In accordance with Rule 5.10 of the Insolvency (England & Wales) Rules 2016 & Section 94(3) of the Insolvency Act 1986.

LIQ13 Notice of final account prior to dissolution in MVL



For further information, please refer to our guidance at www.gov.uk/companieshouse

1	Company details	
Company number	0 6 9 7 5 9 2 4	→ Filling in this form Please complete in typescript or in
Company name in full	PARPOST HOLDINGS LTD	bold black capitals.
2	Liquidator's name	·
Full forename(s)	Simon Thomas	
Surname	Barriball	
3	Liquidator's address	
Building name/number	10 St Helen's Road	
Street		
Post town	Swansea	
County/Region		
Postcode	SA1AW	
Country		
4	Liquidator's name •	
Full forename(s)	Helen	Other liquidator Use this section to tell us about
Surname	Whitehouse	another liquidator.
5	Liquidator's address @	
Building name/number	10 St Helen's Road	② Other liquidator
Street		Use this section to tell us about another liquidator.
Post town	Swansea	
County/Region		
Postcode	S A 1 4 A W	
Country		

LIQ13
Notice of final account prior to dissolution in MVL

6	Final account	
	☑ I have delivered the final account of the winding up to the members in accordance with Section 94(2) and attach a copy.	
7	Sign and date	
Liquidator's signature	Signature X	
Signature date	$\begin{bmatrix} 1 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} m & m & m \\ 2 & 0 & 0 \end{bmatrix} \begin{bmatrix} y & y \\ 2 & 0 & 0 \end{bmatrix} \begin{bmatrix} y & y \\ 2 & 0 & 0 \end{bmatrix}$	

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a guery on the form. The contact information you give will be visible to searchers of the public record.

Contact name	Simon Thomas Barriball				
Company name	McAlister & Co Insolvency				
	Practitioners Limited				
Address	10 St Helen's Road				
	Swansea				
Post town	SA1 4AW				
County/Region					
Postcode					
Country					
DX					
Telephone	03300563600				

Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

Important information

All information on this form will appear on the public record.

■ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

PARPOST HOLDINGS LTD

(In Liquidation)

Joint Liquidators' Abstract of Receipts & Payments From 14 October 2019 To 10 December 2021

	•		Declaration of Solvency
4	£		£
		ASSET REALISATIONS	
	363,292.27	Cash at Bank	365,225.00
363,292.27			
		COST OF REALISATIONS	
	360.00	Specific Bond	(360.00)
	1,500.00	Liquidator's Fee	(1,500.00)
	12.50	Data Search	(13.00)
	240.00	Statutory Advertising	(240.00)
	195.00	Bank Charges	(250.00)
(2,307.50			
		DISTRIBUTIONS	
	360,984.77	Ordinary Shareholders	
(360,984.77			
NII			362,862.00
		REPRESENTED BY	
422.50		Vat Receivable	
(422.50		Vat Control Account	
NII			
	5,		
on Thomas Barriba	Sin		

Joint Liquidator

PARPOST HOLDINGS LTD ("the Company") Members' Voluntary Liquidation (MVL)

Registered number: 06975924

Joint Liquidators' Final Account for the Period 14 October 2019 to 10 December 2021

Helen Whitehouse and I, of McAlister & Co Insolvency Practitioners Limited, are the Joint Liquidators of the Company and this is our Final Account concerning the Liquidation of the Company.

Key highlights of this report

A summary of the key information contained within this report is as follows:

- Assets realised total £363,292.27
- Cash distributions to members total £360,984.77
- ➤ On 14 October 2019, a resolution was passed by the members that the liquidator be paid £1,500 plus VAT for their services in the winding up. The sum of £1,500 plus VAT has been paid in full from the liquidation funds.

Appendices

The following appendices are attached which should be read in conjunction with this report:

Appendix 1 Statutory Information

Appendix 2 Summary of Joint Liquidators' Activities

Appendix 3 Final Receipts and Payment Account (Receipts and Payments are shown net of VAT)

Joint Liquidators' actions during the period

During the Liquidation I have realised the following company assets:

Cash at Bank

The Declaration of Solvency estimated the sum of £365,225 would be realisable. Following my appointment, a total of £363,292.27 was actually received from the bank.

