

ACTION FOR FAMILY CARERS

Registered charity number: 1127164

Registered in England and Wales: 06680960

ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018

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ACTION FOR FAMILY CARERS

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LEGAL AND ADMINISTRATIVE INFORMATION YEAR ENDED 31 MARCH 2018

Company number: 06680960 (England and Wales)

Date of incorporation: 26 August 2008

Charity number: 1127164

Registered office: Brickhouse Farm Community Centre
Poulton Close
Maldon
Essex
CM9 6NG

Auditors: Larking Gowen
8 The Courtyard, Wyncolls Road
Colchester
Essex
CO4 9PE

Bankers: Lloyds Bank Plc
Chelmsford Branch
PO Box 1000
Essex
BX1 1LT

Solicitors: Birkett Long LLP
Essex House, 42 Crouch Street
Colchester
Essex
CO3 3HH

ACTION FOR FAMILY CARERS TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2018

The Trustees, who are also Directors for the purposes of company law, have pleasure in presenting their Report and the Financial Statements of the Charity for the year ended 31 March 2018. This is also the Directors' Report, as required by s415 of the Companies Act 2006.

Legal and administrative information set out on Page 1 forms part of this Report. The Financial Statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practices applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102) (effective 1 January 2015).

Action for Family Carers follows and applies key guidance principles as recommended by the Charity Commission for organisations that provide services for public benefit. The Board ensures that all intended activities support the Charity's Aims and agreed Strategic Objectives by using robust reporting standards which support all decision making.

The Trustees

The Directors of the Charitable Company ("the Charity") are its Trustees for the purposes of charity law.

Action for Family Carers has a diverse, strong, robust and effective Board of Trustees made up of Trustees with a variety of skills, knowledge, experience and expertise that enable a positive contribution to the governance of the Charity and business. At their annual strategic development event, the Board checks performance and reviews the strategic direction ensuring the focus remains on Carers, and that the Charity delivers on the agreed priorities with the range and quality of support and services meeting need now and for the future. At each Board meeting, Trustees also receive and consider a Delivery Plan Report which highlights the performance and progress of the business against the plan and priorities to ensure that the Charity is on target and working to the agreed standard and outcomes for Carers.

A Skills Audit identifies any gaps in the membership of the Board and there is an active search to recruit new Trustees that can address these and become Lead Trustees in key areas. In 2017/18 the Board strengthened its governance function through securing Volunteers on its working groups and thereby addressing any skills gaps. One of those Volunteers has become a Co-opted member of the Board with a view to becoming appointed as a Trustee. In all cases, there is a rigorous selection process and Trustees are appointed by the Board and formally elected at the Annual General Meeting. All Trustees undergo formal training in relation to trusteeship in general and of the Charity's activities to enable them to carry out their role. They also receive a thorough induction as well as training and support opportunities. The Board is mindful at all times of its governance role and the duties and responsibilities of Trustees.

The Board of Trustees meets 6 times per year and operates a Remuneration Committee to oversee the Chief Executive Officer's remuneration. Trustees also chair and actively participate in a variety of working groups focused on strategy and driving forward the key priorities for the Charity. The Board of Trustees delegates authority for the day to day operation of the Charity to the Chief Executive Officer. The Board has agreed a Scheme of Delegation which sets out the decision-making responsibility of the Board and that of the Chief Executive Officer. The Board annually reviews and approves the Scheme of Delegation including those actions in relation to the Senior Leadership Team.

Senior Executive Remuneration

A Remuneration Committee of Trustees makes recommendations on the Chief Executive Officer's pay. These are based on Appraisal and Performance Review in the context of the Strategic Objectives and Priorities, meeting targets and objectives, demonstrating leadership and management, maintaining differentials and the successful leadership, management and delivery of the Charity's programmes. The Chief Executive Officer is responsible and accountable to the Board of Trustees for the Appraisal and Performance Review of the Senior Leadership Team in order to inform the Board's decision on the remuneration of these posts.

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The Trustees who served the Charity during the period were as follows:

Chair of Trustees

Denise Fielding

Vice Chair of Trustees

Colin Bennett

Treasurer

Pauline Haggerty

Company Secretary

Colin Philpott (Secretary until 22nd March 2018, remains a Trustee)

Theresa Byles (co-opted as Trustee and Secretary on 22nd March 2018)

Other Trustees

Sue Bailey

Rebecca Loader

Sharon Longworth (stood down on 7th December 2017)

Paul Osman

Judy Spiceley

Tony Dixon (co-opted as Trustee on 25th January 2018)

Chief Executive Officer (non-Trustee)

James Clarke

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Objects of the Charity

The Charity's objects are to promote the relief of persons who are ill, disabled, incapacitated or elderly by the provision of information, education, support, respite care, recreation and advocacy for their Carers.

Our Mission

Action for Family Carers makes a positive difference to the lives of Carers including Young Carers.

Our Vision

Action for Family Carers will be recognised as a Centre of Excellence which campaigns for and achieves positive outcomes for Carers.

Our Values

Carer-Centred - We will engage with Carers at every opportunity, listening to their feedback and input so that our actions and decision making focus on the service, support and benefits for unpaid Carers.

Integrity - We will apply this personally, professionally and in all aspects of the Charity and its business operations.

Quality - We will aim for excellence and do the best that we can do in all that we do at all times.

Our Strategic Aims

- 1) To have a positive impact on outcomes for Carers
- 2) To raise public awareness about Carers
- 3) To improve public awareness of the organisation
- 4) To ensure the sustainability of the organisation for the benefit of Carers

INTRODUCTION

Campaigning for Carers across Essex

Action for Family Carers is a Carers Trust Centre of Excellence and the only Carers Trust Network Partner based in Essex. The Charity is committed to achieving positive outcomes for all Carers in Essex.

