## Unaudited Financial Statements for the Year Ended 31 January 2020

<u>for</u>

Aspire and Excel Community Interest Company

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A13 29/10/2020 #79
COMPANIES HOUSE

## Aspire and Excel Community Interest Company

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## Aspire and Excel Community Interest Company (Registered number: 06781730)

Balance Sheet 31 January 2020

|   | 31.1.20    | £     | 31.1.19<br>£ | £   |
|---|------------|-------|--------------|-----|
| FIXED ASSETS                                  | . <i>L</i> | 140   | L            | 187 |
| CURRENT ASSETS                                | 1,081      |       | 1,162        |     |
| CREDITORS Amounts falling due within one year | (1,223)    |       | (1,043)      |     |
| NET CURRENT (LIABILITIES)/ASSETS              |            | (142) |              | 119 |
| TOTAL ASSETS LESS CURRENT<br>LIABILITIES      | :<br>:     | (2)   |              | 306 |
| CAPITAL AND RESERVES                          | =          | (2)   |              | 306 |

### NOTES TO THE FINANCIAL STATEMENTS

### 1. STATUTORY INFORMATION

Aspire and Excel Community Interest Company is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number:

06781730

Registered office:

31 Gladstone Road

Sparkbrook Birmingham B11 1LP

### 2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was 2 (2019 - 2).

Aspire and Excel Community Interest Company (Registered number: 06781730)

Balance Sheet - continued 31 January 2020

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2020 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 23 October 2020 and were signed on its behalf by:

Mr N Qureshi - Director

PO 10139000/15

# **CIC 34**

## **Community Interest Company Report**

|   | For official use<br>(Please leave blank) |   |
|---|--|---|
| Please<br>complete in<br>typescript, or<br>in bold black<br>capitals. | • -                                      | ASPIRE AND EXCEL COMMUNITY INTEREST COMPANY |
|   | Company Number                           | 06781730                                    |
|   | Year Ending                              | 31/01/20                                    |
|   |  | (The date format is required in full)       |

with the company name entered on the

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

# (N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The focus of activity has continued in developing social capital and local infrastructure support to provide meaningful services for elders and carers. This is based upon consultation and conversations with stakeholders who identified support for vulnerable disadvantage elders is great within the BAME community. Support was provided to local community groups to provide them with the knowledge and understanding of developing new and current services.

There has been effective partnership development with groups having a sustainable model of delivering services and support for the local community. Simple pilots have been tried and tested involving collaboration and joint working that has resulted in activities supporting older people in welfare and wellbeing.

There has also been success of organisations working together, and in particular, larger organisations supporting and nurturing smaller groups. This has developed new project activity by building relationship and understanding how groups and organisations can work together providing a range of support for elders and carers.

(If applicable, please just state "A social audit report covering these points is attached")...

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

A number of consultations and questionnaires were taken with the support of local groups. The objective of the consultations was two-fold;

- 1. What are the barriers facing older people from BAME communities?
- 2. How can we improve services for elders?

The outcome of the results provided evidence of the current circumstances affecting not only older people but also their families and close relationships.

Isolation was a common factor with many suffering financial squeeze on their circumstances. This led to local groups and organisations developing a support mechanism that provide advice but also encourage social activities.

To understand the market and geographical reach, research was also undertaken to identify what services were available by agencies for supporting older people and how access and engagement within BAME communities was achieved. The finding demonstrated that take up of services from BAME communities were extremely low and not reflecting the demographics of the area.

This led local organisations to challenge this finding, and many found a glass ceiling with stakeholders and not getting a response to their concern. This matter has been taken further and hope some positive action can be achieved.

A notable factor was also identified, many elders feared for the welfare of their children and grandchildren living in poverty with no opportunities and caused significant distress to many elders, especially from large families.

This will be a priority for the next year to identify social and economic barriers facing older people and the impact on their wellbeing and their families.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

### No remuneration was received

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

### No Transfers of Assets

(Please continue on separate continuation sheet if necessary.) ·

### PART 5 – SIGNATORY (Please note this must be a live signature)

a Signed Date 26/10/20

The original report must be signed by a director or secretary of the company

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Office held (delete as appropriate) Director/Secretary

Applications will be rejected if this is information is incorrect.

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|--|--|-------------|--|---|--|
| You do not have to give any contact information in the box opposite but if   |  |             |  |   |  |
| you do, it will help the Registrar of  | :  |             |  | ; |  |
| a query on the form. The contact   |  |             |  |   |  |
| you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public |  | Tel         |  |   |  |
| record.  | DX Number  | DX Exchange |  |   |  |

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)