REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD FROM 26 AUGUST 2008 TO 31 AUGUST 2009

SATURDAY

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Registered Charity Number: 1127164

Company Number 06680960 (England and Wales)

CHARITY INFORMATION

DIRECTORS AND TRUSTEES

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COMPANY SECRETARY

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COMPANY NUMBER

06680960

REGISTERED CHARITY NUMBER

1127164

DATE OF INCORPORATION

26 August 2008

REGISTERED OFFICE

Brickhouse Farm Community Centre

Poulton Close

Maldon

Essex CM9 6NG

ACCOUNTANTS

Barnes Clark of Maldon

Chartered Certified Accountants

Victoria House 88 The Causeway

Maldon

Essex CM9 4LL

BANKERS

Lloyds TSB Bank Plc

High Street Maldon

Essex

SOLICITORS

The Mitchell Plamplin Partnership

22 High Street

Maldon

Essex CM9 7PJ

and

Birkett Long LLP

Essex House, 42 Crouch Street

Colchester Essex CO3 3HH

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DIRECTORS AND TRUSTEES REPORT

PERIOD 26 AUGUST 2008 TO 31 AUGUST 2009

The Directors present their Report together with the Financial Statements of the Charitable Company for the period ended 31 August 2009.

INCORPORATION AND COMMENCEMENT OF CHARITABLE ACTIVITIES

Action for Family Carers was incorporated on 26 August 2008 and commenced charitable activities on 1 April 2009. From the date of incorporation to 31 March 2009 the company was dormant. The company was incorporated as Action for Family Carers Limited and then changed its name to Action for Family Carers.

ACQUISITION OF NET ASSETS FROM MALDON CARERS CENTRE

Action For Family Carers was founded in 2008 and replaced the charity Maldon Carers Centre. On the 31 March 2009 Maldon Carers Centre ceased to exist and passed all of its net assets to Action for Family Carers. The net assets acquired from Maldon Carers Centre amounted to £47,760.

GOVERNING DOCUMENTS

The organisation is a charitable company limited by guarantee, incorporated on 26 August 2008 and registered as a Charity in 2008 (number 1127164). The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under the Articles of Association.

AIMS AND OBJECTIVES

Action For Family Carers is established for the relief of persons who are ill, disabled, incapacitated or elderly, by the provision of information, education, support, respite care, recreation and advocacy for their Carers.

The charity provides support and information to unpaid Carers within Chelmsford, Colchester (young carers), Brentwood, Braintree, Uttlesford (Advocacy), Mersea and Maldon

The Charity is a member of the network of U.K. carers' centres established by the Princess Royal Trust for Carers. The Charity's membership facilitates access to many of the Trust's resources. The Charity remains, however, an independent, local charity which has developed close links with many local organisations, charities and community groups, NHS Primary Care Trusts and Essex County Council.

FUNDING SOURCES

The Charity's activities are funded mainly by grants from Essex County Council, the Mid Essex NHS, other grant awarding bodies and donations from its supporters. Regular quarterly monitoring returns are made to the funders as a condition of continued funding

DIRECTORS AND TRUSTEES REPORT FOR THE PERIOD ENDED 31 AUGUST 2009 (CONTINUED)

DIRECTORS AND MANAGEMENT COMMITTEE

The Directors of the Company are also Charity Trustees for the purposes of Charity law and under the Company's Articles are known as members of the Management Committee All members of the Management Committee give their time voluntarily and received no benefits from the Charity

The Directors who served during the financial period are set below Directors are appointed by the Members attending the Annual General Meeting or Extraordinary General Meetings

The Directors meet on a regular basis as the Board of Management There are also sub-committees which meet to undertake defined tasks on the Management Committee's behalf

LIST OF DIRECTORS

Managing Director (Chair of Trustees) Mrs K Leggett
Vice Managing Director(Vice Chair of Trustees) Mrs J Spicely

