

**Registered Number 06805399**

**SELECT HEALTH AND SAFETY LTD**

**Abbreviated Accounts**

**31 December 2015**

## Abbreviated Balance Sheet as at 31 December 2015

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		<i>£</i>	<i>£</i>
<b>Fixed assets</b>			
Tangible assets	2	21,044	15,290
		<u>21,044</u>	<u>15,290</u>
<b>Current assets</b>			
Debtors		100,276	103,965
Cash at bank and in hand		132,026	95,193
		<u>232,302</u>	<u>199,158</u>
<b>Creditors: amounts falling due within one year</b>		<u>(67,062)</u>	<u>(74,807)</u>
<b>Net current assets (liabilities)</b>		<u>165,240</u>	<u>124,351</u>
<b>Total assets less current liabilities</b>		<u>186,284</u>	<u>139,641</u>
<b>Creditors: amounts falling due after more than one year</b>		<u>(3,489)</u>	<u>(5,507)</u>
<b>Total net assets (liabilities)</b>		<u>182,795</u>	<u>134,134</u>
<b>Capital and reserves</b>			
Called up share capital	3	4	4
Profit and loss account		182,791	134,130
<b>Shareholders' funds</b>		<u>182,795</u>	<u>134,134</u>

- For the year ending 31 December 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 30 September 2016

And signed on their behalf by:

**Mr D Penty, Director**

**Mr I Smith, Director**

## Notes to the Abbreviated Accounts for the period ended 31 December 2015

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Turnover policy**

Turnover represents net invoiced sales for training and consultancy services provided.

**Tangible assets depreciation policy**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 15% on reducing balance

Motor vehicles - 25% on cost

## 2 Tangible fixed assets

	£
<b>Cost</b>	
At 1 January 2015	23,429
Additions	9,328
Disposals	-
Revaluations	-
Transfers	-
At 31 December 2015	<u>32,757</u>
<b>Depreciation</b>	
At 1 January 2015	8,139
Charge for the year	3,574
On disposals	-
At 31 December 2015	<u>11,713</u>
<b>Net book values</b>	
At 31 December 2015	<u>21,044</u>
At 31 December 2014	<u>15,290</u>

## 3 Called Up Share Capital

Allotted, called up and fully paid:

	2015	2014
	£	£
4 Ordinary shares of £1 each	4	4

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the Companies Act 2006.