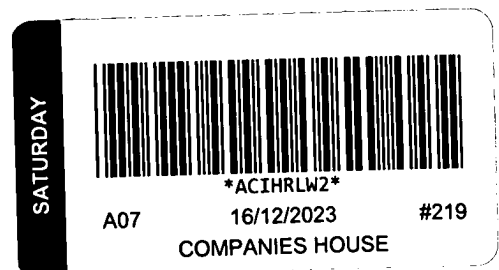


REGISTERED NUMBER: 06775916 (England and Wales)

Unaudited Financial Statements for the Year Ended 31 March 2023

for

The Ministry Of Parenting CIC



The Ministry Of Parenting CIC (Registered number: 06775916)

**Contents of the Financial Statements
for the Year Ended 31 March 2023**

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J M Gordon
S Brazier
D Barnes

DIRECTORS:

Door 4
Nags Corner
Wiston Road
Nayland
Suffolk
CO6 4LT

REGISTERED OFFICE:

06775916 (England and Wales)

REGISTERED NUMBER:

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

ACCOUNTANTS:

**Chartered Certified Accountants' Report to the Board of Directors
on the Unaudited Financial Statements of
The Ministry Of Parenting CIC**

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements. In accordance with the Companies Act 2006, the company is only required to file a Balance Sheet. Readers are cautioned that the Income Statement and certain other primary statements and the Report of the Directors are not required to be filed with the Registrar of Companies.

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Ministry Of Parenting CIC for the year ended 31 March 2023 which comprise the Income Statement, Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://www.accaglobal.com/rulebook>.

This report is made solely to the Board of Directors of The Ministry Of Parenting CIC, as a body, in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of The Ministry Of Parenting CIC and state those matters that we have agreed to state to the Board of Directors of The Ministry Of Parenting CIC, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that The Ministry Of Parenting CIC has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Ministry Of Parenting CIC. You consider that The Ministry Of Parenting CIC is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Ministry Of Parenting CIC. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

JTF

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

11 December 2023

This page does not form part of the statutory financial statements

Balance Sheet
31 March 2023

		31.3.23	31.3.22
	Notes	£	£
FIXED ASSETS			
Tangible assets	4	4,769	4,182
CURRENT ASSETS			
Debtors	5	11,124	26,190
Cash at bank and in hand		230,763	70,785
		<u>241,887</u>	<u>96,975</u>
CREDITORS			
Amounts falling due within one year	6	212,847	77,830
NET CURRENT ASSETS		<u>29,040</u>	<u>19,145</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>33,809</u>	<u>23,327</u>
PROVISIONS FOR LIABILITIES		<u>906</u>	<u>795</u>
NET ASSETS		<u><u>32,903</u></u>	<u><u>22,532</u></u>
RESERVES			
Retained earnings		<u>32,903</u>	<u>22,532</u>
		<u><u>32,903</u></u>	<u><u>22,532</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:


- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 11 December 2023 and were signed on its behalf by:

A handwritten signature in black ink, appearing to be 'J M Gordon', written in a cursive style.

J M Gordon - Director

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. **STATUTORY INFORMATION**

The Ministry Of Parenting CIC is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Furniture and fixtures	- 10% on cost
Office equipment	- 25% on cost

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 2 (2022 - 2).

4. **TANGIBLE FIXED ASSETS**

	Plant and machinery etc £
COST	
At 1 April 2022	20,562
Additions	1,616
Disposals	(150)
At 31 March 2023	<u>22,028</u>
DEPRECIATION	
At 1 April 2022	16,380
Charge for year	1,029
Eliminated on disposal	(150)
At 31 March 2023	<u>17,259</u>
NET BOOK VALUE	
At 31 March 2023	<u>4,769</u>
At 31 March 2022	<u>4,182</u>

5. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23 £	31.3.22 £
Trade debtors	9,103	24,023
Other debtors	2,021	2,167
	<u>11,124</u>	<u>26,190</u>

6. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23 £	31.3.22 £
Trade creditors	1,703	1,417
Taxation and social security	5,850	4,237
Other creditors	205,294	72,176
	<u>212,847</u>	<u>77,830</u>

7. **LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.23 £	31.3.22 £
Within one year	<u>2,628</u>	<u>2,430</u>

000305/15.