Treasurer and Company Secretary Mr C Foster - Resigned 20/1/2010

Treasurer (appointed as a Director 24/11/2009 and then appointed Treasurer 20/1/2010) Mr R Bettinson

Company Secretary (appointed 20/1/2010) Mr C Philpot

Other Directors Mr L Duncombe

Mr C Bennett

Mr B Hansen - Appointed 24/1/2009

Ms D Guppy - Resigned 15/1/2009

Mr T Roberts - Resigned 21/7/2009

New Directors are subject to an induction programme, which is organised by the Managing Director (Chair of Trustees) and addresses their legal responsibilities as Directors as well as familiarising them with the Charity's work and activities All Directors are able to benefit from external training courses in order to improve their knowledge and the performance of their trustee duties.

Directors receive no remuneration for their duties or responsibilities. They are however reimbursed for any out-of-pocket expenses they incur on the Charity's business

REVIEW OF ACTIVITIES FOR PUBLIC BENEFIT

With the change of name and status commencing on the 1 April 2009, this is an exciting period for the charity and the Carers and Cared-For we support

The publication of Mid Essex NHS 5 year Strategy has rewarded staff and Carers alike for the hard work put into ensuring Carers were on the NHS agenda. The hard work does not stop here, as there is always a constant need for highlighting Carers to Government, Social care, health, businesses and the community

DIRECTORS AND TRUSTEES REPORT FOR THE PERIOD ENDED 31 AUGUST 2009 (CONTINUED)

REVIEW OF ACTIVITIES FOR PUBLIC BENEFIT (CONTINUED)

Carers week was a great success; seeing new Carers identified and many events attended and enjoyed by all.

New services have been launched this year. By responding positively to gaps and needs identified and successfully gaining funding we have been able to offer new projects supporting Carers.

New Initiatives

Advocacy

A new project, delivering Advocacy to Carers in Maldon, Chelmsford, Brentwood and Uttlesford was set up in July 2009. The service is managed by the adult team leader and recruitment of an advocate is underway.

The Carers' Advocacy Scheme is a free and confidential service, which helps Carers, to explore their options and secure their rights. Providing representation, acceptance and information.

The Carers' Advocate will support and work with Carers on specific decisions or tasks to help them reach the outcomes, which work best for each individual.

The project aims to achieve a fairer balance of power between individuals, groups and professionals. If necessary, the advocate will challenge the decisions that professionals make on the Carers behalf.

The Carers Advocate can provide Carers with relevant independent information, to help them understand their rights and entitlements. The advocate will work alongside Carers to ensure that their rights and entitlements are upheld

The Carers Advocate can also offer Carers practical assistance, for example:

- help Carers prepare for meetings
- support or represent Carers at reviews or assessments
- help Carers to write letters
- liaise with social care and health professionals on Carers behalf

Brentwood

This project is a geographical extension to the service provided by the adult Carers team. A new support and development worker has been employed and is managed by the Adult Team leader

The service is developing new services where need is identified, based on research undertaken. The service aims to provide information and emotional support, raises the profile of Carers and the Charity, and identifies new Carers by promoting the projects services at information days, displaying posters, leaflet hand outs and continual communication with all professionals that may come into contact with Carers.

DIRECTORS AND TRUSTEES REPORT FOR THE PERIOD ENDED 31 AUGUST 2009 (CONTINUED)

Mersea Outreach Respite

Mersea respite offers a weekly Carers respite and support service on the Island. The service is designed to suit individual Carers needs and will cater for both Carers and their Cared-For. Carers may attend with their Cared-For and join a breakaway Carers support group with the opportunity to receive support and meet others in similar situations. The Cared-For may attend without their Carers enabling the Carer to have a break safe in the knowledge that trained care assistants will be looking after their Cared -For. Stimulating activities, social interaction and a cooked meal is provided to those attending

The respite service is supervised by, the Day Care Manager who is supported by the Day Care Managers Assistant, Care Assistants, Carers Support worker and volunteers.