Our Values are at the heart of all that we do; to act in a truly Carer-centred way at all times, to act with integrity, always with a focus on quality and to achieve the best possible outcomes for Carers. The Charity is only the 4th in the UK – and the only one in Essex - to have achieved the National Council for Voluntary Organisation's PQASSO Quality Mark at the highest possible level, Level 3.

We engage with and listen to what Carers in Essex want and need. As a result, Action for Family Carers created and led the first and only all-age countywide Carer support provision under the heading 'Supporting Carers in Essex'. This addressed the postcode lottery of provision and ensured that vulnerable groups like Young Adult Carers received a dedicated, targeted service based on their needs. We worked successfully in partnership with other Carers Trust Network Partners based in Essex, with Essex Carers Support and with Leading Lives. We no longer have the funding but having successfully

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created and delivered this service for 3 years, we remain committed to the principles that served Carers and will continue seeking funding and opportunities so that we keep supporting Carers in and across Essex.

We are proud of all that we have achieved in a short space of time and of the positive impact we have made for Carers across Essex. That includes carrying out over 100,000 interventions – over 20,000 of those being face to face for example via a home visit. 12,386 Carers registered with Supporting Carers in Essex between 2015 and 2018 and of those, 9,489 actively accessed support – that means that 1 in 15 of all Carers in Essex (based on 2011 Census) directly accessed support from us during this time.

Looking forward we will and must continue to campaign for coherent, accessible and targeted provision for the whole community of Carers in and across Essex – that includes Young Adult Carers, Carers of people at end of life, working Carers and other under-represented groups including parent Carers and those from minority communities.

The Senior Leadership Team with support and guidance from The Board of Trustees has developed a comprehensive fully costed Strategic Development Plan for the next 18 to 24 months which recognises both the loss of income from the Supporting in Essex funding and the need to develop alternative and additional key services and funding streams in line with Carers' needs. Investment required for new and additional services as part of the Strategic Development Plan has been carefully evaluated and approved by The Board of Trustees.

We are pleased to have secured a grant from the Big Lottery Fund to deliver our project Feeling Good, Caring Well which will focus on providing information and activities for Adult Carers in Essex so that they can confidently continue caring whilst also maintaining their own health and wellbeing.

We know from engaging with Carers that breaks are hugely important to them and we will therefore seek to expand our Day Care provision and social activities. These provide a much-needed respite break for Carers whilst achieving positive outcomes – addressing social isolation, providing mental and physical stimulation – for those people they care for.

Recent research states that the number of people caring for a family member has reached 7.6 million, an increase of 1 million compared with a decade ago. All the indicators suggest this will increase.

Our Vision therefore remains that of working with and for unpaid Carers to ensure their voice is heard, their needs communicated and their economic role recognised, understood and valued as well as resourced by those policy makers, employers, agencies, services and other organisations that can make a small change yet a huge difference. Unpaid Carers need and deserve support.

Denise Fielding - Chair

James Clarke - Chief Executive

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ACTIVITIES AND ACHIEVEMENTS

Supporting Carers in Essex

Supporting Carers in Essex is a countywide, all-age support service for unpaid Carers which, for the period covered by this report, was delivered by a group of local organisations led by Action for Family Carers. Prior to 2015 there was incoherent and inconsistent provision of Carer support in Essex. From 1st April 2015 until 31st March 2018 Action for Family Carers led a group of six charities to create and deliver a single point of contact, all-age countywide provision under the heading Supporting Carers in Essex. The provision included dedicated services for Adult Carers in the Community and in Acute Hospital settings, a specialist Macmillan Carers Service supporting Carers of people at end of life, provision of short term Flexible Breaks, targeted support for Young Carers in Schools and for Young Adult Carer Transition. Services were accessed via a single phone number, with a dedicated website enabling direct referral into our Charitylog database.

Supporting Carers in Essex was funded by Essex County Council with the 5 NHS Clinical Commissioning Groups and with matched funding from Macmillan Cancer Support for the Macmillan Carers Service.

Outputs

12,386 Carers registered with Supporting Carers in Essex between 2015 and 2018. Of these, 9,489 actively accessed support, with over 1,000 of those aged under 21.

Over 100,000 interventions (actions) were carried out with over 20,000 of these being face to face including in the community, in school or by home visit.

Carers were most likely to be looking after someone with dementia, a physical disability or illness, with significant numbers of people caring for someone with a learning disability or mental health condition.

Carers most commonly required support relating to their own mental health and wellbeing and/or their caring role with significant numbers also seeking support with finance, accessing breaks or managing physical health problems. The most common source of referrals was self-referral followed by hospitals, other voluntary sector organisations.

Outcomes

Supporting Carers in Essex measured outcomes through a variety of methods including the nationally recognised Carers Star. Positive impact was evidenced across all of the Carers Star outcomes with statistically significant impact made in most areas, including in particular 'the caring role', 'time for yourself' and 'how you feel'.

- 97% of Carers reported that they were satisfied or very satisfied with the support they received.
- 41% of Carers said that if they had not received support from Supporting Carers in Essex, they would have gone to their GP, 25% to Social Care.
- 83% of Carers reported feeling less isolated.
- 87% of Carers said they feel more able to continue in their caring role.

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Learning

Adult Carers noted the benefits of simplified access to comprehensive Carer support across the county and particularly valued facilitated peer support and access to relevant information from a key worker.

Young Adult Carers valued having personalised support from a dedicated Young Adult Carer Transition Service.

Feedback from independent evaluation with stakeholders (NHS Clinical Commissioning Groups, schools etc.) included that Supporting Carers in Essex provided "a valuable link between the Carer and health and social care systems" and "early intervention to Carers to reduce the likelihood of reaching crisis point".

Carers continue to report concerns about many GP practices failing to recognise their role or to respond to their needs as Carers.

Carers report variable experience of local authority Carers Assessments including commonly that they receive no report or plan following their assessment and in some cases are unaware as to whether they have had an assessment or not.

