

**MAAN Somali Mental Health Sheffield**

**( Registered charity. Number 1125763 )**

**(Company Ltd by Guarantee No. 06639255)**

**Financial statements**

**for the year ended 31 March 2016**

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# **MAAN Somali Mental Health Sheffield**

## **Legal and administrative information**

### **Trustees**

|                 |           |
|-----------------|-----------|
| Dr Ogo Osammor  | Chair     |
| Janice Marks    | Treasurer |
| Kokila Patel    | Secretary |
| Mariame Anthony |           |

### **Management Committee Members**

Dr Mohamud Ege  
Abdirahaman Mohamoud  
Faud Mohamed Sheikh  
Bare Degaal  
Mubarak Hassan

### **Registered Charity number**

1125763

### **Company Ltd by Guarantee number**

06639255

### **Principal Address**

8 Paradise Street  
Sheffield  
S1 2DF

### **Independent Examiner**

Craig Williamson  
White Rose Accounting for Charities  
Castlemere  
Castle Lane  
Penistone  
S36 6AN

### **Bank**

Co-operative Bank plc  
78/82 Pinstone Street  
Sheffield  
S1 2PH

## **MAAN Somali Mental Health Sheffield**

### **Trustee's report**

The Trustees present their annual report and financial statements for the year ended 31 March 2016 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards for Smaller Entities.

### **Structure, governance and management**

The charity is governed by its memorandum and articles of association incorporated , on 7 July 2008 and was entered on the Register of Charities effective from 8 September 2008.

The organisation's finances and policies are administered by an Executive Committee made up of elected members and nominated non-voting members.

Both paid staff and volunteers are involved in the day to day running of the project.

The trustees who served during the year are listed on page 2 on the report.

Information for potential Trustees is made available before each A.G.M and new Trustees are voted on at the Annual General Meeting.

### **Objectives and activities**

The Objects of the organisation include:

- ☐ To relieve poverty, sickness and the distress arising therefrom of Somali persons living in Sheffield and districts. Who are suffering from mental illness or mental incapacity, by assisting such persons to obtain full rights and privileges as citizens
- ☐ to provide facilities for counselling and support and leisure activities for Somali people who are suffering from mental illness or mental incapacity in the area of benefit in the interests of social welfare and the object of improving their conditions of life
- ☐ to advance the education of the public in all matters of health issues for Somali people who are suffering from mental illness or mental incapacity in the area of benefit.

### **Financial Review**

Income for the year is shown at £112,456 (2015: £154,558) and this is mostly from grant funding which is listed on the notes to the accounts. Expenditure is shown at £118,886 (2015: £141,187) with a year end carried forward of unrestricted funds balance of £52,749 (2015: £59,179 )

### **Reserves policy**

The reserves are needed to ensure that Maan can continue its services in times when the funding received does not cover the costs of the provision of services. It is vital that Maan find ways of both increasing the income which covers the core costs of the organisation, and finds new sources of funding in order to expand our services to address the ever growing needs of the Somali community in Sheffield. Our aim is to achieve reserves equal to six months running costs.

## **MAAN Somali Mental Health Sheffield**

### **Trustee's report continued**

#### **Public benefit statement**

Maan Somali Mental Health Sheffield addresses the needs of members of the Somali Community experiencing severe enduring mental health problems and supporting Sheffield NHS and other statutory provider agencies in order to contribute to a more effective delivery of mainstream services.

#### **Achievements and performance**

##### **Maan Mental Health Support Service.**

Maan continues to meet the current need for the service despite the sustained high level of demand. Sheffield City Council Public Health has granted an extension of our contract until March 2017. The future for Maan after this date is unknown at this point, but we do know that Maan provides a unique service to the Somali community in Sheffield and it is difficult to imagine how the needs of individuals with serious mental health issues would be met without our support.

We continue to meet the diverse needs of clients, community groups and members. Throughout the year we have engaged in the process of articulating and demonstrating the value in terms of impact, outcome and strategic position of our work. The positive part of this process is that we were able to engage with and mobilise dialogue across the organised parts of the Somali community, other voluntary and community groups and main stream organisations who we work with. Alongside this we engaged with individual, clients and carers who benefit from direct support provided by us. The challenging part of taking a lead role in this process is that we have been further stretched in terms of using our limited assets, in terms of workers, volunteers, management committee members and our allies. We still maintained the high quality in the delivery of our core role, while supporting a significant community engagement and consultation process led by the council.