Total Assets

As detailed in the attached receipts and payments account, in total assets totalling £363,292.27 have been realised.

Payments to Creditors

There were no creditors identified on the Declaration of Solvency and no creditors have since been identified.

Distributions to Members

Distributions have been made to shareholders in the form of cash and by way of an assignment of assets, known as a distribution in specie. Details of the distributions to each shareholder are as follows:

Member and Shareholding		Cash	Assets	Value of	Total Value of
		Distribution (£)	Distributed in	Distribution in	Distribution
			Specie	Specie (£)	(£)
Mr G Daily	36,702	63,088.62		-	63,088.62
Mr R King	4	6.88		-	6.88
Mr A K N Patel	36,702	63,088.62		-	63,088.62
Mr F Farrow	6,119	10,518.21		-	10,518.21
Dr G Byars	12,234	21,029.53		-	21,029.53
Dr N Dhandsa	36,702	63,088.62		-	63,088.62
Mr T Patel	6,119	10,518.21		-	10,518.21
Mr B Guingand	6,119	10,518.21		-	10,518.21
Dr H Condon	10,836	18,626.46		-	18,626.46
Mr S Dhandsa	12,234	21,029.54		-	21,029.54
Mr H Shingdia	5,000	8,594.72		-	8,594.72
Mr D Byars	12,234	21,029.54		-	21,029.54
Mr R Dhandsa	6,119	10,518.21		-	10,518.21
Dr M Signy	12,234	21,029.54		-	21,029.54
Mr J Robson	5,000	8,594.72		-	8,594.72
Mr D Constantine	5,646	9,705.15		-	9,705.15
		360,984.77	-	-	360,984.77

Liquidators' Remuneration

Numerous activities have been undertaken by ourselves and our staff in dealing with the Liquidation. A number of tasks are generic to every Liquidation and a summarised list of these activities is attached in the Appendices for your information.

Details of our remuneration are set out below. You may also find it useful to read "A Guide To Liquidators' Fees" which can be downloaded from The R3 website at https://www.r3.org.uk/what-we-do/publications/professional/statements-of-insolvency-practice/e-and-w/sip-9-list. Please ensure that you download the correct version for the date of appointment.

On 14 October 2019, a resolution was passed by the members that the liquidator be paid £1,500 plus VAT for their services in the winding up. The sum of £1,500 plus VAT has been drawn from the liquidation funds.

Expenses

Expenses are any payments from the estate which are neither an office holder's (i.e. a liquidator's) fees, nor a distribution to a creditor or a member, for example agents fees, statutory advertising, insurance of assets and bank charges. Expenses also includes disbursements, which are payments which are first met by the office holder, and then reimbursed to the office holder from the estate.

Expenses are divided into those that do not need approval before they are charged to the estate (category 1) and those that do (category 2). Category 1 expenses are payments to persons providing the service to which the expense relates who are not an associate of the office holder. These expenses can be paid without prior approval.

Category 2 expenses are payments to associates, for example a connected firm, or which have an element of shared costs, for example mileage or photocopying where the rates are set by the officeholder's firm. Before being paid, category 2 expenses require approval in the same manner as an office holder's remuneration. Category 2 expenses require approval whether paid directly from the estate or as a disbursement.

No Category 2 have been charged in this matter.

The Joint Liquidators have incurred the following expenses throughout this period:

Expense	Paid in the liquidation period (£)	Incurred Expenses yet to be paid (£)	Total Cost (£)
CATEGORY 1			
Data Search	12.50	-	12.50
Bank Charges	195.00	-	195.00
Bond	360.00	-	360.00
TOTAL	567.50	-	567.50

The Joint Liquidators' Receipts and Payments account itemises those expenses discharged during the period and to date.

Members' Further Information

As a member if you require any further information with regard to any aspect of this report or our fees and expenses, please do not hesitate to contact us and we will do our best to assist you accordingly.