The following services formed part of the Supporting Carers in Essex provision:

Adult Carer Support in the Community

During the year we were able to reach out and support 4,776 adult Carers across Essex, 3,863 of which were 'new' adult Carers who received support, information and guidance for the first time. At the end of March 2018 there were 5,647 adult Carers known and registered on our database.

The team provided emotional and practical support as well as information and advice to Carers to promote their health and well-being which meant that they can continue in their caring role for longer. The team worked collaboratively with a number of other organisations who have specialist knowledge such as the Stroke Association and Alzheimer's society.

Additional funding from Castle Point and Rochford Clinical Commissioning Group during 2018 enabled us to further develop work within a small number of GP surgeries. Our GP Carer-Friendly Support Worker held clinics in 6 GP surgeries, and became an integral member of two multi-disciplinary integrated teams within the area. The good practice developed from this pilot has been successfully used to gain funding from North East Essex Clinical Commissioning Group to support Clacton GP Practices.

Macmillan Carers Service

Part of the Supporting Carers in Essex provision and part funded by Macmillan Cancer Support, we provided support to Carers of people who are in the last year of life with a life limiting condition across Essex, including Southend and Thurrock.

Our collaborative approach with Chelmsford and Southend Macmillan Information Centres has been fundamental in the identification of new Carers and an increased number of people supported as they navigate end of life pathways.

The Macmillan Carers Service supported 1,039 Carers during the year and the team reached out to an additional 4,007 people through Carer's Week activity, drop-in sessions, and promotional stands.

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Carer Hospital Liaison

The aim of this service is to ensure that Carers feel supported whilst their Cared-for are inpatients in an acute hospital setting and that they continue to be supported post-discharge by referral to our other services including community support, Macmillan, formal advocacy and respite. Carers have reported to us that the service has been an invaluable mechanism of support at a time when they needed it most as even those who have been in a caring role for some time find it difficult when in a hospital environment with unfamiliar processes and language.

Carer Hospital Liaison was offered in Colchester, Basildon, Broomfield and Princess Alexandra Hospitals. During the year we delivered 2,964 face to face interventions and 64% of referrals were from hospital staff, with a further 19 self-referrals and the remaining referrals from other agencies. The objectives of the service are to increase the number of Carers identified by hospital staff by raising awareness and knowledge of the benefits of supporting Carers. We work with others to achieve safe, timely and appropriate discharges for the Cared-for.

Young Carer Support in Schools

We supported 890 Young Carers in secondary schools in the 12 districts of Essex. We offered personalised one to one support through a key worker system. Young Carers reported increased confidence and improved self-esteem as an outcome of the interventions as well as improved relationships with staff in school who are now aware of their caring roles.

Young Adult Carer Transition Support

We supported 289 Young Adult Carers between the ages of 16 and 24 across the 12 districts of Essex. This service offered personalised one to one support through a key worker system.

Young Adult Carer "Chill 'n' Chat" drop-in sessions held in the community provided an opportunity for Young Adult Carers to come together and share their experiences and concerns.

We also facilitated drop in sessions within 5 further or higher education establishments and made some progress with developing relationships with staff within these areas.

Uttlesford District Council funded additional support for Young Adult Carers living in their area to overcome the barriers of rural isolation, lack of transport and therefore higher risk of social isolation. Support was provided for 22 Young Adult Carers living in Uttlesford and this project will continue in 2018-19.

In January 2018 we held a successful Young Adult Carer residential at St Mark's College in Saffron Walden attended by 23 Young Adult Carers. The activities during the weekend included team building/confidence games, Archery, a Night Hike, an Obstacle Course and a self-esteem workshop.

The following services are separate and additional to the Supporting Carers in Essex services:

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Respite Day Care Services

During 2017-2018 we provided a total of 6,318 breaks for Carers via our Day Care provision. We provide older people - the 'cared for' – a regular opportunity to experience a social day out in the company of others, enjoying a hot meal and a choice of mentally and physically stimulating activities.

Day Care opportunities were provided in Chelmsford, Burnham, Harlow, South Woodham Ferrers and Mersea Island. Attendance numbers at the Day Care Service in Mersea Island dwindled during the year, and we ceased to provide this service in September 2017. On the other hand, our relatively new provision in South Woodham Ferrers has proven to be hugely popular and successful and an additional day is to be offered from 2018-19.

Advocacy

In partnership with seAp (Support, Empower, Advocate, Promote), an independent charity, we offer Carers an Advocacy service which has supported 71 people in the year.

These may be Carers who might be finding it difficult to have their voice heard by health and social care professionals and have concerns that decisions are not being made based on what they or the Cared-for person really wants or needs.

Our Advocate supports Carers to be listened to, ensuring that their views and expertise are taken into consideration when decisions are being made by professionals.

Reaching Out to Carers Project

Healthwatch Essex awarded a grant to Action for Family Carers to work in partnership with Essex Carers Support to contact and better understand the needs of Carers from under-represented and/or disadvantaged groups e.g. geographical areas of deprivation, and Carers of people with Learning Disabilities or mental health needs, and from Black, Asian and Minority Ethnic communities.

This project provides us with insight into why it is more difficult to reach out to some communities of Carers and enables us to test out different ways of promoting Carer to self-identify. For example, some people distrust 'public services' of any sort and require a great deal of support and confidence building to make contact with and trust support services. Face to face contact with experienced and skilled staff is the most effective solution in these situations.

Developing Carer Friendly Employers

This project funded by the Bupa Foundation enabled us to engage with 125 large employer organisations in Essex encouraging them to identify Carers within their workplaces and help them to achieve a balance between their work and caring responsibilities. This engagement has supported the development of best practice guidelines on supporting Carers within the workplace which will be shared more widely.

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Essex Carers - The Way to Work

Action for Family Carers is a delivery partner for this project, led by 4SX and co-funded by the Big Lottery Fund and the European Social Fund. Our Key Worker who covers the North of Essex supports Carers who wish to embark on a journey towards and into rewarding and sustainable Employment, Volunteering, Education, and Training and includes support for the Carer's own health, self-esteem and wellbeing issues.

