

Registered number: 06740601

**Better Lives (Northants) Limited**  
**ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 30/11/2016**

**Better Lives (Northants) Limited**

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**The company's registered number is 06740601**

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**BALANCE SHEET AT 30/11/2016**

	Notes	2016 £	2015 £
<b>FIXED ASSETS</b>			
Tangible assets	2	971	478
<b>CURRENT ASSETS</b>			
Debtors (amounts falling due within one year)	3	218	2,293
Cash at bank and in hand		80,295	54,702
		80,513	56,995
<b>CREDITORS: Amounts falling due within one year</b>		36,993	48,343
<b>NET CURRENT ASSETS</b>		43,520	8,652
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		44,491	9,130
<b>CAPITAL AND RESERVES</b>			
Called up share capital	4	4	4
Profit and loss account		44,487	9,126
<b>SHAREHOLDERS' FUNDS</b>		44,491	9,130

For the year ending 30/11/2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

**Approved by the board on 01/03/2017 and signed on their behalf  
by**

Mrs V Bailey  
Director

.....  
Mrs N Masters  
Director

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 30/11/2016**

**1. ACCOUNTING POLICIES**

**1a. Basis Of Accounting**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

**1b. Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and Fittings	reducing balance 25%
Equipment	reducing balance 25%

**1c. Taxation**

Corporation tax payable is provided on taxable profits at the current rates.

Provision is made for deferred taxation in so far as a liability or asset has arisen as a result of transactions that had occurred by the balance sheet date and have given rise to an obligation to pay more tax in the future, or the right to pay less tax in the future. An asset has not been recognised to the extent that the transfer of economic benefits in the future is uncertain. Deferred tax assets and liabilities recognised have not been discounted.

**1d. Turnover**

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

**2. TANGIBLE FIXED ASSETS**

	<b>Fixtures and Fittings £</b>	<b>Equipment £</b>	<b>Total £</b>
<b>Cost</b>			
At 01/12/2015	209	2,236	2,445
Additions	-	817	817
At 30/11/2016	<u>209</u>	<u>3,053</u>	<u>3,262</u>
<b>Depreciation</b>			
At 01/12/2015	178	1,789	1,967
For the year	8	316	324
At 30/11/2016	<u>186</u>	<u>2,105</u>	<u>2,291</u>
<b>Net Book Amounts</b>			
At 30/11/2016	<u>23</u>	<u>948</u>	<u>971</u>
At 30/11/2015	<u>31</u>	<u>447</u>	<u>478</u>

<b>3. DEBTORS</b>	<b>2016</b>	<b>2015</b>
	<b>£</b>	<b>£</b>
Amounts falling due within one year:		
Trade debtors	218	2,030
Other debtors	-	263
	<u>218</u>	<u>2,293</u>

<b>4. SHARE CAPITAL</b>	<b>2016</b>	<b>2015</b>
	<b>£</b>	<b>£</b>
<b>Allotted, issued and fully paid:</b>		
4 Ordinary shares of £1 each	<u>4</u>	<u>4</u>
	<u>4</u>	<u>4</u>

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