Reg	isterec	l numt	oer: 07	7061001

## UNAUDITED

## FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 DECEMBER 2016

# TORQ HOLDINGS LIMITED REGISTERED NUMBER: 07061001

# BALANCE SHEET AS AT 31 DECEMBER 2016

			31 December		29 February
	Note		2016 £		2016 £
Fixed assets					
Tangible assets	4		237,973		237,973
Investments	5		100		100
			238,073		238,073
Current assets					
Debtors: amounts falling due within one year	6	67,183		30,334	
Cash at bank and in hand	7	501,599		497,403	
	_	568,782	_	527,737	
Creditors: amounts falling due within one year	8	(25,721)		(41,630)	
Net current assets	_		5 <b>4</b> 3,061		486,107
Total assets less current liabilities			781,134		
Creditors: amounts falling due after more than one year	9		(89,321)		(96,540
Net assets			691,813		627,640
Capital and reserves					
Called up share capital			100		100
Profit and loss account			691,713		627,540
			691,813		627,640

WR

# TORQ HOLDINGS LIMITED REGISTERED NUMBER: 07061001

# BALANCE SHEET (CONTINUED) AS AT 31 DECEMBER 2016

The director considers that the Company is entitled to exemption from audit under section 477 of the Companies Act 2006 and members have not required the Company to obtain an audit for the period in question in accordance with section 476 of Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - small entities.

The financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The Company has opted not to file the profit and loss account in accordance with provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the board and were signed on its behalf by:

### Mr M J Hart

Director

Date: 26 September 2017

The notes on pages 3 to 9 form part of these financial statements.



Page 2

# NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2016

### 1. General information

Torq Limited, 07061001, is a private limited company by shares, incorporated in England and Wales, with its registered office of business at Upper Barns Trewern, Welshpool, Powys, SY21 8EA.

## 2. Accounting policies

## 2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention unless otherwise specified within these accounting policies and in accordance with Section 1A of Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and the Companies Act 2006.

The following principal accounting policies have been applied:

## 2.2 Exemption from preparing consolidated financial statements

The Company, and the group headed by it, qualify as small as set out in section 383 of the Companies Act 2006 and the parent and group are considered eligible for the exemption to prepare consolidated accounts.

#### 2.3 Revenue

Turnover comprises of management charges and rental income from Torq Limited, a subsidiary company.

## 2.4 Tangible fixed assets

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, on a reducing balance basis.

Depreciation is provided on the following basis:

Freehold property - Nil depreciation

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the Profit and loss account.

### 2.5 Valuation of investments

Investments in subsidiaries are measured at cost less accumulated impairment.

4/E

# NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2016

## 2. Accounting policies (continued)

### 2.6 Debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

### 2.7 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

#### 2.8 Creditors

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

## 2.9 Interest income

Interest income is recognised in the Profit and loss account using the effective interest method.

## 2.10 Taxation

Tax is recognised in the Profit and loss account, except that a charge attributable to an item of income and expense recognised as other comprehensive income or to an item recognised directly in equity is also recognised in other comprehensive income or directly in equity respectively.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the balance sheet date in the countries where the Company operates and generates income.

## 3. Employees

The average monthly number of employees, including directors, during the period was 1 (2016 - 1).



# NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2016

4. Tangible fixed assets
--------------------------

		Freehold
		property
		£
	Cost or valuation	
	At 1 March 2016	237,973
	At 31 December 2016	237,973
	At 31 December 2016	
	Net book value	
	At 31 December 2016	237,973
	At 29 February 2016	237,973
	•	
<b>5</b> .	Fixed asset investments	
		Investments in
		subsidiary
		companies £
	Cost or valuation	
	At 1 March 2016	100
	At 31 December 2016	100
	Net book value	
	At 31 December 2016	100
	At 29 February 2016	100
	Subsidiary undertakings	

# NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2016

## 5. Fixed asset investments (continued)

The following were subsidiary undertakings of the Company:

Principal

Name Class of shares Holding activity

Torq Limited Ordinary 100 % Selling fitness products

The aggregate of the share capital and reserves as at 31 December 2016 and of the profit or loss for the year ended on that date for the subsidiary undertakings were as follows:

	Aggregate of	
	share capital	
	and reserves	Profit/(loss)
	29 February	29 February
	£	£
Torq Limited	594,380	208,186
	594,380	208,186



Page 6

# NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2016

		Debtors	6.
29 February 2016 £	31 December 2016 £		
30,334	42,117	Amounts owed by group undertakings	
-	25,066	Other debtors	
30,334	67,183		
		Cash and cash equivalents	7.
29 February 2016 £	31 December 2016 £		
497,403	501,599	Cash at bank and in hand	
(9,862)	(8,540)	Less: bank overdrafts	
487,541	493,059		
		Creditors: Amounts falling due within one year	8.
29 February 2016 £	31 December 2016 £		
9,862	8,540	Bank overdrafts	
2,882	16,043	Corporation tax	
27,609	-	Other creditors	
1,277	1,138	Accruals and deferred income	
41,630	25,721		



# NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2016

9.	Creditors: Amounts falling due after more than one year		
		31 December 2016 £	29 February 2016 £
	Bank loans	89,321	96,540
		89,321	96,540
10.	Loans		
	Analysis of the maturity of loans is given below:		
		31 December 2016 £	29 February 2016 £
	Amounts falling due 1-2 years		
	Bank loans	89,321	96,540
		89,321	96,540
		89,321	96,540
11.	Financial instruments		
		31 December 2016	29 February 2016
	Financial assets	£	£
	Financial assets measured at fair value through profit or loss	501,599	497,403
		501,599	497,403



# NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2016

## 12. Share capital

 31 December
 29 February

 2016
 2016

 £
 £

Shares classified as equity

Allotted, called up and fully paid

## 13. Related party transactions

At the period end the company was owed £42,117 (Feb 2016: £30,334) by Torq Limited, a subsidiary company.

The company charged rent of £15,750 (Feb 2016: £18,900) and a management charge of £75,000 (Feb 2016: £75,000) to Torq Limited, a subsidiary company, during the period.

The company declared dividends during the period to Mr M J Hart, director, of £nil (Feb 2016: £34,300) and to Mrs S Hart of £nil (Feb 2016: £32,955).

## 14. Controlling party

The company is under the control of Mr M J Hart, director, who owns 51% of the issued share capital.

## 15. First time adoption of FRS 102

The policies applied under the entity's previous accounting framework are not materially different to FRS 102 and have not impacted on equity or profit or loss.

WR

Page 9

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.