The service supports Carers or those that have been a Carer within the last 18 months, who live in Essex and are unemployed or economically inactive. Since the project started in August 2017 we have identified and worked with 20 Carers to individually support their transition into work or training.

Befriending

Our telephone befriending service delivered by Volunteers has continued to develop throughout the year supporting a total of 175 Carers.

Counselling

Our counselling service, delivered by Volunteers who have professional Counselling qualifications, has also continued to develop. Carers undertaking sessions have stated that the service supports them to emotionally balance their caring role. We have delivered 444 counselling sessions which have benefitted over 200 Carers.

Young Carer Support and Development

Funding provided by Essex County Council, enabled us to see 602 Young Carers under 18 either as one to one support in a primary school, through attendance at a regular Young Carers' respite group ('club night') or on a Young Carers' respite trip. Young Carers who attend the groups reported increased confidence and new friendships which have led to reduced social isolation. The groups also enabled our workers to develop positive working relationships with Young Carers which have helped them to identify issues and barriers to progression and for individual Young Carers to raise issues and concerns directly themselves.

Street Nanny Project

In 2017 -18 we received a grant from Essex County Council to pilot an idea which came from the Young Carers Forum, to develop networks of support for Young Carers in Colchester to help reduce the caring burden and caring tasks undertaken by Young Carers.

Our learning from the project was that Young Carers most valued emotional support rather than help with practical tasks. However, the whole family approach that we took in delivering this project resulted in parents forming networks of support that in turn helped reduce caring burdens on the Young Carers.

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Thriving Third Sector Project

Funded by Essex Community Foundation, this project was set up to assess and further develop the capacity and sustainability of voluntary sector Carer Support Providers in Essex. Over the past year this has included a follow-up organisational health check activity and development of toolkits on best practice in Governance, Collaboration, Funding and Income Generation.

Volunteering

Action for Family Carers values and respects volunteering. Our new and existing Volunteers have helped us to increase our capacity and capability to support more unpaid Carers over a wider geographical area in Essex and across a broader range of services. These Volunteers add value to the work of our paid staff who recognise and support the role of a Volunteer in our Charity. Action for Family Carers through the contribution made by its Volunteers has become a more sustainable business with effective, efficient and quality services that support and meet the needs of unpaid Carers.

During 2017/18 the Charity and unpaid Carers of all ages in Essex benefitted from the work and efforts of over 60 Volunteers from different backgrounds, age profile, skills, experience and expertise. These Volunteers contributed in a range of different roles, frequency and activity levels in a variety of ways across all areas of our service provision. Action for Family Carers recognises the significant impact of the continuous support and funding from The Henry Smith Charity to enable volunteering activity to prosper over a period of time with a Volunteer Coordinator leading on the strategy, planning and systems that drive volunteer recruitment, ongoing support, development and retention of those choosing to have such a role supporting unpaid Carers in and across Essex.

Support from our Volunteers during the year included:

- Assisting delivery of Respite Day Care
- Counselling
- Telephone Befriending
- Supporting Carer Wellbeing Groups across Essex
- Assisting with the delivery of Young Carer Club Nights and Trips
- Signposting and Assisting Carers at Macmillan Information 'Pods' within Hospitals
- Participation in our Quality Working Group and Development Visits

The very positive results and recommendations from our Annual Survey have been implemented with positive impact and outcomes for Carers. Regular volunteer engagement sessions including group activity as well as 1 to 1 and telephone discussions have brought new ways of working and fresh eyes and ideas e.g. training opportunities. Staff working and training alongside Volunteers e.g. Managing Professional Boundaries enjoy such joint opportunities to develop and impact upon their role and confidence. This increased focus on volunteer engagement provides valuable support and development opportunities for our Volunteers, ensuring they feel fully included within the organisation such that we continue to see an increase in volunteer satisfaction and retention.

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REVIEW OF FINANCIAL ACTIVITIES

Action for Family Carers (AfFC) receives funding from a range of sources including grants, contracts, donations and fundraising activity, and makes applications and bids via its Fundraising Coordinator in line with our Strategy to diversify income and increase sustainability for the benefit of Carers.

The Charity's major programme in 2017-18 was the Supporting Carers in Essex initiative. This was a 1 year extension for the period ending 31st March 2018 following the original 2 year grant funding from Essex County Council and 5 Essex NHS Clinical Commissioning Groups which commenced in April 2015, albeit with a 5% reduction in the grant value.

All figures below are correct to the nearest £k.

Income

Income during 2017/18 was £1,679k (2016/17 £1,622k) which is £57k higher than the previous year. Income was mostly from grants, in particular Supporting Carers in Essex (Essex County Council grant funding) plus new grants from Children in Need and Healthwatch Essex.

Expenditure

Expenditure was £1,628k (2016/17 £1,687k). This is 59K below the previous year. Savings were made wherever possible without compromising the quality of the service we offer and, in particular expenditure on mileage. Some savings were also obtained by renegotiating hall fees, promotion and printing costs. The in-year surplus of £51k consists principally of funds which will be carried forward for planned expenditure during 2018-19.

Funds

Total funds at the end of the year were £575k (2016/17 £524k) which is £51k higher than the previous year. Action for Family Carers increased its unrestricted funds by £17k to £419k (2016/17 £402k) in line with The Board of Trustees' Financial Reserves Policy. This figure includes 'free reserves' of £413k and Fixed Assets to the value of £6k. Fixed Assets are all items of enduring value – this includes computer servers and telephony.

Reserves Policy

The Board of Trustees has established various funds and reserves – both designated and undesignated – as a contingency against unforeseen and unexpected future costs. The Reserves Policy states that the Charity will build reserves to a minimum 25% and a maximum 50% of budgeted annual operating costs. Annual operating costs for 2017/18 are forecast to be £800k and therefore reserves should be between £200k and £400k. Current unrestricted funds are £419k which is slightly higher than set out in the Reserves Policy.

