In accordance with Section 555 of the Companies Act 2006.

SH01

Return of allotment of shares





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✓ What this form is for You may use this form to give notice of shares allotted following incorporation. What this form is NOT for You cannot use this form to give notice of shares taken by subscri on formation of the company or for an allotment of a new class of shares by an unlimited company.



A18 05/10/2016

COMPANIES HOUSE

#388

Company number	0	6	7	0	8	5	4	3				→ Filling in thi	s form ete in typescript or in		
Company name in full	Bur	nhai	m P	hvsi	<u>'</u> othe	rapy	/ An	d Sports Inj	urv Cli	nic Limited		bold black ca			
												All fields are mandatory unless specified or indicated by *			
2			nt	date	s 0				•						
rom Date	^d 2	^d 1		^m O		-	^y 2	^y 0 ^y 1 ^y 6	<u> </u>			• Allotment d			
o Date	d d m m y y y								If all shares were allotted on the same day enter that date in the 'from date' box. If shares were allotted over a period of time, complete both 'from date' and 'to date' boxes.						
8	Sha	res a	allo	tted								-			
								lotted, includir necessary.)	ng bonus	shares.		Currency If currency de completed w is in pound st	e will assume currency		
Currency 2		of sha Ordina		eferen	ce etc.)	ı		Number of allotted	shares	Nominal value of each share	(in	nount paid cluding share emium) on each are	Amount (if any) unpaid (including share premium) on each share		
GBP	В							60		1	1		0		
								artly paid up o the shares w er d		than in cash, pleas I.	se	Continuation Please use a content of the content of	n page continuation page if		
Details of non-cash consideration.							_								
f a PLC, please attach valuation report (if appropriate)			٠												

	Complete the table(s) below to show the issu	ued share capital at	the date to which this retur	n is made up.
	Complete a separate table for each curre 'Currency table A' and Euros in 'Currency tab		te). For example, add poun	d sterling in
	Please use a Statement of Capital continuation	on page if necessary		
Currency	Class of shares	Number of shares	Aggregate nominal value (£, 0, \$, etc)	Total aggregate amount
Complete a separate table for each currency	E.g. Ordinary/Preference etc.		Number of shares issued multiplied by nominal value	unpaid, if any (£, 0, \$, et Including both the nominal
Currency table A			Indiapied by nonlinar value	value and any share premiu
GBP	Ordinary	100	100	
GBP	В	60	60	e e e e e e e e e e e e e e e e e e e
			400	
Currency table B	Totals	160	160	0
Currency table B	Totals	160	160	U
Currency table B	Totals	160	160	
		160	160	
		160	160	
Currency table B Currency table C		160		
		160	160	
		160		
	Totals	Total number of shares	Total aggregate nominal value •	Total aggregate amount unpaid •

 \bullet Please list total aggregate values in different currencies separately. For example: £100 + £100 + \$10 etc.

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3	Statement of capital (prescribed particulars of rights attached shares)	то			
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the share capital tables in Section 4 .	• Prescribed particulars of rights attached to shares			
Class of share	Ordinary	The particulars are: a particulars of any voting rights, including rights that arise only i			
Prescribed particulars	The ordinary shares are irredeemable and have full rights in the company with regards to voting, dividend and capital distribution. A dividend may be declared on this class of share to the exclusion of the other classes but where a dividend is declared on more than one class of share the dividend for each class may be fixed individually.	including rights that arise only certain circumstances; b particulars of any rights, as respects dividends, to participa in a distribution; c particulars of any rights, as respects capital, to participate in a distribution (including on winding up); and d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder. A separate table must be used for			
Class of share	В	each class of share.			
Prescribed particulars	The 'B' Shares are irredeemable and do not entitle the holders there of to receive notice of, attend or vote at general meetings of the company. The 'B' shares do not entitle the holders thereof to participate in any capital distibution other than to reclaim the capital paid up on such shares. A dividen may be declared on this class of share to the exclusion of the other classes but where a dividen is declared on more than one class of share the dividend for each class may be fixed individually.	Continuation page Please use a Statement of Capital continuation page if necessary.			
Class of share					
Prescribed particulars					
6	Signature				
Signature	I am signing this form on behalf of the company. Signature This form may be signed by: Director ② Secretary, Person authorised ③ Administrator, Administrative receiver,	Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership. Person authorised Under either section 270 or 274 of the Companies Act 2006.			

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Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a guery on the form. The contact information you give will be visible to searchers of the public record.

Contact name									
Company name Vera	acity	Acc	ou	nta	nts I	_ir	nite	d	
Address 4 Some	rset	Way	<u></u>						
Post town Iver									
County/Region Buc	king	ham	shi	re					
Postcode	S	L	0		9		Α	F	
Country United I	King	don	1						
DX									
Telephone 01753	6733	373							

Checklist

We may return the forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have shown the date(s) of allotment in
- ☐ You have completed all appropriate share details in section 3.
- ☐ You have completed the relevant sections of the statement of capital.
- ☐ You have signed the form.

Important information

Please note that all information on this form will appear on the public record.

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House,

Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

For companies registered in Scotland:

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:

The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.

Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

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3	Shares allott	ed					
	Please give deta	ails of the shares a	llotted, including bon	completed w	O Currency If currency details are not completed we will assume currency is in pound sterling.		
Class of shares (E.g. Ordinary/Preference etc.)		Currency 2	Number of shares allotted	Nominal value of each share	Amount paid (including share premium) on each share	Amount (if any) unpaid (including share premium) on each share	
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If the allotted shares are fully or partly paid up otherwise than in cash, please state the consideration for which the shares were allotted.					