



Companies House

— for the registrar —

Please complete in typescript,
or in bold black capitals.

CHWP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number 06945256

Company Name in full IEXERCISE LIMITED

Date of appointment Day Month Year 1 5 0 9 2 0 0 9
†Date of Birth Day Month Year 1 2 0 2 1 9 5 8

Appointment form

Appointment as director ☒ as secretary ☐

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion appear on reverse.

NAME *Style / Title Mr

*Honours etc

Forename(s) Kevin

Surname Maddison

Previous Forename(s)

Previous Surname(s)

†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985

†† Usual residential address

Bay Cottage,

Post town

Sunderland Bridge

Postcode

DH6 5HD

County / Region

Co Durham

Country

†Nationality

British

†Business occupation

Director

†Other directorships (additional space overleaf)

ROPUK Foundation, ROPUK After Care Limited,

Consent signature

I consent to act as ** director / secretary of the above named company

Date

25 Sept 09

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date

25 SEPT 09

(*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the

Baines Jewitt Chartered Accountants, Barrington House,

41-45 Yarm Lane, Stockton on Tees. TS18 3EA

Tel 01642 632032

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 139 Fountainbridge, Edinburgh, EH3 9FF
for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh 2

FRIDAY



PC1

P28KUDRH

02/10/2009

COMPANIES HOUSE

47

Company Number

06945256

† Directors only.

† Other directorships

Roseberry Overseas Property Limited,

Root Cause Consultancy Limited.

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.