Despite the challenges we are facing we shall strive to continue serving to our high standards.

##### **Somali Community Carers Project (Carers in Sheffield)**

Maan has been an active contributor to the work of the Carers In Sheffield(CiS) Consortium. CiS is co-ordinated and managed by Sheffield Cubed.

As one of the delivery partners Maan have used our experience, knowledge and insights to help shape the strategic direction of this work. Our approach in this consortia is to make sure that the specific strengths, challenges and needs of Muslim carers are reflected in all strategic and operational work.

We are committed to developing and promoting approaches which give appropriate support to 'below the radar' groups where voices are often not included.

Maan developed this project because of the increase in referrals from the Somali and other BME communities we experienced in terms of carers supporting a wide range of health and social care needs of family members and friends. We are proud to be the only organisation providing culturally appropriate services for the Somali community.

Working with women from the Somali Community and other BME communities we have been able to design culturally sensitive activities which have been shaped by the insights and ideas identified by carers as they participated in the project.

## **MAAN Somali Mental Health Sheffield**

### **Trustee's report continued**

#### **Muslim Elders**

Somali Mental Health project aims to encourage health & wellbeing and provide a platform for Somali elderly to interact, transfer knowledge and socialise. Maan provides advice on issues like mental health, benefits and access to public and private services, empowering vulnerable elderly members of Somali communities with the knowledge to appropriately access services provisions. Maan delivered sessions held at community centres, carried out outreach-work with members of the Somali community whom are isolated and house bound due to issues like lack of transportation or mobility. We publicise these sessions by word of mouth, flyers and making announcements at other events. Maan provides taxi services to collect clients from their homes and brought to the sessions to participate. Maan in partnership with ROSHNI continues delivering this service to Muslim Elders addressing a range of issues during the workshops.

Maan has continued to reach out to isolated and vulnerable elders from across Sheffield's Somali community. The themes which we have covered include; smoking cessation, advice on changes to pensions, Change, welfare rights, housing issues and maintaining health and well-being in later, chronic pain awareness.

The majority of the Somali participants in this project are aged between 60 - 70 years, many experience a range of physical and psychological health related problems.

#### **Ongoing Community Development Work**

We have worked with small community led organisations, the Sheffield Somali Forum and three main Mosques supporting the spiritual needs of the Somali community. This work has ranged from responding the issues around safeguarding for young people and vulnerable adults. We have organised a successful conference, around potential dangers relating to shish cafes, involvement from Chief Commissioner of South Yorkshire, Sheffield City Council, Sheffield Health Trust and Voluntary sector allies.

#### **Finally**

Maan continues to serve as the strong bridge and facilitator between service user and provider in an ever changing area. In this, the maturity of the organisation and our ability to thrive in adversity which help us, as a first point of contact, to maintain our ability to respond and help in areas other less versatile organisations just can't. This unique position allows Maan to work with the community in a realistic, holistic manner in both health and social needs.

Maan continues to work with carers in the community which is an integral area in the overall wellbeing of service users, family and friends as well as the frontline service staff.

#### **Maan Somali Mental Sheffield has worked in partnership with/supported:**

Building Together – Somali Young People's Group  
Burngreave Women's Network  
Carers Support Group  
Eritrean Women's Group  
Federation for Community Development Learning  
Mothers Of Burngreave  
ROSHNI  
SACMHA  
Sheffield City Council  
Sheffield Cubed  
Sheffield Health & Social Care Foundation Trust  
Sheffield Somali Forum  
CIS (Cubed, Sheffield Carers Centre, PACA, Mind, Sheffield Advice Bureau)

**Trustee's report continued**

**Trustees responsibilities for the financial statements**

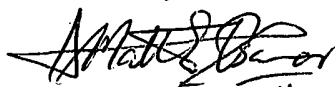
Company and charity law requires the trustees to prepare financial statements for each financial period which show the state of affairs of the charity and of net income or expenditure of the charity for that period. In preparing those financial statements, the Trustees are required to:

- ☐ select suitable accounting policies and apply them consistently;
- ☐ make judgements and estimates that are reasonable and prudent.
- ☐ prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.
- ☐ state whether applicable accounting standards of recommended practice have been followed subject to any departures disclosed and explained in the financial statements.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable the Trustees to prepare financial statements. The Trustees are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

This report was approved by the Trustees on 14/11/16 and is signed on their behalf by:



Dr Ogo Osammor  
Chair

## **MAAN Somali Mental Health Sheffield**

### **Independent Examiner's report on the Accounts of MAAN Somali Mental Health Sheffield for the year ended 31 March 2016**

I report on the accounts of the company for the year ended 31 March 2016, which are set out on pages 8 to 11.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- ☐ examine the accounts under section 145 of the 2011 Act;
- ☐ to follow the procedures laid down in the general Directions given by the Charity Commission under section 145 (5)(b) of the 2011 Act; and
- ☐ to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: \_\_\_\_\_

Craig Williamson  
White Rose Accounting for Charities  
Castlemere  
Castle Lane  
Penistone  
S36 6AN

Date: 16/11/16

## MAAN Somali Mental Health Sheffield

### Balance Sheet as at 31 March 2016

| Company number: 06639255                                | 2016          | 2015          |
|---|---------------|---------------|
| Notes   | £             | £             |
| <b>Current Assets</b>                                   |               |               |
| Balance at Bank   | 47,094        | 53,554        |
| Cash in Hand  | 7             | 17            |
| Debtors 2   | 6,084         | 6,038         |
| <b>Total Current Assets</b>                             | <b>53,184</b> | <b>59,609</b> |
| <b>Creditors: amounts falling due within one year 3</b> | <b>(435)</b>  | <b>(430)</b>  |
| <b>Net current assets/(liabilities)</b>                 | <b>52,749</b> | <b>59,179</b> |
| <b>Total assets less current liabilities</b>            | <b>52,749</b> | <b>59,179</b> |
| <b>Creditors: amounts falling due after one year</b>    | <b>-</b>      | <b>-</b>      |
| <b>Net Assets</b>                                       | <b>52,749</b> | <b>59,179</b> |
| <b>Represented By</b>                                   |               |               |
| Restricted funds  | -             | -             |
| Unrestricted income fund                                | 52,749        | 59,179        |
|   | <b>52,749</b> | <b>59,179</b> |

For the year ending 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities;

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements are approved by the Trustees on 14/11/16 and signed on its behalf by:

  
Dr Ogo Osammor  
Chair

  
Janice Marks  
Treasurer



# MAAN Somali Mental Health Sheffield

## Statement of financial activities for the year ended 31 March 2016

|   | Notes | Total<br>2016<br>£ | Total<br>2015<br>£ |
|---|-------|--------------------|--------------------|
| <b>Income for</b>                                     |       |                    |                    |
| Income from Charitable activities                     |       |                    |                    |
| Grants and contracts                                  | 4     | 111,682            | 150,072            |
| Income from generated funds                           |       |                    |                    |
| Other income  |       | 722                | 4,393              |
| Investment income                                     |       | 52                 | 93                 |
| <b>Total incoming resources</b>                       |       | <b>112,456</b>     | <b>154,558</b>     |
| <b>Resources expended</b>                             |       |                    |                    |
| Charitable activities:                                |       |                    |                    |
| Wages, NI and payroll service                         | 5     | 92,154             | 111,194            |
| Staff travel expenses                                 |       | 2,084              | 3,518              |
| Insurance   |       | 1,869              | 1,831              |
| Premises costs  |       | 11,252             | 11,218             |
| Printing, stationery and publications                 |       | 1,435              | 1,090              |
| Telephone and postage                                 |       | 3,335              | 3,284              |
| Equipment   |       | 1,786              | 2,048              |
| Membership and Registration Fees                      |       | 48                 | 584                |
| Volunteer expenses                                    |       | 105                | 50                 |
| Training and conference                               |       | 104                | 190                |
| Refreshments  |       | 748                | 1,024              |
| Project events and activities                         |       | 3,151              | 4,504              |
| Accountancy & independent examination                 |       | 510                | 620                |
| AGM expenses  |       | 297                | -                  |
| Bank charges  |       | 8                  | 32                 |
| <b>Total resources expended</b>                       |       | <b>118,886</b>     | <b>141,187</b>     |
| <b>Net Incoming/(outgoing) resources for the year</b> |       | <b>(6,430)</b>     | <b>13,371</b>      |
| Total funds brought forward                           |       | 59,179             | 45,808             |
| <b>Total funds carried forward</b>                    |       | <b>52,749</b>      | <b>59,179</b>      |

## **MAAN Somali Mental Health Sheffield**

### **Notes to the financial statements for the year ended 31 March 2016**

#### **1 Accounting Policies**

##### **(a) General**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16/7/14, the Financial Reporting Standard for Smaller Entities (FRSSE effective January 2015), and the Companies Act 2006.