Continuation of services

The following projects were successful in gaining ongoing funding for the year 2009 - 2010

Adult team

Maldon, Braintree, Chelmsford Carers Support - Providing support, information and breaks to Carers

Carers hospital Link Worker - Providing support to Carers in hospital or Carers whose, Cared-For are in hospital, through their hospital stay and the discharge process

Respite team

Maldon Day Centre, Maldon Village outreach and Chelmsford outreach - providing respite for Carers

Young Carers team

Maldon, Chelmsford and Colchester Young Carers support - Providing emotional and practical support, educational opportunities, outlings and respite to Young Carers 8+

School Link Worker - Providing support to schools and their pupils

Young Carers Schools Coordinator - providing support to schools and pupils in Essex via a new project

Staffing

The seven Trustees currently employ twenty- five full and part time staff. The work of the staff is, supported, by twenty volunteers, who assist with administrative tasks, supporting Carers, cooking and caring for clients.

PREMISES

The Charity operates from premises owned by Maldon District Council which are situated at the Brickhouse Farm Community Centre, Poulton Close, Maldon, supplemented by the hiring, as necessary, of off-site venues for activities in the surrounding areas and in Chelmsford and Braintree

The Charity is extremely grateful to Maldon District Council for making the Brickhouse Farm Community Centre site available for its use

DIRECTORS AND TRUSTEES REPORT FOR THE PERIOD ENDED 31 AUGUST 2009 (CONTINUED)

FINANCIAL REVIEW

The Directors acknowledge their responsibilities for ensuring that the Charity keeps accurate accounting records and for preparing Financial Statements which give a true and fair view of the state of affairs of the Charity as at 31 August 2009 and of it's surplus for the period then ended

The Directors report that net incoming resources for the period ended 31 August 2009 amounted to £19,767. The amounts analysed between restricted and unrestricted funds are as follows:

£

Unrestricted Funds 24,907
Restricted Funds (5,140)

Net Incoming Resources £ 19,767
(after gross transfers between funds)

The shortfall on certain restricted funds was met from the unrestricted funds of the Charity.

Income

Income was mainly received from Essex County Council and Mid Essex NHS Trust. Without these bodies providing the funding on an ongoing basis the Charity would not be able to function.

Expenditure

Staffing costs continue to be the main expenditure and given the nature of the charity that will not change. Carer support and assistance is entirely a 'people business', which means that the Charity's main cost component will always be staffing costs. It also means that staff attracted to the Charity must be of a suitable calibre to provide quality services and need therefore to be remunerated appropriately if they are to be retained. However, a high cost staffing component makes any organisation vulnerable to even minor changes in its resourcing and it is for this reason that the Charity maintains reserves adequate to deal with such a situation if it should arise (see Reserves policy on the next page).

Attribution of Expenditure to Activities

Payroll costs are attributed to the Charity's activities on the basis of a monthly estimation of the time spent by each member of staff on those activities. Non-payroll costs that can be identified directly with an activity are charged to that activity. General overhead costs are allocated to activities on the basis of the payroll costs attributed to those activities.

DIRECTORS AND TRUSTEES REPORT FOR THE PERIOD ENDED 31 AUGUST 2009 (CONTINUED)

Expenses

The Staff expenses for the five months ended 31 August 2009 were £120,042 The staff employed have been fully costed within the income that is available to the Charity

INVESTMENT POLICY

The Charity has a policy of keeping its surplus funds in an interest bearing deposit account maintained by its bankers. The Charity monitors on a regular basis the interest rate on its deposit account and the amount it needs to keep in available cash resources in its current account

RESERVES POLICY

The Directors' policy is to maintain unrestricted reserves which would enable the Charity to continue its provision of services for a period of time in circumstances where its main source of income might cease or be reduced significantly, or if it's funding were to be delayed. At 31 August 2009 the balance on available unrestricted reserves was £64,067, which represented approximately 6 weeks of average expenditure.

