In acco dance with Section 167 of the Companies Act 2006 **AP01**

Appointment of director

form produced by

PC Share Register:

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You can use the WebFiling service to file this form online Please go to www companieshouse gov uk

✓ What this form is for You may use this form to appoint an individual as a director

What this form is NOT for You cannot use the form to appoint a corporate director To do this, please use form AP02 'Appointment of corporate director'

For further information, please refer to our guidance at www companieshouse gov uk

1	Company details	18/8// (188 // 18/8 3 //// 18/ 18/// 18// 18// 18// 18// 18//
Company number	6 9 9 3 4 7 0	
Company name in full		*AK6Q40TB* 33 04/11/2010 218 COMPANIES HOUSE
2	Date of director's appointment	
Date of appointment	$\begin{bmatrix} d & 2 & 0 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0$	
3	New director's details	
Title *	Mr	Former name(s) Please provide any previous
Full forename(s)	Royston	names which have been used for business purposes in the
Surname	Frodsham	 past 20 years Married women do not need to
Former name(s)		give former names unless previously used for business purposes
Country/State of residence	United Kingdom	Continue in section 6 if required
Nationality	British	Country/State of residence This is in respect of your usual residential address as stated
Date of birth	0 0 1 0 9 Y 1 Y 9 Y 4 Y 4	in Section 4a
Business occupation (if any) ⊙	Retired	 Susiness occupation if you have a business occupation, please enter here lf you do not, please leave blank
4	New director's service address o	
	Please complete your service address below. You must also complete your usual residential address in Section 4a	Service address This is the address that will appear on the public record
Building name/number	20 Harpenden Drive	This does not have to be your usual residential address
Street		Please state 'The Company's Registered Office' if your
		service address is recorded in the company's register of
Post town	Coventry	directors as the company's registered office
County/Region	West Midlands	If you provide your residential
Postcode	C V 5 7 Q F	address here, it will appear on the public record
Country	United Kingdom	

AP01 Appointment of director

Signatures	
I consent to act as director of the above named company Signature	Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE), please delete 'director' and insert details of which organ of the SE the person signing has membership
Signature X	Person authorised Under either section 270 or 274 of the Companies Act 2006
This form may be signed by Director Secretary Person Authorised 1, Liquidator, Administrator, Administrative receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor	
Additional former flames (continued from Section 5)	
	Additional former names Use this space to enter any additional names
	Signature Management of the above named company X Signature Liquidator, Administrator, Administrator, Administrator, Receiver, Receiver, Receiver manager, Charity commission

Appointment of director

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record

Contata inc		
Company name	The Midcounties Co-operative Limited	
Address	Co-operative House, 234 Botley Road	
Post a vit	Oxford	
County/Segirn	Otton	
Postcode	O X 2 O H P	
/ ountry	United kingdom	
DX		
І-Іерію и	01865 249241	

Checklist

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following

The company name and number match the information held on the public Register You have provided a business occupation if you have one

You have provided a correct date of birth You have completed the date of appointment You have completed the nationality box in

Section 3

You have provided both the service address and the usual residential address

Addresses must be a physical location. They cannot be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number

You have included all former names used for business purposes over the last 20 years

You have enclosed a relevant section 243 application if applying for this at the same time as completing this form

The new director has signed the form You have provided an authorising signature

Important information

Please note that all information on this form will appear on the public record



Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 , or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland

The Registrar of Companies, Companies House, First Floor, Waterfront Plaza, 8 Laganbank Road, Bolfast, Northern Ireland, BT1 3BS D 481 N R Belfast 1

Section 243 exemption

If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE

Further information

For further information, please see the guidance notes on the website at www companieshouse gov uk or email enquines@companieshouse gov uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk