

REGISTERED NUMBER: 06915620 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS
FOR THE PERIOD 26 MAY 2009 TO 31 JULY 2010

FOR
VT FITNESS LIMITED

**REGISTRAR
OF
COMPANIES
COPY**



*Rawlinson
Pryde & Partners*
Chartered Certified Accountants

VT FITNESS LIMITED (REGISTERED NUMBER: 06915620)

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FOR THE PERIOD 26 MAY 2009 TO 31 JULY 2010

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VT FITNESS LIMITED

COMPANY INFORMATION
FOR THE PERIOD 26 MAY 2009 TO 31 JULY 2010

DIRECTORS:

D Henrickson
P Henrickson

SECRETARY:

D Henrickson

REGISTERED OFFICE:

Unit 1, Union Park
Triumph Way
Woburn Road Industrial Estate
Bedford
Bedfordshire
MK42 7QB

REGISTERED NUMBER:

06915620 (England and Wales)

ACCOUNTANTS:

Rawlinson Pryde and Partners
Argent House
5 Goldington Road
Bedford
Bedfordshire
MK40 3JY

VT FITNESS LIMITED (REGISTERED NUMBER: 06915620)

ABBREVIATED BALANCE SHEET
31 JULY 2010

| | Notes | £ |
|--|-------|----------|
| CURRENT ASSETS | | |
| Cash at bank | | 830 |
| CREDITORS | | |
| Amounts falling due within one year | | 24,820 |
| NET CURRENT LIABILITIES | | (23,990) |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | (23,990) |
| CAPITAL AND RESERVES | | |
| Called up share capital | 3 | 80 |
| Profit and loss account | | (24,070) |
| SHAREHOLDERS' FUNDS | | (23,990) |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 July 2010

The members have not required the company to obtain an audit of its financial statements for the period ended 31 July 2010 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

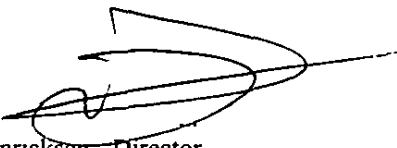
- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on
by

20/9/10

and were signed on its behalf


D Henrickson - Director

The notes form part of these abbreviated accounts

VT FITNESS LIMITED (REGISTERED NUMBER: 06915620)

NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE PERIOD 26 MAY 2009 TO 31 JULY 2010

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents fees received net of value added tax

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Plant and machinery - 25% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

2 TANGIBLE FIXED ASSETS

| | Total £ |
|-----------------------|-------------|
| COST | |
| Additions | 23,284 |
| Disposals | (23,284) |
| | <hr/> |
| At 31 July 2010 | - |
| | <hr/> |
| NET BOOK VALUE | |
| At 31 July 2010 | - |
| | <hr/> <hr/> |

3 CALLED UP SHARE CAPITAL

| Allotted, issued and fully paid Number | Class | Nominal value £1 | £ |
|---|----------|------------------------|-------------|
| 80 | Ordinary | | 80 |
| | | | <hr/> <hr/> |

80 Ordinary shares of £1 each were allotted and fully paid for cash at par during the period

4 TRANSACTIONS WITH DIRECTORS

During the period D Hendricks and P Hendricks each introduced £15,000 into the business. The balance remaining as at 31st July 2010 was £11,960 for each of the directors