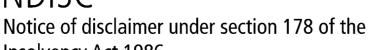
In accordance with Rule 19.2 of the Insolvency (England & Wales) Rules 2016 and Section 178 of the Insolvency Act 1986.

NDISC

Insolvency Act 1986





For further information, please refer to our guidance at www.gov.uk/companieshouse

1	Company details	
Company number	0 6 7 4 4 4 0 6	→ Filling in this form Please complete in typescript or in
Company name in full	State Of Mind Fitness Limited	bold black capitals.
2	Liquidator's name	
Full forename(s)	Michael	
Surname	Solomons	
3	Liquidator's address	
Building name/number	82 St John Street	
Street		
		•
Post town	London	
County/Region		
Postcode	ECIM 4JN	
Country		
4	Liquidator's name •	
Full forename(s)	Milan	Other liquidator Use this section to tell us about
Surname	Vuceljic	another liquidator.
5	Liquidator's address ❷	
Building name/number	82 St John Street	Other liquidator Use this section to tell us about another liquidator.
Street		
		•
Post town	London	•
County/Region		
Postcode	ECIM 4JN	
Country		

NDISC
Notice of disclaimer under section 178 of the Insolvency Act 1986

6	Notice of disclaimer		
	☑ Notice of disclaimer is attached		
7	Sign and date		
Liquidator's signature	Signature	X	
Signature date	$\begin{bmatrix} \frac{1}{0} & \frac{1}{9} & \frac{1}{0} & \frac{1}{6} & \frac{1}{2} & \frac{1}{9} & \frac{1}{9} & \frac{1}{3} \end{bmatrix}$		

NDISC

Notice of disclaimer under section 178 of the Insolvency Act 1986

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	Fern Taylor
Company name	Moorfields
Address	82 St John Street
Post town	London
County/Region	
Postcode	ECIMAJN
Country	
DX	
Telephone	020 7186 1144

✓ Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

Important information

All information on this form will appear on the public record.

■ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

i Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

Notice of Disclaimer under section 178 of the Insolvency Act 1986

Company Name: State Of Mind Fitness Limited

Company Number: 06744406

Former Company Name(s): Go Commando! UK LTD

Trading Name(s): State of Mind Fitness

Registered Office: 82 St John Street, London, EC1M 4JN

Principal Trading Address: Galena Arches, 82 Galena Rd, London W6 0LX

Names of Liquidator: Michael Solomons and Milan Vuceljic Address of Liquidator: 82 St John Street, London, EC1M 4JN

IP Number: 9043 and 20172 Date of Appointment: 26 May 2023 Appointed By: The members and creditors

Contact Name: Fern Taylor

Email Address: fern.taylor@moorfieldscr.com

Telephone Number: 020 7186 1151

PART 1

(a) Insert name of liquidator

(a) We, Michael Solomons and Milan Vuceljic

the liquidator of the above-named company, disclaim all the company's interest in:

(b) Insert full particulars of property – see notes following part (b) Leasehold property at Arch 82 Galena Road, Hammersmith, London W6 0LX

Registered Title Number: BGL120598

Dated: 9 June 2023

Signed

Michael Solomons

82 St John Street, London EC1M 4JN

PART 2

(c) Insert name and address of person to be sent copy notice under Rules 19.2 to 19.6

To: (c)

Transport Trading Limited for London Underground Limited, The Registrar of Companies, HM Land Registry

(d) Insert date on which notice of disclaimer signed

This is a copy notice of disclaimer signed by the liquidator(s) of the above-named company on (d) 9 June 2023

The attention of a recipient of this notice is drawn to sections 178-182 of the Insolvency Act 1986 in the case of a winding up.

NOTES:

- 1. Part 1 is to be completed by the liquidator.
 Part 2 is to be completed by or on behalf of the liquidator when sending out copy notices under Rules 19.2 to 19.6.
- 2. Where the property concerned consists of land or buildings the nature of the interest should also be stated (e.g. whether leasehold, freehold, etc).
- 3. Under Rule 19.2 a copy notice must be sent to the Registrar of Companies and where the property concerned consists of registered land as defined in section 132 of the Land Registration Act 2002 (i.e. a registered estate or a registered charge), please include the registered title number of the property, if known and a copy of the notice should be sent to the Chief Land Registrar.