Conscious of the importance of reserves to ensure resilience of the Charity to uncertain future events the Board reviewed the Reserves Policy during 2017-18 and will be conducting a further review during 2018-19.

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Investment Policy

The purpose of The Investment Policy is to ensure that any investments prioritise the safety of the principal investment while maximizing the after-tax investment return and maintaining adequate liquidity. The Charity will ensure that at least 50% of unrestricted reserves are immediately available and that all investments are risk assessed and covered by the Financial Conduct Authority and Financial Services Compensation Scheme.

Future Plans

The Charity has secured funding from a range of funders for at least a further one year period in line with our Strategic Plan. This includes a grant from the Big Lottery Fund for supporting Adult Carers via a programme called Feeling Good, Caring Well.

During 2017 Essex County Council decided to discontinue funding the Supporting Carers in Essex all-age integrated provision from 1st April 2018 and to move from grant funding to a contract. The Council went out to open tender for an Adult Carers provision of basic information and advice only. The contract was awarded to Carers First based in Kent. The Council also took the decision to deliver its own provision for Young Carers though this does not include direct provision of support within schools or of club nights. The grant funding from Essex County Council for our Supporting Carers in Essex project (£860k in 2017-18) has therefore ended and so the Charity will not have that income in 2018-19.

Action for Family Carers continues to support Carers across Essex and has a number of other services in place and on-going which are funded from other income including Respite Day Care, Young Carer support, and specialist provision for Adult Carers which includes counselling and befriending and our Macmillan Carers Service for Carers of people with cancer.

The Charity is a robust organisation that demonstrates quality, strong leadership, sound financial disciplines and puts Carers needs at the centre of everything it does. The Charity receives funding from a number of different organisations for bespoke services and unrestricted funding to spend as the organisation sees as most effective in meeting the needs of and positive outcomes for Carers. We will continue to apply for funding, diversify income streams and ensure future sustainability in line with our Funding Strategy and for the benefit of unpaid Carers across Essex.

Fundraising

Action for Family Carers welcomes donations and other fundraising support and seeks to respect the wishes of donors and fundraisers in terms of how funds raised are spent. Our fundraising activity is carried out by our core staff team or by Volunteers. Action for Family Carers does not employ professional telephone or street fundraisers, or commercial participators to carry out our fundraising.

Action for Family Carers complies with all relevant statutory regulations, including the Charities Act 2011, the Data Protection Act 2018, General Data Protection Regulation and Privacy and Electronic Communications Regulations. We always seek to act in ways that are legal, open, honest and respectful – striving for best practice in fundraising by complying with a range of codes of practice including the Fundraising Regulator's Code of Fundraising Practice. We are careful to monitor our fundraising activities and to provide supporters with help and information via our website, by email or post.

We have a Complaints Policy and record and respond to all formal complaints. We did not receive any complaints during 2017-18.

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Our Funders

Anglia Ruskin Placement fund	Groundwork Tesco
Bupa Foundation	Healthwatch Essex
Carers Trust	The Henry Smith Charity
Chelmsford City Council	Jack Petchy Foundation
Children in Need	Macmillan Cancer Support
Childwick	Mulberry Trust
Colchester Catalyst	seAP (Support, Empower, Advocate, Promote)
Comic Relief	Southend Carers Hub (Southend Borough Council)
Essex Community Foundation (Thriving Third Sector)	Uttlesford District Council
Essex County Council	The Charity of William John Cook
4SX (Big Lottery/European Social Fund)	

Our grateful thanks go to all of the above, to Maldon District Council for the provision of premises at Brickhouse Farm Community Centre, and to all those that contributed through donations or fundraising events.

Risk Review

The Board of Trustees has reviewed the major risks to which the Charity is exposed and systems have been identified to mitigate those risks. External risks regarding the continuity of voluntary funding have resulted in the current development of a Strategic Plan which promotes the diversification of funding and activities. Internal risks are minimised by the implementation of financial control and regulation procedures. These procedures are regularly reviewed to ensure that they still meet the needs of the Charity.

A Significant Risk Management Plan is maintained and regularly reviewed. Areas of potentially significant risk identified include Funding, IT, Health and Safety, HR, Quality, Reputation, Finance, Insurance and Partnership. Actions and Interventions and Contingency Positions are identified for each of these areas and the level of risk then rated as High, Medium or Low. The key risk to the continued delivery of the Charitable Objects is considered to be funding which is being addressed as described in the Future Funding section of this report.

RESPONSIBILITIES OF THE TRUSTEES

The Trustees (who are also the Directors of Action for Family Carers for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charitable Company and of the incoming resources and

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YEAR ENDED 31 MARCH 2018**

application of resources, including the income and expenditure, of the Charitable Company for that period. In preparing these financial statements, the Trustees are required to:


- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We, the Directors of the company who held office at the date of approval of these Financial Statements, as set out above, each confirm so far as we are aware, that:

- there is no relevant audit information of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as Directors in order to make ourselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

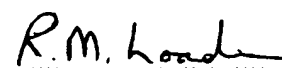
This report was approved by The Board of Trustees on 6th September 2018 and signed on its behalf.



.....
D FIELDING

Chair

19/09/18



.....
R LOADER

Lead Trustee - Audit

19/09/18

ACTION FOR FAMILY CARERS

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF ACTION FOR FAMILY CARERS YEAR ENDED 31 MARCH 2018

Opinion

We have audited the financial statements of Action for Family Carers (the 'charitable company') for the year ended 31 March 2018 set out on pages 20 to 21. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2018 and of the charity's incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the Trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The Trustees are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material

ACTION FOR FAMILY CARERS

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF ACTION FOR FAMILY CARERS YEAR ENDED 31 MARCH 2018

misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- the charitable Company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the charitable Company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report.

