

288b

A1 Company Services Limited

Please complete in typescript,
or in bold black capitals.

CHFP091

**Terminating appointment as director or secretary
(NOT for appointment (use Form 288a) or change of
particulars (use Form 288c))**

Company Number

06843490

Company Name in full

PRIMEOVERS PILATES SOLUTIONS LIMITED

Date of termination of appointment

Day	Month	Year
1	1	0
1	3	2
0	0	9

as director



as secretary



Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes.

NAME

*Style / Title

Mrs

*Honours etc

Please insert
details as
previously
notified to
Companies House.

Forename(s)

Barbara

Surname

Kahan

**Date of birth

Day	Month	Year
0	7	0
6	1	9
3	1	

A serving director, secretary etc must sign the form below.

Signed

B Kahan

Date

11/03/2009

(*** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to contact
you if there is a query on the form. The
contact information that you give will be
visible to searchers of the public record.

A1 COMPANY SERVICES LIMITED - OUR REF 210567SF

788 - 790 Finchley Road, London, NW11 7TJ

Tel 02084589637

DX number

92002

DX exchange

TEMPLE FORTUNE



AJ4S7859

A44

14/03/2009

359

COMPANIES HOUSE

When you have completed and signed the form please send it to the
Registrar of Companies at :

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland **DX 235 Edinburgh or LP - 4 Edinburg 2**

SATURDAY