



Companies House

AR01 (ef)

Annual Return



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Company Name: **ADAMABEL LTD**

Company Number: **06838103**

Date of this return: **05/03/2014**

SIC codes: **68100**
68209

Company Type: **Private company limited by shares**

Situation of Registered Office: **58 HAROLD ROAD**
LONDON
SE19 3SW

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR PETER THOMAS**

Surname: **MEDHURST**

Former names:

Service Address: **58 HAROLD ROAD
LONDON
SE19 3SW**

Company Director **1**

Type: **Person**
Full forename(s): **MR BARRY WAYNE**

Surname: **GOWER**

Former names:

Service Address: **58 HAROLD ROAD**
 LONDON
 SE19 3SW

Country/State Usually Resident: **ENGLAND**

Date of Birth: **11/06/1949** *Nationality:* **CANADIAN**
Occupation: **PSYCHOTHERAPIST**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
ALL SHARES EQUAL IN ALL RESPECTS			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/03/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **BARRY GOWER**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.