Responsibilities of trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the charitable Company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

ACTION FOR FAMILY CARERS

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF ACTION FOR FAMILY CARERS YEAR ENDED 31 MARCH 2018

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the charitable company's Trustees, as a body, Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Larking Gowen LLP

Giles Kerkham FCA DChA (Senior statutory auditor)

for and on behalf of

Larking Gowen LLP

Chartered Accountants
Statutory Auditors
Colchester

Date: *20 September 2018*

ACTION FOR FAMILY CARERS

STATEMENT OF FINANCIAL ACTIVITIES (including income and expenditure account) YEAR ENDED 31 MARCH 2018

	Notes	Unrestricted funds £	Restricted funds £	Total 2018 £	Total 2017 £
Income from:					
Donations and legacies	4	19,792	7,343	27,135	27,268
Charitable activities	5	222,313	1,420,880	1,643,193	1,588,780
Other trading activities		8,956	-	8,956	6,319
Total income		<u>251,061</u>	<u>1,428,223</u>	<u>1,679,284</u>	<u>1,622,367</u>
Expenditure on:					
Raising funds		1,650	-	1,650	1,714
Charitable activities	6	237,958	1,388,528	1,626,486	1,685,645
Total expenditure		<u>239,608</u>	<u>1,388,528</u>	<u>1,628,136</u>	<u>1,687,359</u>
Net income before transfers		<u>11,453</u>	<u>39,695</u>	<u>51,148</u>	<u>(64,992)</u>
Transfer between funds		6,077	(6,077)	-	-
Net income and net movement in funds after transfers		<u>17,530</u>	<u>33,618</u>	<u>51,148</u>	<u>(64,992)</u>
Funds as at 1 April 2017		401,941	121,957	523,898	588,890
Funds as at 31 March 2018		<u><u>419,471</u></u>	<u><u>155,575</u></u>	<u><u>575,046</u></u>	<u><u>523,898</u></u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derives from continuing activities.

The notes on pages 22-30 form part of these financial statements

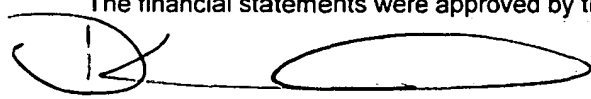
ACTION FOR FAMILY CARERS

BALANCE SHEET AS AT 31 MARCH 2018

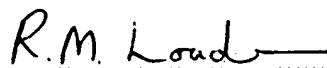
	Note	Total 2018 £	Total 2017 £
Fixed assets			
Tangible fixed assets	11	6,404	19,341
Current assets			
Debtors	12	119,141	93,648
Cash at bank and in hand	13	568,594	539,293
		<u>687,736</u>	<u>632,941</u>
Current liabilities			
Creditors: amounts falling due within one year	15	<u>119,093</u>	<u>121,600</u>
Net current assets		568,642	511,341
Creditors: amounts falling due after more than one year	15	<u>-</u>	<u>6,784</u>
Net assets		<u><u>575,046</u></u>	<u><u>523,898</u></u>
Accumulated funds			
Unrestricted funds	18	419,471	401,941
Restricted funds	18	155,575	121,957
Total Funds		<u><u>575,046</u></u>	<u><u>523,898</u></u>

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements were approved by the Trustees on 19/09/18 and signed on their behalf, by:



D Fielding



R Loader

The notes on pages 22 to 30 form part of these financial statements.

ACTION FOR FAMILY CARERS
STATEMENT OF CASH FLOWS
AS AT 31 MARCH 2018

	Notes	Total 2018 £	Total 2017 £
Cash flows from operating activities:			
Net cash provided by / (used in) operating activities	16	29,301	46,337
Cash flows from investing activities:			
Purchase of property, plant and equipment		-	(6,138)
Net cash provided by / (used in) investing activities		-	(6,138)
Change in cash and cash equivalents in the reporting period		29,301	40,199
Cash and cash equivalents brought forward		539,293	499,094
Cash and cash equivalents carried forward		568,594	539,293

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2018

1. Accounting policies

1.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

Assets and liabilities are initially recognised at historical cost of transaction value unless otherwise stated in the relevant accounting policy.

1.2 Going concern

The trustees have determined that there is no material uncertainty about the charity's ability to continue as a going concern. Accordingly the financial statements have been prepared on the going concern basis.

1.3 Income and expenditure

Donations and similar incoming resources

Income is recognised and included in the accounts when all of the following criteria are met:

- (a) The Charity has entitlement to the funds;
- (b) Any performance conditions attached to the items(s) of income have been met or are fully within the control of the Charity; and
- (c) There is sufficient certainty that receipt of the income is considered probable;
- (d) The amount can be measured reliably.

Grants and fees receivable

These are credited to the Statement of Financial Activities (SOFA) in the year in which they are receivable. Receipts from Service Level Agreements are recognised as income as the Charity becomes entitled through performance of services. Deferred income is released to income in the period in which it has been applied.

Investment income

Income from investments is included in the SOFA in the year in which it is receivable.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for the expenditure, and it is probable that settlement will be required and the amount of the obligation can be measured reliably. All costs have been directly attributed to one of the categories of resources expended in the SOFA. The Charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2018

1.4 Tangible fixed assets and depreciation

These are stated at cost or valuation less depreciation.

Only individual assets costing more than £1,000 are capitalised to the fixed asset register.

Depreciation is provided at rates calculated to write off the cost of valuation of assets, less their estimated residual value, over their expected useful lives on the following basis:

Computer equipment	25% - 33% Straight line
Fixtures and fittings	20% Straight line

1.5 Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.6 Funds

Unrestricted funds comprise those funds which the Trustees are free to use in accordance with the Charitable Objects.

Restricted funds are funds which have been given for particular purposes.

1.7 Operating Lease

Rentals in respect of operating leases, where substantially all the benefits and risks of ownership remain with the lessor, are charged to the Statement Of Financial Activities as incurred.

