

THE COMPLETE MAN LIMITED

ABBREVIATED ACCOUNTS

29TH FEBRUARY 2016

Registered Number 6494503



THE COMPLETE MAN LIMITED

DIRECTOR

MS. N. SIMMONDS
MRS. P. SIMMONDS

SECRETARY

MS. N. SIMMONDS

REGISTERED OFFICE

5 BEAVERWOOD ROAD
CHISLEHURST
KENT
BR7 6HF.

BANKERS

ABBAY NATIONAL PLC
301 ST. VINCENT STREET
GLASGOW.
G2 5NT.

THE COMPLETE MAN LIMITED

Directors' Report

The directors present their report and accounts for the year ended 29th February 2016.

Principal Activities

The company's principal activity during the year continued to be that of male grooming.

Directors

The directors who served during the year and their interests in the share capital of the company were as follows:-

	£1 Ordinary Shares	
	2014/15	2015/16
Ms. N. Simmonds	1	1
Mrs. P. Simmonds	1	1

Political and Charitable Donations

During the year, the company did not make any political or charitable contributions.

Directors' Responsibilities

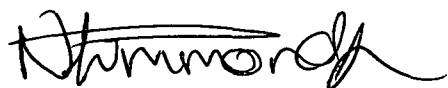
Company law requires the directors to prepare accounts for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss for that period. In preparing those accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors acknowledge their responsibility for:

- i) ensuring the company keeps accounting records which comply with Section 386; and
- ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year, in accordance with the requirements of Section 393 and which otherwise comply with the requirements of the Companies Act relating to accounts so far as is applicable to the company.

This report was approved by the board on 15th November 2016.



MS. N. SIMMONDS
DIRECTOR.

THE COMPLETE MAN LIMITED

**ABBREVIATED BALANCE SHEET
AS AT 29TH FEBRUARY 2016**

	NOTES	2016 £	2015 £
FIXED ASSETS	1	2068 -----	1142 -----
CURRENT ASSETS			
Stock		1820	1740
Debtors		952	-
Cash at Bank		-	-
		<u>2772</u>	<u>1740</u>
 CREDITORS: amounts falling due within one year		 4806 -----	 3253 -----
 NET CURRENT ASSETS/(LIABILITIES)		 (2032) -----	 (1513) -----
		34	(371)
		<u>34</u>	<u>(371)</u>
 CAPITAL AND RESERVES			
Called up share capital		2	2
Profit and Loss Account		32	(373)
		<u>34</u>	<u>(371)</u>

THE COMPLETE MAN LIMITED

BALANCE SHEET AS AT 29TH FEBRUARY 2016 (CONTINUED)

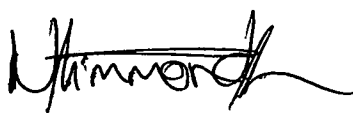
For the year ending 29th February 2016 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

Directors' Responsibilities

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

A handwritten signature in black ink, appearing to read 'N. Simmonds', with a stylized flourish at the end.

**MS. N. SIMMONDS
DIRECTOR.**

15TH NOVEMBER 2016

THE COMPLETE MAN LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS AT 29TH FEBRUARY 2016

1. ACCOUNTING POLICIES

Accounting convention

The accounts are prepared under the historical cost convention.

Fixed Assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write-off the cost or valuation, less the residual value of each asset over its expected useful life.

2. SHARE CAPITAL

	2014/15 & 2015/16	
	AUTHORISED	ALLOTTED AND FULLY PAID.
Ordinary Shares of £1 each	1000	2