In accordance with Section 619, 621 & 689 of the Companies Act

# **SH02**



Notice of consolidation, sub-division, redemption of shares or re-conversion of stock into shares

1	What this form is for
	You may use this form to give notice
	of consolidation, sub-division,
	redemption of shares or
	re-conversion of stock into shares

X What this form is NOT for You cannot use this form to gi notice of a conversion of share stock

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					С	OMPANIES HOUSE
1	Company detai	İs		<u> </u>		
Company number	0 6 8 8 9 8 0 9			g in this form se complete in typescript or in		
Company name in full	APM Healthc	care Limited			bold black capitals	
					All fields are mandatory unless specified or indicated by *	
2	Date of resoluti	on				
Date of resolution		72/0	y   y			
3	Consolidation					
Please show the ame	endments to each cl	ass of share.				
		Previous share structure		New share structure		
Class of shares (E g Ordinary/Preference etc.)		Number of issued shares	Nominal value of each share	Number of issued shares		Nominal value of each share
•		-				
		1				
4	Sub-division					
Please show the ame	endments to each cl	ass of share				
		Previous share structure		New share structure		
Class of shares (E.g. Ordinary/Preference of	etc)	Number of issued shares	Nominal value of each share	Number of issued	shares	Nominal value of each share
Ordinary		100	1.00	100000		0.001
5	Redemption			1		
<del></del>	•	nal value of shares that	haya baan radaamad			
Only redeemable sha			nave peen redeemed			
Class of shares (E.g. Ordinary/Preference	etc)	Number of issued shares	Nominal value of each share			

Notice of consolidation, sub-division, redemption of shares or re-conversion of stock into shares  $% \left( 1\right) =\left( 1\right) +\left( 1\right) +$ 

6	Re-conversion	-				
Please show the class number and nominal value of shares following re-conversion from stock						
	New share structure					
Value of stock	alue of stock Class of shares (E.g. Ordinary/Preference		Number of issued shares	Nominal value of each share		
	-					
	Statement of capital					
	Section 7 (also Section 8 and Section 9 if appropriate) should reflect the company's issued capital following the changes made in this form					
7	Statement of capit	al (Share capital in p	ound sterling (£))			
		ch share classes held in mplete Section 7 and t				
Class of shares (E.g. Ordinary/Preference el	tc)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares 2	Aggregate nominal value 3	
Ordinary		0.001	0.00	100000	£ 100.00	
					£	
					£	
					£	
			Totals	100000	£ 100.00	
8	Statement of capit	al (Share capital in c	other currencies)			
	able below to show any	y class of shares held in urrency	other currencies			
Currency						
Class of shares (E g Ordinary / Preference	etc)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares 2	Aggregate nominal value 3	
			Totals			
Currency						
Class of shares (E g Ordinary/Preference etc.)		Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares 2	Aggregate nominal value 3	
			<u> </u>			
			Totals			
Including both the nominal share premium     Total number of issued	·	Number of shares issued nominal value of each sh	nare Ple	ntinuation pages ase use a Statement of Capit ge if necessary	al continuation	

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9	Statement of capital (Totals)		<u></u>		
	Please give the total number of shares and total aggregate nominal value of issued share capital	0	Total aggregate nominal value Please list total aggregate values in different currencies separately For		
Total number of shares	100000	]	example £100 + €100 + \$10 etc		
Total aggregate nominal value	£100 00				
10	Statement of capital (Prescribed particulars of rights attached to shares	) @			
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Section 7 and Section 8.	0	Prescribed particulars of rights attached to shares The particulars are a particulars of any voting rights,		
Class of share	Ordinary		including rights that anse only in certain circumstances,		
Prescribed particulars	One vote per member on a show of hands and one vote per share on a poll Right to dividends.		b particulars of any rights, as respects dividends, to participate in a distribution,     c particulars of any rights, as respects capital, to participate in a		
	Right to participate in a winding up a pro rata to shareholding.		distribution (including on winding up), and d whether the shares are to be redeemed or are liable to be redeemed at the option of the		
	Shares are not redeemable.		company or the shareholder and any terms or conditions relating to redemption of these shares A separate table must be used for		
Class of share			each class of share Please use a Statement of capital		
Prescribed particulars			continuation page if necessary		
Class of share					
Prescribed particulars					
	1	1			

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Class of share		Prescribed particulars of rights attached to shares
Prescribed particulars		The particulars are a particulars of any voting rights, including rights that anse only in certain circumstances, b particulars of any rights, as respects dividends, to participate in a distribution, c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and d whether the shares are to be redeemed or are liable to be redeemed at the option of the
Class of share Prescribed particulars		company or the shareholder and any terms or conditions relating to redemption of these shares
riescribeu paruculais		A separate table must be used for each class of share Please use a Statement of capital continuation page if necessary
11	Signature	
Signature	This form may be signed by Director ②, Secretary, Person authonsed ③, Administrator, Administrative Receiver, Receiver, Receiver manager, CIC manager	Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership  Person authorised Under either section 270 or 274 of the Companies Act 2006

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Presenter information	Important information			
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	Please note that all information on this form will appear on the public record.			
Visible to Searchers of the public record	Where to send			
Contact name Caroline Soulsby	You may return this form to any Companies House			
Company name Lee & Priestley LLP	address, however for expediency we advise you to return it to the appropriate address below:			
Address 10-12 East Parade	For companies registered in England and Wales. The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff			
Post town Leeds	For companies registered in Scotland <sup>1</sup> The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,			
CountyRegion West Yorkshire	139 Fountainbridge, Edinburgh, Scotland, EH3 9FF			
Postcode  L S 1 2 A J	DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)			
County England	For companies registered in Northern Ireland:			
DX DX· 14074 Leeds Park Square Telophone 0845 129 2300	The Registrar of Companies, Companies House, First Floor, Waterfront Plaza, 8 Laganbank Road, Belfast, Northern Ireland, BT1 3BS DX 481 N R Belfast 1			
✓ Checklist				
We may return forms completed incorrectly or	Further information			
with information missing.	For further information, please see the guidance notes			
Please make sure you have remembered the following:	on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk			
The company name and number match the information held on the public Register	This form is available in an			
You have entered the date of resolution in	alternative format. Please visit the			
Section 2  Where applicable, you have completed Section 3, 4,	forms page on the website at			
5 or 6	www.companieshouse.gov.uk			
You have completed the statement of capital You have signed the form				