2. Income

In this period, all of the Charity's income was derived from charitable activities performed within the UK.

3. Taxation

The Charity is exempt from tax on income and gains to the extent that such income and gains are applied to its Charitable Objects. No corporation tax charge arises for the year.

4. Donations and legacies

	Unrestricted funds	Restricted funds	Total 2018	Total 2017
	£	£	£	£
General	12,597	-	12,597	8,039
Supporting Carers in Essex	-	265	265	545
Respite Services	7,195	-	7,195	7,389
Adult Carer Services	-	-	-	550
Young Carer Services	-	7,078	7,078	10,745
	<u>19,792</u>	<u>7,343</u>	<u>27,135</u>	<u>27,268</u>

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2018

5. Income from charitable activities	Unrestricted funds	Restricted funds	Total 2018	Total 2017
	£	£	£	£
General	2,266	218,723	220,989	164,856
Supporting Carers in Essex	-	976,182	976,182	1,020,357
Respite services	220,047	-	220,047	189,320
Adult Carer Services	-	24,967	24,967	25,634
Young Carer Services	-	201,008	201,008	188,613
	222,313	1,420,880	1,643,193	1,588,780

6. Expenditure on charitable activities	Unrestricted funds	Restricted funds	Total 2018	Total 2017
	£	£	£	£
Staff costs	153,897	991,990	1,145,887	1,104,291
Trustee expenses	14	-	14	19
Staff expenses (travel, DBS checks)	4,532	52,552	57,084	69,183
Volunteer Expenses	20	2,184	2,204	2,412
Food, transport and direct costs	53,142	51,635	104,777	88,837
Equipment repairs and renewals	-	-	-	33,936
Telephone, postage and stationery	8,951	33,463	42,414	40,341
Rent of halls	5,516	10,132	15,648	18,746
Bookkeeping and accountancy fees	1,195	10,564	11,759	13,068
Consultant	1,043	11,847	12,890	27,571
Legal and professional fees	-	4,080	4,080	-
Insurance	615	4,605	5,220	4,844
Advertising	1,297	9,302	10,599	16,571
Printing	323	2,878	3,201	9,172
Cleaning	765	6,540	7,305	6,561
Payments to partners	-	152,077	152,077	207,054
Miscellaneous Office Costs	3,678	30,394	34,072	22,371
Depreciation	2,970	9,967	12,937	16,348
Governance	-	4,320	4,320	4,320
	237,958	1,388,528	1,626,486	1,685,645

Miscellaneous office costs include storage, office refurbishment and general running costs.

Governance costs include Audit fees

7. Expenditure on charitable activities (continued)	Unrestricted funds	Restricted funds	Total 2018	Total 2017
	£	£	£	£
General	12,194	196,371	208,565	139,627
Supporting Carers in Essex	-	976,447	976,447	1,113,045
Respite Services	225,764	-	225,764	221,728
Adult Carer Services	-	21,284	21,284	30,803
Young Carer Services	-	194,426	194,426	180,442
	237,958	1,388,528	1,626,486	1,685,645

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2018

8. Net income/(expenditure) for the year

	2018 £	2017 £
This is stated after charging:		
Operating leases - equipment	10,296	15,336
Depreciation	12,937	16,348
Auditors remuneration:		
Audit fees	4,320	4,320
	27,553	36,004

9. Expenditure on charitable activities (continued)

	Unrestricted funds £	Restricted funds £	Total 2018 £	Total 2017 £
Staff costs				
Gross salaries	169,059	892,661	1,061,720	1,023,855
Employers NIC	5,011	61,833	66,844	67,094
Self Employed Staff	-	2,066	2,066	1,359
Pensions	1,111	14,146	15,257	11,983
	175,181	970,706	1,145,887	1,104,291

Average number of employees

73	72
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No staff member was paid in excess of £60,000 per annum.

10. Key Management Personnel disclosure

Total 2018 £	Total 2017 £
137,436	120,121

The key management personnel of Action for Family Carers are the Chief Executive Officer, the Head of Carer Services and Head of Business Services

11. Tangible fixed assets

	Computers, equipment & furniture £	Fixtures & Fittings £	Total £
Cost			
As at 1 April 2017	57,537	15,406	72,943
Additions	-	-	-
As at 31st March 2018	57,537	15,406	72,943
Depreciation			
As at 1 April 2017	44,118	9,484	53,602
Charge for the year	9,967	2,970	12,937
As at 31st March 2018	54,085	12,454	66,539
As at 31 March 2018	3,452	2,952	6,404
As at 31st March 2017	13,419	5,922	19,341

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2018

12. Debtors	2018	2017
	£	£
Accounts receivable	103,997	74,066
Accrued income	15,145	14,521
Prepayments	-	5,061
	119,141	93,648
13. Cash and cash equivalents	2018	2017
	£	£
Current account	480,969	451,546
Deposit account	87,392	87,392
Petty cash	234	355
	568,594	539,293
14. Financial Instruments	2018	2017
	£	£
Financial assets		
Cash and Cash Equivalents	568,594	539,293
Financial assets that are debt instruments measured at amortised cost	-	-
	568,594	539,293
Financial liabilities		
Financial liabilities measured at amortised cost	119,093	128,384
	119,093	128,384
Financial assets measured at amortised cost comprise of debtors due within one year.		
Financial liabilities measured at amortised cost comprise creditors due within one year and amounts falling due after more than one year.		
15. Creditors: amounts falling due within one year	2018	2017
Taxes and social security	20,204	20,680
Other creditors and accruals	13,776	30,565
	119,093	121,600
Creditors: amounts falling due after more than one year	2018	2017
	£	£
	-	6,784

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2018

Deferred income analysis	Unrestricted funds	Restricted funds	Total 2018	Total 2017
	£	£	£	£
Balance at 31 March 2017	-	77,139	77,139	-
Amount released to incoming resources	-	(77,139)	(77,139)	-
Amount deferred in the year	-	85,113	85,113	77,139
Balance at 31 March 2018	-	85,113	85,113	77,139

Deferred income comprises of Grant payments for North East Essex CCG, Bupa, Time for Change (Carers Trust) and Wind Farm, Childwick, Henry Smith, HRF and Catalyst.

