

MACKS FITNESS LIMITED

Abridged Accounts

Period of accounts

Start date: 01 April 2021

End date: 31 March 2022

MACKS FITNESS LIMITED
Contents Page
For the year ended 31 March 2022

Accountants' report

Statement of financial position

Notes to the financial statements

MACKS FITNESS LIMITED
Accountants' Report
For the year ended 31 March 2022

Accountant's report

You consider that the company is exempt from an audit for the year ended 31 March 2022 . You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Statement of Comprehensive Income, the Balance Sheet, the Statement of Changes in Equity and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Stone Accountancy Services Limited
31 March 2022

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Stone Accountancy Services Limited
1 Pretoria Villas
44 Main Road, Colden Common
Winchester
SO21 1RR
21 December 2022

MACKS FITNESS LIMITED
Statement of Financial Position
As at 31 March 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible fixed assets		0	219
		<u>0</u>	<u>219</u>
Current assets			
Cash at bank and in hand		46,779	53,330
Creditors: amount falling due within one year		(35,000)	(27,474)
Net current assets		<u>11,779</u>	<u>25,856</u>
Total assets less current liabilities		11,779	26,075
Creditors: amount falling due after more than one year		0	(12,500)
Net assets		<u>11,779</u>	<u>13,575</u>
Capital and reserves			
Called up share capital		1	1
Profit and loss account		11,778	13,574
Shareholder's funds		<u>11,779</u>	<u>13,575</u>

For the year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the companies act 2006 relating to small companies.

Director's responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
2. The directors acknowledge their responsibilities for complying with the requirements of the companies act 2006 with respect to accounting records and the preparation of accounts.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of Part 15 of the Companies Act 2006. In accordance with Section 444 of the Companies Act 2006, the income statement has not been delivered to the Registrar of Companies.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with section 444(2A).

The financial statements were approved by the director on 21 December 2022 and were signed by:

McNeil Andrew

Director

MACKS FITNESS LIMITED
Notes to the Abridged Financial Statements
For the year ended 31 March 2022

General Information

Macks Fitness Limited is a private company, limited by shares, registered in England and Wales, registration number 07147404, registration address 1 Pretoria Villas, 44 Main Road, Colden Common, Winchester, Hampshire, So21 1RR.

The presentation currency is £ sterling.

1. Accounting policies

Significant accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 102 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

Basis of preparation

The financial statements have been prepared under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies.

The financial statements are prepared in sterling which is the functional currency of the company.

Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and Machinery	25% Straight Line
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2. Average number of employees

Average number of employees during the year was 1 (2021 : 1).

3. Tangible fixed assets

Cost or valuation	Plant and Machinery	Total
	£	£
At 01 April 2021	1,669	1,669
Additions	-	-
Disposals	-	-
At 31 March 2022	1,669	1,669
Depreciation		
At 01 April 2021	1,450	1,450
Charge for year	219	219
On disposals	-	-
At 31 March 2022	1,669	1,669
Net book values		
Closing balance as at 31 March 2022	-	-
Opening balance as at 01 April 2021	219	219

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.