The Restricted Reserves at 31 August 2009 amounted to £3,460 and these were funds held for specific projects. Any surplus funds are returned to the relevant Donor and any shortfalls are covered from our unrestricted reserves

RISK ASSESSMENT

The Directors continue to review the major strategic, business and operational risks (including health & safety) which the Charity faces. The Directors review biannually the strategic options for the Charity in the context both of the need for its services and the likely availability of future funding to support this work. The Directors are satisfied that systems are in place to monitor and control all areas where there is an identifiable risk with financial, operational or reputational implications. Enhanced risk assessment measures were implemented during 2004/05 to reflect the Charity's new responsibilities for Young Carers.

INDEPENDENT EXAMINATION

The Charity is also required to appoint Independent Examiners to report on its financial affairs. The Charity's present Independent Examiners, Barnes Clark of Maldon, have indicated their willingness to continue in that capacity and a resolution will be put to the Annual General Meeting for their re-appointment

SMALL COMPANY RULES

These Financial Statements have been prepared in accordance with the small companies regime of the Companies Act 2006

This Report was approved by the Board on 4 March 2010 and signed on its behalf

Director: K. M. Leggett - Chourman - 2-3-2010

R. Bellina - Tameran 3-3-2010

INDEPENDENT EXAMINER'S REPORT TO THE DIRECTORS AND TRUSTEES OF

ACTION FOR FAMILY CARERS

IN RESPECT OF THE PERIOD 26 AUGUST 2008 TO 31 AUGUST 2009

This is a report in respect of an examination carried out on the accounts set out on pages 8 to 17.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees consider than an audit is not required for this period (under section 43(2) of the Charities Act 1993 (the 1993 Act), and that an independent examination is needed.

It is my responsibility to.

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act; and
- to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

INDEPENDENT EXAMINER'S STATEMENT

In the course of my examination, no matter has come to my attention: -

- which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with Section 41 of the 1993 Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act, or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Victoria House 88 The Causeway Maldon Essex CM9 4LL

Jonathan R Clark FCCA BARNES CLARK OF MALDON

4 March 2010

Chartered Certified Accountants

ACTION FOR FAMILY CARERS STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD 1 APRIL 2009 TO 31 AUGUST 2009

	Unrestricted Funds	Restricted Funds	Total Funds
Notes	£	£	£
INCOMING RESOURCES			
Donations and Gifts	1,958	6,086	8,044
 Activities to Further the Charity's Objects - 			
- Grants, Contracts and Other Income	32,245		
 Activities to Generate Funds 	1,301	-	1,301
 Investment Income and Interest 	2		2
TOTAL INCOMING RESOURCES 4	35,506	154,381	189,887
RESOURCES EXPENDED COST OF GENERATING FUNDS			
Fundraising Costs	381	-	381
CHARITABLE EXPENDITURE			
Costs of Activities in Furtherance of the Objects of the Charity	4,162	165,577	169,739
TOTAL RESOURCES EXPENDED 5	4,543	165,577	170,120
NET INCOMING/(OUTGOING) RESOURCES - Before Transfers		(11,196)	19,767
GROSS TRANSFERS BETWEEN FUNDS	(6,056	6,056	-
NET INCOMING/(OUTGOING) RESOURCES FOR THE PERI	TOD 24,907	(5,140)	19,767
ADD - FUNDS TRANSFERRED FROM MALDON CARERS CENTRE		0.000	47 760
ON 1 APRIL 2009	39,160 	8,600 	47,760
TOTAL FUNDS AT 31 AUGUST 2009 - c/fwd		3,460 ======	

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INCOME AND EXPENDITURE ACCOUNT

PERIOD 26 AUGUST 2008 TO 31 AUGUST 2009

	Notes	£	£
INCOME			
Service Contracts, Grants etc		221,068	
Add: Deferred Income at 1 April 2009		39,265	
Less: Deferred Income at 31 August 20	009	(105,952)	
RESTRICTED INCOME			154,381
Donations and Gifts		1,958	
General Fundraising and Other Unrest	ricted Income	33,546	
Bank Interest Receivable		2	
UNRESTRICTED INCOME			35,506
TOTAL INCOME	4		189,887
LESS: EXPENDITURE: -			
Per Analysis of Expenditure	5 a		(170,120)
NET SURPLUS FOR THE PERIOD		.	£ 19,767

ACTION FOR FAMILY CARERS BALANCE SHEET AS AT 31 AUGUST 2009

	Notes	£	£
FIXED ASSETS	6		250
CURRENT ASSETS			
Debtors	7	31,509	
Cash at Bank and in Hand	8	167,333	
casii ac baiii and an anom	-		
		198,842	
LESS CREDITORS Amounts of		121 565	
within one year	9	131,565	
VIII CURRENT ACCREC		=-	67,277
NET CURRENT ASSETS			
NET ASSETS			£ 67,527
111111111111111111111111111111111111111			======
ACCUMULATED FUNDS OF THE	CHARITY		
W			64,067
Unrestricted Funds Restricted Funds			3,460
Restricted runds			
			£ 67,527
			======

For the financial period ended 31 August 2009 the company was entitled to exemption from audit under section 477 Companies Act 2006, and no notice has been deposited under section 476B(2) The Directors acknowledge their responsibility for ensuring that the company keeps accounting records which comply with section 386 of the Act and preparing accounts which give a true and fair view of the state of affairs of the company as at the period end and of its surplus for the financial period in accordance with the requirements of sections 393 and 394 and which otherwise comply with the requirements of the Companies Act 2006, so far as applicable to the company

The accounts have been prepared in accordance with the provision of the Companies Act 2006 applicable to companies subject to the small companies regime, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

These accounts were approved by the board of Directors on 4 March 2010 and were signed on its behalf by

Km Leggett 2-3-2010

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD 26 AUGUST 2008 TO 31 AUGUST 2009

1. ACCOUNTING POLICIES

1.1 Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost accounting rules, and in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008) (FRSSE).

1.2 Income and Expenditure

(a) Donations, legacies and similar incoming resources

Donations, legacies and similar incoming resources are included in the year in which they are receivable. This is when the charity becomes entitled to the resource.

(b) Grants and fees receivable

Grant and fee income is credited to the Statement of Financial Activities (SOFA) in the year in which it is receivable. Deferred income represents amounts received for future periods and is released to incoming resources in the period in which it has been applied.

(c) Investment income

Income from investments is included in the SOFA in the year in which it is receivable.

(d) Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been directly attributed to one of the categories of resources expended in the SOFA. The Charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

1.3 Tangible Fixed Assets and Depreciation

Tangible Fixed Assets are stated at cost or valuation less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of Fixed Assets, less their estimated residual value, over their expected useful lives on the following basis:-

Computers, Office Equipment and Furniture

10% per annum reducing balance basis

1.4 Stock

Stock is carried at the lower of cost and net realisable value.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD 26 AUGUST 2008 TO 31 AUGUST 2009

1 ACCOUNTING POLICIES (CONTINUED)

1.5 Funds

Unrestricted funds comprise those funds which the Trustees are free to use in accordance with the charitable objects.

Restricted funds are funds which have been given for particular purposes or projects.

2 GROSS INCOME

In the period to 31 August 2009 all of the Charity's income was derived from charitable activities performed within the United Kingdom

3 TAXATION

As a Charity, Action For Family Carers is exempt from tax on income and gains to the extent that such income and gains are applied to its charitable objectives. No corporation tax charge arises for the period.

4 INCOMING RESOURCES

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
DONATIONS AND GIFTS			
Donations	1,958	6,086	8,044
ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS			
Grants, Contracts and Other Income	32,245	148,295	180,540
ACTIVITIES TO GENERATE FUNDS			
Fundraising Receipts	1,301	-	1,301
100 Club (now ceased)	-	-	
	1,301	-	1,301
INVESTMENT INCOME AND INTEREST			
Bank Interest	2	-	2
TOTAL INCOMING RESOURCES	35,506 ======	154,381	189,887

5 (b)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD 26 AUGUST 2008 TO 31 AUGUST 2009

5(a). ANALYSIS OF EXPENDITURE BY COST HEADING

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Cost of Generating Funds:-			
100 Club (now ceased)	70	_	70
Other Fundraising Costs	311	-	311
	381	-	381
Charitable Expenditure:-			
Staff Costs (Note 5(b))	-	120,042	120,042
Trustees Expenses (re 4 Trustees)	-	22	22
Staff Expenses (Travelling etc) Food, Transport and Direct Costs	-	8,584	8,584
re Carers/Clients	-	10,432	10,432
Repairs and Replacements	-	1,085	1,085
Telephones, Postage, Stationery		2 252	0.000
and Copier (Inc. Broadband)	-	2,973	2,973
Rent of Halls Payroll Bureau Fees	52	3,079 770	3,131 770
Bookkeeping and Accountancy Fees		6,763	6,763
Independent Examiners Fees	_ _	1,175	1,175
Legal and Professional Fees	4,065	597	4,662
Insurance	-	1,816	1,816
Other Costs	45	1,846	1,891
Advertising	-	1,360	1,360
Printing Leaflets	_	2,084	2,084
Cleaning	_	2,949	2,949
•			
	4,543	165,577	170,120
STAFF COSTS			
Wages and Salaries Employers NIC Pension Contributions			112,313 7,729
			120,042

The Charity employed on average 25 full and part-time staff in the period No staff member was paid in excess of £60,000 pa.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD 26 AUGUST 2008 TO 31 AUGUST 2009

		Computers,
6	TANGIBLE FIXED ASSETS	Office Equipment
		and Furniture
	O t	£
	Cost	
	Additions	250
	At 31 August 2009	250
	Parana at a a a	
	Depreciation	
	Charge for the Period	-
	At 31 August 2009	-
	Not Dock Velue	
	Net Book Value	
	As at 31 August 2009	250
		=====
7	DEBTORS	
		£
		21 500
	Accounts Receivable	31,509 =====
8	CASH AT BANK AND IN HAND	
_		
	Lloyds TSB - Deposit Account	22,866
	Lloyds TSB - Current Account	144,161
	Cash in Hand	306
		167 222
		167,333 =======
9	CREDITORS Amounts falling due within one year	
	Deferred Income	105,953
	Other Creditors and Accruals	25,612
		131,565
		======

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD 26 AUGUST 2008 TO 31 AUGUST 2009

10 FUNDS AS AT 31 AUGUST 2009

Restricted funds at 31 August 2009 of £3,460 were represented by net current assets.

Unrestricted funds at 31 August 2009 of £64,067 were represented by the balance of the net assets held by the Charity.

The source and application of the above funds is explained in the Trustees Report and Accounting policies

11 GIFTS IN KIND

The premises occupied by the Charity are kindly provided free of rent and certain overhead costs

12. CONTROL

The Directors and Trustees, set out on page 2, were responsible for the control of the Charity during the period.

13. NET ASSETS ACQUIRED FROM MALDON CARERS

On 1 April 2009, Action for Family Carers acquired Net Assets amounting to £47,760 from Maldon Carers Centre. The Net Assets were applied to the following funds. -

Unrestricted Funds at 1 April 2009	39,160
Restricted Funds at 1 April 2009	8,600
	£ 47,760

14. COMPANY STATUS

The company was incorporated on 26 August 2008 under company number 06680960 and is limited by Guarantee.