16. Reconciliation of net movement in funds to net cash flow from operating activities

	Total 2018	Total 2017
	£	£
Net movement in funds for the reporting period (as per the statement of financial activities)	51,148	(64,992)
Adjustments for:		
Depreciation charges	12,937	16,348
(Increase) / decrease in debtors	(25,493)	13,565
Increase / (decrease) in creditors	(9,291)	81,416
Net cash provided by / (used in) operating activities	29,301	46,337

17. Gift in kind

The premises at Maldon occupied by the Charity are kindly provided free of rent and certain overhead costs. These costs are not included within the numbers of the accounts.

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2018

18. Reconciliation of funds	As at 01/04/17	Incoming resources	Outgoing resources	Transfers	As at 31/03/18
Unrestricted funds	401,941	251,061	(239,608)	6,077	419,471
Restricted funds					
General	27,920	218,723	(196,371)	-	50,272
Supporting Carers in Essex	(187)	976,447	(976,447)	-	(187)
Respite services	6,077	-	-	(6,077)	-
Adult services	31,077	24,967	(21,284)	(34,760)	-
Young carer services	57,070	208,086	(194,426)	-	70,730
	121,957	1,428,223	(1,388,528)	(40,837)	120,815
Total funds	523,898	1,679,284	(1,628,136)	- 34,760	540,286

Supporting Carers in Essex fund

The Supporting Carers in Essex fund arises from a funding award from Essex County Council with matched funding from Macmillan Cancer Support towards a comprehensive countywide universal and targeted Carer support service.

The main project was due to run from April 2015 to March 2017 and overall value of grants was £1.910

The project was extended to March 2018 with £976,447 total grant funding.

Respite Services

The project is the running of the day centres in Maldon, Mersea Island, Chelmsford and Burnham.

Funds transferred to unrestricted as this service is no longer grant funded.

Adult Carer Services

The project is to support adult Carers.

Young Carer Services

The project is to support young and young adult carers.

General

This is the general running of the Charity.

19. Comparative note of reconciliation of funds 2017

	As at 01/04/16	Incoming resources	Outgoing resources	Transfers	As at 31/03/17
Unrestricted funds	388,262	99,394	(85,347)	(368)	401,941
Restricted funds					
General	585	161,845	(134,510)	-	27,920
Supporting Carers in Essex	89,187	1,020,902	(1,113,045)	2,769	(187)
Respite Services	21,096	196,709	(221,728)	10,000	6,077
Adult Carer Services	48,024	26,184	(30,803)	(12,328)	31,077
Young Carer Services	41,736	117,333	(101,926)	(73)	57,070
	200,628	1,522,973	(1,602,012)	368	121,957
Total funds	588,890	1,622,367	(1,687,359)	-	523,898

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2018

20. Analysis of net assets between funds	Unrestricted funds	Restricted funds	Total 2018	Total 2017
	£	£	£	£
Fixed assets	6,404	-	6,404	19,341
Current assets	57,838	61,303	119,141	93,648
Cash at bank and in hand	355,229	213,366	568,594	539,293
Current liabilities	-	(119,093)	(119,093)	(121,600)
	419,471	155,575	575,046	530,682

Comparative of analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total 2017	Total 2016
	£	£	£	£
Fixed assets	19,341	-	19,341	29,551
Current assets	32,345	61,303	93,648	107,213
Cash at bank and in hand	350,255	189,038	539,293	499,094
Current liabilities	-	(121,600)	(121,600)	(46,968)
	401,941	128,741	530,682	588,890

21. Operating lease commitments

As at 31st March 2018 the charity had future minimum lease payments under non-cancellable operating leases as follows:

	2018	2017
	£	£
Within 1 year	5,148	5,645
Operating lease ending 2 to 5 years	5,148	9,691
	10,296	15,336

22. Related party transactions

1 Trustee in 2018 (2017: 1) was reimbursed £14 (2017: £19) in respect of travel costs.

No emoluments or any other transactions (2017: no emoluments) were paid to any Trustees during the year.

23. Pension commitments

The Charity operates a defined contributions pension scheme. The assets of the scheme are held separately from those of the Charity in an independent administered fund. The pension cost charge represents contributions payable by the Charity to fund the amount to £15,257 (2016: £11,983). Contributions of £3,136 (2017: £1,573) were payable to the fund at the year end.

24. Supporting Carers in Essex Fund

The Supporting Carers in Essex grant has not been extended following the end of the year ended 31 March 2018. We will continue to deliver services across all areas: Young Carers, Adult Carers and Respite Day Care.

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS COMPARATIVE YEAR ENDED 31 MARCH 2018

25. Statement of Financial Activities for 2017

	Notes	Unrestricted funds £	Restricted funds £	Total 2017 £
Income				
Donations and legacies		8,039	19,229	27,268
Income from charitable activities		85,886	1,502,894	1,588,780
Other trading activities		5,469	850	6,319
Total income		<u>99,394</u>	<u>1,522,973</u>	<u>1,622,367</u>
Expenditure on:				
Raising funds		1,714	-	1,714
Charitable activities		83,633	1,602,012	1,685,645
Total expenditure		<u>85,347</u>	<u>1,602,012</u>	<u>1,687,359</u>
Net income before transfers		<u>14,047</u>	<u>(79,039)</u>	<u>(64,992)</u>
Transfer between funds		(368)	368	-
Net income and net movement in funds after transfers		13,679	(78,671)	(64,992)
Funds as at 1 April 2016		388,262	200,628	588,890
Funds as at 31 March 2017		<u>401,941</u>	<u>121,957</u>	<u>523,898</u>