

# **INSIDE CONSULTANTS LIMITED**

**Company Registration Number:  
06774843 (England and Wales)**

## **Abbreviated (Unaudited) Accounts**

### **Period of accounts**

**Start date: 01st April 2013**

**End date: 31st March 2014**

**SUBMITTED**

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# **INSIDE CONSULTANTS LIMITED**

## **Company Information for the Period Ended 31st March 2014**

<b>Director:</b>	Mr Michael Gower Mr Colin Siskin Mr Colin Siskin
<b>Company secretary:</b>	Joanne Whitehead
<b>Registered office:</b>	271 High Street  Berkhamsted Hertfordshire HP4 1AA GB-ENG
<b>Company Registration Number:</b>	06774843 (England and Wales)

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# INSIDE CONSULTANTS LIMITED

## Abbreviated Balance sheet As at 31st March 2014

	Notes	2014 £	2013 £
<b>Fixed assets</b>			
Tangible assets:	2	1,614	2,152
<b>Total fixed assets:</b>		<u>1,614</u>	<u>2,152</u>
<b>Current assets</b>			
Debtors:		5,449	11,168
Cash at bank and in hand:		4,500	7,247
<b>Total current assets:</b>		<u>9,949</u>	<u>18,415</u>
<b>Creditors</b>			
Creditors: amounts falling due within one year		43,717	50,976
<b>Net current assets (liabilities):</b>		<u>( 33,768 )</u>	<u>( 32,561 )</u>
<b>Total assets less current liabilities:</b>		<u>( 32,154 )</u>	<u>( 30,409 )</u>
<b>Total net assets (liabilities):</b>		<u><u>( 32,154 )</u></u>	<u><u>( 30,409 )</u></u>

The notes form part of these financial statements

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# INSIDE CONSULTANTS LIMITED

## Abbreviated Balance sheet As at 31st March 2014 continued

	Notes	2014 £	2013 £
<b>Capital and reserves</b>			
Called up share capital:	3	<b>40,500</b>	40,500
Profit and Loss account:		<b>( 72,654 )</b>	( 70,909 )
<b>Total shareholders funds:</b>		<b><u>( 32,154 )</u></b>	<b><u>( 30,409 )</u></b>

For the year ending 31 March 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 22 December 2014

### SIGNED ON BEHALF OF THE BOARD BY:

Name: Mr Michael Gower

Status: Director

The notes form part of these financial statements

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# **INSIDE CONSULTANTS LIMITED**

## **Notes to the Abbreviated Accounts for the Period Ended 31st March 2014**

### **1. Accounting policies**

#### **Basis of measurement and preparation of accounts**

The financial statements have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets and in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008)

#### **Turnover policy**

The turnover shown in the profit and loss account represents revenue recognised by the company in respect of goods and services supplied during the period, exclusive of Value Added Tax and trade discounts.

#### **Tangible fixed assets depreciation policy**

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over its estimated useful life - 25% on cost for Computers Equipment.

#### **Intangible fixed assets amortisation policy**

Intangible fixed assets (including purchased goodwill and patents) are amortised at rates calculated to write off the assets on a straight basis over their estimated useful economic lives, not to exceed twenty years. Impairment of intangible assets is only reviewed where circumstances indicate that the carrying value of an asset may not be fully recoverable.

#### **Valuation information and policy**

Stocks and work -in-progress are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items. Cost includes all direct expenditure and an appropriate proportion of fixed and variable overheads.

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# INSIDE CONSULTANTS LIMITED

## Notes to the Abbreviated Accounts for the Period Ended 31st March 2014

### 2. Tangible assets

	Total
<b>Cost</b>	<b>£</b>
At 01st April 2013:	2,152
At 31st March 2014:	2,152
<b>Depreciation</b>	
Charge for year:	538
At 31st March 2014:	538
<b>Net book value</b>	
At 31st March 2014:	1,614
At 31st March 2013:	2,152

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# INSIDE CONSULTANTS LIMITED

## Notes to the Abbreviated Accounts for the Period Ended 31st March 2014

### 3. Called up share capital

Allotted, called up and paid

Previous period			<b>2013</b>
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	6,970	1.00	<b>6,970</b>
Preference shares:	33,530	1.00	<b>33,530</b>
Total share capital:			<b><u>40,500</u></b>
Current period			<b>2014</b>
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	6,970	1.00	<b>6,970</b>
Preference shares:	33,530	1.00	<b>33,530</b>
Total share capital:			<b><u>40,500</u></b>

Under Companies House guidelines - preference shares in this instance are share premium

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