Company Registration No. 07140456 (England and Wales)	
MENTAL HEALTH CONSULTANCY UK LIMITED UNAUDITED ABBREVIATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JANUARY 2016	

MENTAL HEALTH CONSULTANCY UK LIMITED

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MENTAL HEALTH CONSULTANCY UK LIMITED

ABBREVIATED BALANCE SHEET

AS AT 31 JANUARY 2016

	Notes	2016		2015	
		£	£	£	£
Fixed assets					
Tangible assets	2		1,044		1,131
Current assets					
Debtors		1,919		171	
Cash at bank and in hand		437 ——		1,314	
		2,356		1,485	
Creditors: amounts falling due within one year		(2,640)		(1,896)	
Net current liabilities			(284)		(411)
Total assets less current liabilities			760		720
					_
Capital and reserves					
Called up share capital	3		1		1
Profit and loss account			759		719
Shareholder's funds			760		720

For the financial year ended 31 January 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The member has not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These abbreviated financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Board for issue on 31 October 2016

M. Karnes

Director

Company Registration No. 07140456

MENTAL HEALTH CONSULTANCY UK LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 JANUARY 2016

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated).

1.3 Turnover

Turnover represents amounts receivable for services provided net of VAT and trade discounts.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Fixtures, fittings & equipment

25% reducing balance

2 Fixed assets

		Tang	Tangible assets £		
	Cost		Z.		
	At 1 February 2015		2,316		
	Additions		261		
	At 31 January 2016		2,577		
	Depreciation				
	At 1 February 2015		1,185		
	Charge for the year		348		
	At 31 January 2016		1,533		
	Net book value				
	At 31 January 2016		1,044		
	At 31 January 2015		1,131		
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3	Share capital	2016	2015		
J	Silate Capital	2010 £	2013 £		
	Allotted, called up and fully paid	2	~		
	1 ordinary share of £1 each	1	1		
	•		_		

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