CIC 34

Community Interest Company Report

*Please
complete in
typescript, or
in bold black
capitals.*

For official use
(Please leave blank)

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**Company Name in
full**

The Ministry of Parenting CIC

Company Number

O6775916

Year Ending

31/03/2023

(The date format is required in full)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

From April 2022 to March 2023, we continued to provide group, workshop and one to one programme interventions to families and young people in North Essex. We continued with providing professional training courses to practitioners to equip them with the knowledge of how to successfully run and deliver parenting programmes and parenting support groups.

Parents and Young people. We implemented:

- Two Incredible Years ADHD parenting groups.
- An Incredible Years School Aged parenting group (prevention model) to the Army community
- Ran two termly FLASH (families learning about self-harm) parenting groups.
- Ran two termly TEEN FLASH (TEEN FLASH is a project working with young people aged between 11-16 who are coping with their daily lives by engaging in self-harming behaviours and their parents/or carers), groups.
- We hosted an ADHD workshop to extended family members of the parents who attended the Incredible Years ADHD groups.

We continue to support families via our main website www.theministryofparenting.com and a young people's web site www.teenflash.co.uk . 4,200 people visited TEEN FLASH website between early 2021 and Feb 2023.

Training to Practitioners. From April 2022 to March 2023, we trained 406 professionals. See table A for the breakdown.

- We delivered our face-to-face trainings in Colchester, Peterborough, Cambridge, London, Manchester, Reading, Durham, and Dorset. We also delivered one training in Finland.
- Our online training was hosted by Incredible Years Seattle, and we had professionals from across the UK, across USA, Thailand, Malta, New Zealand, and Hong Kong.
- In addition to the trainings, we also offered Incredible Years and FLASH one to one and peer supervision to professionals.

We continued to develop our Train the Trainer pathway and trained 2 professionals as FLASH trainers, 2 professionals as SHARP trainers. Currently one professional is on the pathway for the SHARPS train the trainer and another professional is on the pathway for the STOP train the trainer.

From the 1st of January 2023, we took a break from running the weekly Incredible Years ADHD and STOP groups and our termly FLASH and TEEN FLASH workshops. The reason for this is, post Covid we have received a very high demand for the Incredible Years ADHD group, the STOP groups, the FLASH and TEEN FLASH workshops from parents and carers from all over Essex and across the UK. We were concerned with parents having to go on a waiting list and having to travel miles to access the groups or workshops. So, we concentrated on the training delivery of the Incredible Years, STOP and FLASH programme and the development of the TEEN FLASH training. Our hope is this will enable more services across the county and country to be equipped to run these groups.

Parents and Young People feedback

Parenting programmes for parents of children with Attention Deficit Hyperactivity Disorder (ADHD). Detailed report on the Incredible Years ADHD groups was submitted in June 2023 (Essex Community Foundation (ECF) Grant A581780, Final Report) and is available on our website www.theministryofparenting.com

FLASH and Teen FLASH.

Full report was submitted to the Lottery who have funded the project for the last five years. Abstract from the case study below, gives a flavour of the positive impact this project had on the 41 Young people who completed the Teen FLASH project.

July 2022 Group Case study – A parents' feedback:

E really did not want to go to the group, and I told her she had to. I had to attend FLASH because of her behaviour so she could lose her Saturdays. When I dropped her off that first Saturday morning we had a difficult morning, she was violent and swearing, threatening to hurt herself, she did not speak to the woman who answered the door to us, (Debbie) just pushed past her and shouted something. I felt worried all day and wondered if I should go and get E. At the end of the day when I collected her, she was a different girl, chatty and calm. I don't know what they did with my E!

Update on E 22 January 2023. Text received from E to Debbie Barnes (Project lead):

Hi Debbie, I don't know if you remember me, but I was in your Teen Flash group back in July and I just wanted to let you know that I have hit 6 months free of self-harm and it's much better than it was and I'm just thanking you and J for that. So, thank you.

