

**THE COMPLETE MAN LIMITED**

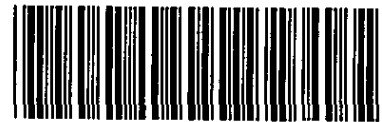
**ABBREVIATED ACCOUNTS**

**28<sup>TH</sup> FEBRUARY 2010**

**Registered Number 6494503**

**Page 1**

THURSDAY



\*LGQNIOM6\*

LD3

28/10/2010

52

COMPANIES HOUSE

**THE COMPLETE MAN LIMITED**

**DIRECTOR**

MS N SIMMONDS  
MRS. P. SIMMONDS

**SECRETARY**

MS. N SIMMONDS

**REGISTERED OFFICE**

16 TOWNSHEND ROAD  
CHISLEHURST  
KENT  
BR7 6HP

**BANKERS**

ABBAY NATIONAL PLC  
301 ST VINCENT STREET  
GLASGOW.  
G2 5NT.

## **THE COMPLETE MAN LIMITED**

### **Directors' Report**

The directors present their report and accounts for the period ended 28<sup>th</sup> February 2010.

### **Principal Activities**

The company's principal activity during the year continued to be that of male grooming.

### **Directors**

The directors who served during the year and their interests in the share capital of the company were as follows -

	£1 Ordinary Shares	
	2008/09	2009/10
Ms. N. Simmonds	1	1
Mrs P. Simmonds	1	1

### **Political and Charitable Donations**

During the year, the company did not make any political or charitable contributions

### **Directors' Responsibilities**

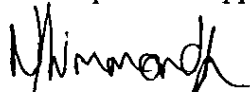
Company law requires the directors to prepare accounts for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss for that period. In preparing those accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business

The directors acknowledge their responsibility for

- i) ensuring the company keeps accounting records which comply with Section 386; and
- ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year, in accordance with the requirements of Section 393 and which otherwise comply with the requirements of the Companies Act relating to accounts so far as is applicable to the company

This report was approved by the board on 22<sup>nd</sup> October 2010.



**MS. N. SIMMONDS**  
**DIRECTOR.**

**THE COMPLETE MAN LIMITED**

**ABBREVIATED BALANCE SHEET  
AS AT 28<sup>TH</sup> FEBRUARY 2010**

	NOTES	2010 £	2009 £
<b>FIXED ASSETS</b>	1	473 -----	556 -----
<b>CURRENT ASSETS</b>			
Stock		280	240
Debtors		1167	175
Cash at Bank		- 1447	- 415
<b>CREDITORS: amounts falling due within                     one year</b>		4588 -----	3744 -----
<b>NET CURRENT ASSETS/(LIABILITIES)</b>		( 3141 ) -----	( 3329 ) -----
		( 2668 ) -----	( 2773 ) -----
<b>CAPITAL AND RESERVES</b>			
Called up share capital		2	2
Profit and Loss Account		( 2670 ) -----	( 2775 ) -----
		( 2668 ) -----	( 2773 ) -----

**THE COMPLETE MAN LIMITED**

**BALANCE SHEET AS AT 28<sup>TH</sup> FEBRUARY 2010 (CONTINUED)**

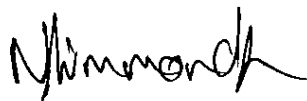
For the year ending 28<sup>th</sup> February 2010 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies

**Directors' Responsibilities**

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.



**MS. N. SIMMONDS  
DIRECTOR.**

**22<sup>ND</sup> OCTOBER 2010**

# THE COMPLETE MAN LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS AT 28<sup>TH</sup> FEBRUARY 2010

### 1. ACCOUNTING POLICIES

#### *Accounting convention*

The accounts are prepared under the historical cost convention

#### *Fixed Assets*

All fixed assets are initially recorded at cost.

#### *Depreciation*

Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write-off the cost or valuation, less the residual value of each asset over its expected useful life.

### 2. SHARE CAPITAL

	2008/09 & 2009/10	
	AUTHORISED	ALLOTTED AND FULLY PAID.
Ordinary Shares of £1 each	1000	2