If you are not satisfied with our response, you have the right to request further information from us with regard to our remuneration and expenses, with either the permission of the court, or with a collective request from 5% of the total voting rights of all the members having the right to vote at general meetings of the company. This request must be made within 21 days of receipt of this report.

Further, members have the right to apply to court to challenge the amount of, or the basis of, our remuneration and expenses, with either the permission of the court or with a collective request from 10% of the total voting rights of all members have the right to vote at general meetings of the company. This application must be made within 8 weeks of receipt of this report.

Conclusion

Should you require any further information regarding the Liquidation, or have any objection to our release as Joint Liquidators please contact this office and we will be happy to assist as appropriate.

In the event of no objections the Joint Liquidators' release will be granted at the final meeting and will be effective from the date we send the account of the final meeting to the Registrar of Companies. The company will be dissolved three months after registration of that account and the Company's books and records will be destroyed one year after dissolution

Simon Barriball, Joint Liquidator 10 December 2021

PARPOST HOLDINGS LTD - Statutory Information

Company Details

Company Name:	PARPOST HOLDINGS LTD
Company Number:	06975924
Date of Incorporation:	29 July 2009
Principal Trading Activity:	Other amusement and recreation activities not elsewhere classified
Current Registered Office:	10 St Helens Road, Swansea, SA1 4AW
Former Registered Office:	Highland House, Albert Drive, Burgess Hill, RH15 9TN

Appointment Details

Joint Liquidators:	Simon Thomas Barriball and Helen Whitehouse				
Address:	McAlister & Co Insolvency Practitioners Limited, 10 St Helen's Road, Swansea, SA1 4AW				
Date of Appointment:	14 October 2019				
Appointment made by:	Members				
Actions of Joint Liquidators:	Any act required or authorised under any enactment to be done by a Liquidator may be done by either or both of the Liquidators acting jointly or alone				

Summary of Joint Liquidators' Activities

There are a number of activities that are generic to every Members' Voluntary Liquidation and a summarised list of these activities is detailed below.

Staff of different levels were involved in these activities dependent upon the level of experience required in order to keep costs to an appropriate level.

Administration

- Filing the relevant notices upon appointment
- Circulating notices to creditors, members, employees and other stakeholders advising of the appointment
- Regular case reviews
- Reviewing the circumstances of the case to determine the appropriate strategy

Realisation of assets

- Instruction of, and correspondence with, agents and lawyers with regarding to the valuation and disposal of assets
- · Safeguarding assets
- · Uplifting of company documents
- · Obtaining adequate insurance
- · Liaising with, and providing information to, potential purchasers of assets
- Registering relevant notices with Land Registry as appropriate
- · Dealing with outstanding pre appointment HMRC returns

Creditors

- · Maintaining a list of creditor claims
- · Dealing with Retention of Title claims
- · Advertising for claims
- Agreement of claims
- · Issue of notice of intended dividend
- · Payment of dividends

Cashiering

- · Opening an appropriate bank account
- Obtaining a specific bond
- · Monthly bank statement reconciliations
- Dealing with receipts into the account
- Dealing with payments out of the account
- Closing bank accounts
- Post appointment Corporation Tax returns
- Post appointment VAT returns

PARPOST HOLDINGS LTD (In Liquidation) Joint Liquidators' Summary of Receipts and Payments

RECEIPTS	Declaration of Solvency	From 14/10/2019 To 13/10/2021	From 14/10/2021 To 10/12/2021	Total
	(£)	(£)	(£)	(£)
Cash at Bank	365,225.00	363,292.27	0.00	363,292.27
		363,292.27	0.00	363,292.27
PAYMENTS				
Specific Bond	(360.00)	360.00	0.00	360.00
Liquidator's Fee	(1,500.00)	1,500.00	0.00	1,500.00
Data Search	(13.00)	12.50	0.00	12.50
Statutory Advertising	(240.00)	240.00	0.00	240.00
Bank Charges	(250.00)	195.00	0.00	195.00
Ordinary Shareholders		360,984.77	0.00	360,984.77
		363,292.27	0.00	363,292.27
Net Receipts/(Payments)		0.00	0.00	0.00
MADE UP AS FOLLOWS				
		0.00	0.00	0.00
		0.00	0.00	