Overview report on FLASH is available on our website www.theministryofparenting.com

Training feedback

Trainings delivered have received very positive evaluations. Individual reports are available on our website www.theministryofparenting.com

Table A

Training programme	Target professional population	Number of Professionals trained – Face to face	Number of Professionals trained – Online
FLASH - Families Learning About Self-Harm. 3-day training	For professionals working with parents of children aged 11-16 years who are showing signs or behaviours of self-harming.	42	
STOP - A Supportive Programme for Parents of Teens. 3-day training.	Training Programme for professionals working with parents of children aged 11-16 years.	9	
Pit – STOP (Parent Interactive Toolkit). 1 Day face to face Training or two 3-hour sessions online.	Pit-STOP is a 'one- to-one' parenting programme based on the STOP (Supporting Parents of Teens) parenting programme.	11	
SHARPS Supporting Holistic Approaches-Risk, Parents & Self-Harm. 3-day training	Multi-agency training course that gives professionals an awareness of the key principles of working with young people who self-harm and their families.	45	
Group Facilitation Skills Training. 5-day training	Professionals working with groups, training develop confidence as a facilitator and wider	24	

	<i>understanding of the facilitator role and running groups.</i>		
<i>Incredible Years Baby Training. 2-day training or four 3.15-hour online sessions</i>	<i>For professionals working with parents of babies 0-6 months.</i>	<i>25</i>	<i>16</i>
<i>Incredible Years Pre-School. 3-day training or five 3.15-hour online sessions</i>	<i>For Professionals working with parents of children aged 1 - 6 years. This programme covers both the Toddler and the Pre School programmes.</i>		<i>15</i>
<i>Incredible Years-School Aged.3-day training or five 3.15-hour online sessions</i>	<i>For professionals working with children aged 6 -12 years.</i>	<i>128</i>	<i>27</i>
<i>The Incredible Years Consultation. 1-day training</i>	<i>Training to support professionals trained in the school aged programme to tailor the programme for parents of children with ADHD and ASD</i>	<i>13</i>	
<i>Incredible Years Home-Coaching. 1-day training or two 3.15-hour online sessions.</i>	<i>This one-on-one parent-coach model can be used to deliver the entire programme, or as a supplement for parents attending an Incredible Years group.</i>		<i>29</i>
<i>Parenting Strategies Toolkit. 1 day training or two 4-hour online sessions</i>	<i>Provides professionals with a range of basic practical parenting strategies which they can use in their workplace practice.</i>		<i>22</i>
<i>Total trained</i>		<i>297</i>	<i>109</i>

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

***All parenting groups and workshops** delivered are evaluated by The Ministry of Parenting using a range of measures.*

- *Quantitative – parent numbers attending programmes and age of children they are responsible for; number of referrals; from which agency and demographic information.*
- *Pre-and post-evaluation- every parent is asked to complete pre-and post-evaluations these includes the Strength and Difficulties questionnaires. The Strength and Difficulties questionnaires are processed by the company and are used to give feedback to the parents and/or to the funders.*
- *Qualitative - thank you cards and letters, video supervision for all facilitators and weekly evaluation forms.*

***All trainings** delivered are evaluated by The Ministry of Parenting using a range of measures.*

- *Quantitative – Professionals numbers attending the individual trainings and their job role/title.*
- *Overall training evaluation- every professional is asked to complete a final training questionnaire. The questionnaires are processed by the company and are used to give feedback to the host/commissioner of the training and inform our practice.*
- *Qualitative – During the trainings professionals are asked to verbalize daily their evaluation of the learning they have gained from the training day. We use post-it notes, imagery, postcards, and discussion to aid the professional reflect on the training content, how it will translate in their work setting and on our delivery style.*

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

Total remuneration for Directors = £97,459.

Please note the Directors Jeannie Gordon and Debbi Barnes are also the trainers for the company and are paid remuneration in the form of a monthly employee salary. Remuneration to Directors includes salary, NI, and pension contributions.


PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

No transfer of asset other than for full consideration has been made.

PART 5 – SIGNATORY (Please note this must be a live signature)

The original report must be signed by a director or secretary of the company

Signed



Date

(DD/MM/YY)

14/12/2023

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Jeannie Gordon

Jeannie.gordon@theministryofparenting.com

Tel 01206 562626

DX Number

DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)