOM
LS17 7BH**

Country/State Usually Resident: **ENGLAND**

Date of Birth: ****/11/1972**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION, INCLUDING ON WINDING UP, RIGHTS AND ARE NOT REDEEMABLE.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 08/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **50 ORDINARY shares held as at the date of this return**
Name: **RICHARD JAMES KNOWLES**

Shareholding 2 : **50 ORDINARY shares held as at the date of this return**
Name: **MATTHEW ADAM THORNFIELD**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.