##### **(b) Income**

Grants donations and Income from charitable trading activities are recognised in full in the Statement of Financial Activities in the year in which they are received.

##### **(c) Restricted Funds**

Restricted funds are used for specific purposes as laid down by the donor. Expenditure which meets the criteria is identified to the fund together with a fair allocation of management and support costs.

##### **(d) Unrestricted Funds**

Unrestricted Funds are other income received or generated for the objects of the charity without further specified purpose and are available as general funds.

##### **(e) Resources expended**

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of V.A.T. The company is not VAT registered.

Governance costs of the charity relate to the costs of running the charity such as the costs of meetings, professional costs and statutory compliance, and includes any costs which cannot be specifically identified to another expenditure classification. In the opinion of the trustees all support costs relate to charitable expenditure.

##### **(f) Tangible Fixed Assets and Depreciation**

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost of each asset over its useful life.

##### **(g) Fund Accounting**

Funds held by the charity are either restricted funds or unrestricted general funds. Unrestricted funds are funds which can be used in accordance with the charitable objects at the discretion of the trustees. Restricted funds that can only be used for a particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### **2 Debtors**

|               | <b>Total</b> | <b>Total</b> |
|---------------|--------------|--------------|
|               | <b>2016</b>  | <b>2015</b>  |
|               | <b>£</b>     | <b>£</b>     |
| Trade Debtors | 6,084        | 6,038        |

• **MAAN Somali Mental Health Sheffield**

**Notes to the financial statements  
for the year ended 31 March 2016**

**3 Creditors: amounts falling due within one year**

These are amounts owed by the group but not paid during the accounting period.  
They are in respect of:

|                 | <b>Total<br/>2016<br/>£</b> | <b>Total<br/>2015<br/>£</b> |
|-----------------|-----------------------------|-----------------------------|
| Trade creditors | 435                         | 430                         |
|                 | <b>435</b>                  | <b>430</b>                  |

**4 Grants and contracts:**

|   | <b>Total<br/>2016<br/>£</b> | <b>Total<br/>2015<br/>£</b> |
|---|-----------------------------|-----------------------------|
| <b>Contracts:</b>                       |                             |                             |
| Sheffield City Council                  | 73,000                      | 73,000                      |
| Supporting People Payments              | 10,874                      | 43,496                      |
| <b>Grants:</b>                          |                             |                             |
| Awards for All                          | -                           | 6,505                       |
| Darnall Wellbeing                       | 2,800                       | -                           |
| Penderels Trust                         | 2,020                       | 863                         |
| ROSHNI (Muslim Elders Project)          | 2,194                       | -                           |
| SACMHA                                  | 2,775                       | 5,370                       |
| Sheffield Health and Social Care (SHSC) | 6,000                       | 6,000                       |
| Sheffield Mind                          | 2,850                       | 4,005                       |
| Sheffield Cubed (Wellbeing Consortium)  | 9,169                       | 10,833                      |
|   | <b>111,682</b>              | <b>150,072</b>              |

**5 Salaries and committee remuneration:**

|                               | <b>Total<br/>2016<br/>£</b> | <b>Total<br/>2015<br/>£</b> |
|-------------------------------|-----------------------------|-----------------------------|
| Salaries:-                    |                             |                             |
| Gross salaries                | 79,514                      | 97,803                      |
| Employer's national insurance | 4,987                       | 4,987                       |
| Redundancy                    | 500                         | -                           |
| Associate fees                | 6,815                       | 8,160                       |
| Payroll charges               | 338                         | 244                         |
|                               | <b>92,154</b>               | <b>111,194</b>              |

The committee received no reimbursement for out-of-pocket expenses nor any remuneration during the year.