



For further information, please
refer to our guidance at
www.gov.uk/companieshouse

1 Company details

Company number 0 6 7 4 4 4 0 6

Company name in full State Of Mind Fitness Limited

→ Filling in this form

Please complete in typescript or in
bold black capitals.

2 Liquidator's name

Full forename(s) Michael

Surname Solomons

3 Liquidator's address

Building name/number 82 St John Street

Street

Post town London

County/Region

Postcode E C 1 M 4 J N

Country

4 Liquidator's name ①

Full forename(s) Milan

Surname Vuceljic

① Other liquidator

Use this section to tell us about
another liquidator.

5 Liquidator's address ②

Building name/number 82 St John Street

Street

Post town London

County/Region

Postcode E C 1 M 4 J N

Country

② Other liquidator

Use this section to tell us about
another liquidator.

NDISC

Notice of disclaimer under section 178 of the Insolvency Act 1986

6

Notice of disclaimer

☒ Notice of disclaimer is attached

7

Sign and date

Liquidator's signature

Signature

X



X

Signature date

^d

^d

0

9

^m

^m

0

6

^y

^y

^y

^y

2

0

2

3

NDISC

Notice of disclaimer under section 178 of the Insolvency Act 1986



Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name **Fern Taylor**

Company name **Moorfields**

Address **82 St John Street**

Post town **London**

County/Region

Postcode **E C 1 M 4 J N**

Country

DX

Telephone **020 7186 1144**



Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.



Important information

All information on this form will appear on the public record.



Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.



Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

Rule
19.2,19.3,19.6

Notice of Disclaimer under section 178 of the Insolvency Act 1986

Company Name: State Of Mind Fitness Limited
Company Number: 06744406
Former Company Name(s): Go Commando! UK LTD
Trading Name(s): State of Mind Fitness
Registered Office: 82 St John Street, London, EC1M 4JN
Principal Trading Address: Galena Arches, 82 Galena Rd, London W6 0LX

Names of Liquidator: Michael Solomons and Milan Vuceljic
Address of Liquidator: 82 St John Street, London, EC1M 4JN
IP Number: 9043 and 20172
Date of Appointment: 26 May 2023
Appointed By: The members and creditors
Contact Name: Fern Taylor
Email Address: fern.taylor@moorfieldscr.com
Telephone Number: 020 7186 1151

PART 1

(a) Insert name of liquidator (a) We, Michael Solomons and Milan Vuceljic
the liquidator of the above-named company, disclaim all the company's interest in:

(b) Insert full particulars of property – see notes following part 2 (b) Leasehold property at Arch 82 Galena Road, Hammersmith, London W6 0LX

Registered Title Number: BGL120598

Dated: 9 June 2023

Signed



Michael Solomons

82 St John Street, London EC1M 4JN

PART 2

(c) Insert name and
address of person
to be sent copy
notice under Rules
19.2 to 19.6

To: (c)

Transport Trading Limited for London Underground Limited, The Registrar of Companies,
HM Land Registry

(d) Insert date on
which notice of
disclaimer signed

This is a copy notice of disclaimer signed by the liquidator(s) of the above-named
company on (d) 9 June 2023

The attention of a recipient of this notice is drawn to sections 178-182 of the
Insolvency Act 1986 in the case of a winding up.

NOTES:

1. Part 1 is to be completed by the liquidator.
Part 2 is to be completed by or on behalf of the liquidator when sending out copy notices under Rules 19.2 to 19.6.
2. Where the property concerned consists of land or buildings the nature of the interest should also be stated (e.g. whether leasehold, freehold, etc).
3. Under Rule 19.2 a copy notice must be sent to the Registrar of Companies and where the property concerned consists of registered land as defined in section 132 of the Land Registration Act 2002 (i.e. a registered estate or a registered charge), please include the registered title number of the property, if known and a copy of the notice should be sent to the Chief Land Registrar.