

Company registration number: 07148874

All Health Matters Limited

Trading as All Health Matters

Unaudited filleted financial statements

28 February 2019

All Health Matters Limited

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All Health Matters Limited

Directors and other information

Directors	Mrs Gillian Monk Mr David Drury Monk
Secretary	Mrs Gillian Monk
Company number	07148874
Registered office	Bank Chambers Canterbury Road Lyminge Nr Folkestone CT18 8HU
Business address	Castle House Orchard Close Mews Canterbury Kent CT2 8AP
Accountants	Norman Brisk & Company Limited Bank Chambers Canterbury Road Lyminge Nr Folkestone Kent CT18 8HU

All Health Matters Limited

**Report to the board of directors on the preparation of the
unaudited statutory financial statements of All Health Matters Limited
Year ended 28 February 2019**

As described on the statement of financial position, the directors of the company are responsible for the preparation of the financial statements for the year ended 28 February 2019 which comprise the statement of financial position and related notes.

You consider that the company is exempt from an audit under the Companies Act 2006. In accordance with your instructions we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and from information and explanations supplied to us.

Norman Brisk & Company Limited

Business Advisers and Taxation Consultants

Bank Chambers

Canterbury Road

Lyminge Nr Folkestone

Kent

CT18 8HU

5 June 2019

All Health Matters Limited

Statement of financial position

28 February 2019

	Note	2019 £	£	2018 £	£
Fixed assets					
Tangible assets	5	65,189		51,282	
		<u>65,189</u>	65,189	<u>51,282</u>	51,282
Current assets					
Debtors	6	219,590		194,862	
Cash at bank and in hand		109,622		32,997	
		<u>329,212</u>		<u>227,859</u>	
Creditors: amounts falling due within one year	7	(169,941)		(191,330)	
Net current assets			159,271		36,529
Total assets less current liabilities			<u>224,460</u>		<u>87,811</u>
Net assets			<u>224,460</u>		<u>87,811</u>
Capital and reserves					
Called up share capital			100		100
Profit and loss account			224,360		87,711
Shareholders funds			<u>224,460</u>		<u>87,811</u>

For the year ending 28 February 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In accordance with section 444 of the Companies Act 2006, the statement of income and retained earnings has not been delivered.

These financial statements were approved by the board of directors and authorised for issue on 05 June 2019 , and are signed on behalf of the board by:

Mrs Gillian Monk

Director

All Health Matters Limited

Notes to the financial statements

Year ended 28 February 2019

1. General information

The company is a private company limited by shares, registered in England. The address of the registered office is Bank Chambers, Canterbury Road, Lyminge, Nr Folkestone, CT18 8HU.

2. Statement of compliance

These financial statements have been prepared in compliance with the provisions of FRS 102, Section 1A, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Turnover

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer, usually on despatch of the goods; the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

Taxation

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in the statement of comprehensive income, except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves. In this case, tax is recognised in other comprehensive income or directly in capital and reserves, respectively. Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Deferred tax is recognised in respect of all timing differences at the reporting date. Unrelieved tax losses and other deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.

Tangible assets

tangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses. An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other comprehensive income and accumulated in capital and reserves, except to the extent it reverses a revaluation decrease of the same asset previously recognised in profit or loss. A decrease in the carrying amount of an asset as a result of revaluation is recognised in other comprehensive income to the extent of any previously recognised revaluation increase accumulated in capital and reserves in respect of that asset. Where a revaluation decrease exceeds the accumulated revaluation gains accumulated in capital and reserves in respect of that asset, the excess shall be recognised in profit or loss.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

If there is an indication that there has been a significant change in depreciation rate, useful life or residual value of tangible assets, the depreciation is revised prospectively to reflect the new estimates.

Impairment

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date. When it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument. Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument. Debt instruments are subsequently measured at amortised cost. Where investments in non-convertible preference shares and non-puttable ordinary shares or preference shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in profit or loss. All other such investments are subsequently measured at cost less impairment. Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument. Other financial instruments are subsequently measured at fair value, with any changes recognised in profit or loss, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised in profit or loss immediately. For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics. Any reversals of impairment are recognised in profit or loss immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund. When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised in finance costs in profit or loss in the period in which it arises.

4. Employee numbers

The average number of persons employed by the company during the year amounted to 21 (2018: 21).

5. Tangible assets

	Plant and machinery	Fixtures, fittings and equipment	Total
	£	£	£
Cost			
At 1 March 2018	63,603	48,628	112,231
Additions	21,942	13,695	35,637
At 28 February 2019	85,545	62,323	147,868
Depreciation			
At 1 March 2018	37,688	23,261	60,949
Charge for the year	11,964	9,766	21,730
At 28 February 2019	49,652	33,027	82,679
Carrying amount			
At 28 February 2019	35,893	29,296	65,189
At 28 February 2018	25,915	25,367	51,282

6. Debtors

	2019	2018
	£	£
Trade debtors	197,850	173,930
Other debtors	21,740	20,932
	219,590	194,862

7. Creditors: amounts falling due within one year

	2019	2018
	£	£
Trade creditors	40,607	34,394
Corporation tax	23,093	1,541
Social security and other taxes	78,938	63,440
Other creditors	27,303	91,955
	169,941	191,330

8. Directors advances, credits and guarantees

During the year the directors entered into the following advances and credits with the company:

2019

	Balance brought forward	Advances /(credits) to the directors	Amounts repaid	Balance o/standing
	£	£	£	£
Mrs Gillian Monk	(27,237)	23,135	-	(4,102)
Mr David Drury Monk	(8,551)	-	8,551	-
	<u>(35,788)</u>	<u>23,135</u>	<u>8,551</u>	<u>(4,102)</u>

2018

	Balance brought forward	Advances /(credits) to the directors	Amounts repaid	Balance o/standing
	£	£	£	£
Mrs Gillian Monk	(26,897)	(340)	-	(27,237)
Mr David Drury Monk	(8,551)	-	-	(8,551)
	<u>(35,448)</u>	<u>(340)</u>	<u>-</u>	<u>(35,788)</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.