

Registered number  
06614834

Yogasara C.I.C.

Filleted Accounts

30 June 2022

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COMPANIES HOUSE

**Yogasara C.I.C.**  
**Registered number:** 06614834  
**Balance Sheet**  
**as at 30 June 2022**

	Notes	2022 £	2021 £
<b>Fixed assets</b>			
Tangible assets	3	6,339	5,064
<b>Current assets</b>			
Debtors	4	352	494
Cash at bank and in hand		26,212	33,406
		<u>26,564</u>	<u>33,900</u>
<b>Creditors: amounts falling due within one year</b>	5	(2,403)	(6,120)
<b>Net current assets</b>		<u>24,161</u>	<u>27,780</u>
<b>Total assets less current liabilities</b>		<u>30,500</u>	<u>32,844</u>
<b>Provisions for liabilities</b>		(1,204)	(962)
<b>Net assets</b>		<u>29,296</u>	<u>31,882</u>
<b>Capital and reserves</b>			
Called up share capital		4,013	4,013
Profit and loss account		25,283	27,869
<b>Shareholders' funds</b>		<u>29,296</u>	<u>31,882</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.



Mr Laurence Elliott  
 Director

Approved by the board on 17 March 2023

**Yogasara C.I.C.**  
**Notes to the Accounts**  
**for the year ended 30 June 2022**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

***Turnover***

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

***Tangible fixed assets***

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset over its expected useful life, as follows:

Plant and machinery	25% reducing balance
Computer equipment	over 3 years

***Taxation***

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

**2 Employees**

	<b>2022 Number</b>	<b>2021 Number</b>
Average number of persons employed by the company	<u>0</u>	<u>0</u>

**3 Tangible fixed assets**

	<b>Plant and machinery etc £</b>	<b>Computer equipment £</b>	<b>Total £</b>
<b>Cost</b>			

**Yogasara C.I.C.**  
**Notes to the Accounts**  
**for the year ended 30 June 2022**

At 1 July 2021	7,492	1,133	8,625
Additions	3,267	434	3,701
At 30 June 2022	<u>10,759</u>	<u>1,567</u>	<u>12,326</u>

**Depreciation**

At 1 July 2021	2,998	563	3,561
Charge for the year	1,940	486	2,426
At 30 June 2022	<u>4,938</u>	<u>1,049</u>	<u>5,987</u>

**Net book value**

At 30 June 2022	<u>5,821</u>	<u>518</u>	<u>6,339</u>
At 30 June 2021	<u>4,494</u>	<u>570</u>	<u>5,064</u>

<b>4 Debtors</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade debtors	120	118
Directors' loan account	232	-
Other debtors	-	376
	<u>352</u>	<u>494</u>

<b>5 Creditors: amounts falling due within one year</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade creditors	188	-
Directors' loan account	-	715
Taxation and social security costs	159	4,039
Other creditors	2,056	1,366
	<u>2,403</u>	<u>6,120</u>

**6 Other information**

Yogasara C.I.C. is a private company limited by shares and incorporated in England. Its registered office is:  
10-12 Picton St  
Bristol  
BS6 5QA

# CIC 34

## Community Interest Company Report

<i>Please complete in typescript, or in bold black capitals.</i>	<b>For official use</b> (Please leave blank)	
	<b>Company Name in full</b>	YOGASARA CIC
	<b>Company Number</b>	06614834
	<b>Year Ending</b>	30 June 2022

*(The date format is required in full)*

**Please ensure the company name is consistent with the company name entered on the accounts.**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

### **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The company runs Yogasara Studio, a yoga studio offering high quality yoga tuition to the community of Bristol. During the financial year 2021-22, the activities run by Yogasara have benefited the community in the following ways:

- Yoga students have continued to attend a wide variety of yoga classes offered by Yogasara teachers. Yoga offers a range of physical, mental and spiritual benefits, including pain relief and stress reduction.

- Teacher trainings were held at our studio in Bristol through our sister company Yogasara Training. These courses provide a high standard of yoga teaching and help create and sustain a community of yoga practitioners, providing a supportive environment for personal development.

- Free of charge space hire was provided for events raising money for charity, and for a local social enterprise to conduct yoga courses for marginalised groups in Bristol.

*(If applicable, please just state "A social audit report covering these points is attached").*

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

There has been no formal consultation necessary other than regular members meetings with Yogasara teachers, who are encouraged to provide feedback on the direction of the company and any suggested improvements that would help us better meet the needs of the community. Consultation is conducted with the wider community of yoga students using feedback forms which are filled out by students after the completion of Yogasara courses.

The feedback from these forms feeds into our ongoing assessment and improvement of courses offered by Yogasara to the community.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

The directors received salaries during the year. The total of the salaries paid to the directors was £23,871.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

*(Please continue on separate continuation sheet if necessary.)*

**PART 5 – SIGNATORY (Please note this must be a live signature)**

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed

*Laura Elliott*

Date

22/03/23

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

**(N.B. Please enclose a cheque for £15 payable to Companies House)**

