

REGISTERED NUMBER: 06474256 (England and Wales)

Unaudited Financial Statements for the Year Ended 31 March 2019

for

The Healthy Life Company Ltd

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for the Year Ended 31 March 2019

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The Healthy Life Company Ltd

Company Information
for the Year Ended 31 March 2019

DIRECTOR:

Ms J Pettifer

REGISTERED OFFICE:

4 Little Brittox
Devizes
Wiltshire
SN10 1AR

REGISTERED NUMBER:

06474256 (England and Wales)

ACCOUNTANTS:

Accounting Solutions
2 Northside
Wells Road
Chilcompton
Radstock
BA3 4ET

Balance Sheet
31 March 2019

	Notes	2019 £	£	2018 £	£
FIXED ASSETS					
Intangible assets	4		-		-
Tangible assets	5		<u>264,155</u>		<u>263,520</u>
			264,155		263,520
CURRENT ASSETS					
Stocks		18,394		17,518	
Debtors	6	505		895	
Cash at bank and in hand		<u>4,027</u>		<u>6,558</u>	
		22,926		24,971	
CREDITORS					
Amounts falling due within one year	7	<u>203,846</u>		<u>210,738</u>	
NET CURRENT LIABILITIES			<u>(180,920)</u>		<u>(185,767)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>83,235</u>		<u>77,753</u>
CAPITAL AND RESERVES					
Called up share capital			1,000		1,000
Retained earnings			<u>82,235</u>		<u>76,753</u>
			<u>83,235</u>		<u>77,753</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director on 3 December 2019 and were signed by:

Ms J Pettifer - Director

Notes to the Financial Statements
for the Year Ended 31 March 2019

1. **STATUTORY INFORMATION**

The Healthy Life Company Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Intangible assets

Intangible assets are initially measured at cost. After initial recognition, intangible assets are measured at cost less any accumulated amortisation and any accumulated impairment losses.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on reducing balance
Website costs	- 33% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 7 (2018 - 7) .

4. **INTANGIBLE FIXED ASSETS**

	Goodwill £
COST	
At 1 April 2018 and 31 March 2019	<u>27,000</u>
AMORTISATION	
At 1 April 2018 and 31 March 2019	<u>27,000</u>
NET BOOK VALUE	
At 31 March 2019	<u>-</u>
At 31 March 2018	<u>-</u>

5. **TANGIBLE FIXED ASSETS**

	Freehold property £	Plant and machinery £	Website costs £	Totals £
COST				
At 1 April 2018	261,858	20,237	3,000	285,095
Additions	<u>-</u>	<u>1,400</u>	<u>-</u>	<u>1,400</u>
At 31 March 2019	<u>261,858</u>	<u>21,637</u>	<u>3,000</u>	<u>286,495</u>
DEPRECIATION				
At 1 April 2018	-	18,575	3,000	21,575
Charge for year	<u>-</u>	<u>765</u>	<u>-</u>	<u>765</u>
At 31 March 2019	<u>-</u>	<u>19,340</u>	<u>3,000</u>	<u>22,340</u>
NET BOOK VALUE				
At 31 March 2019	<u>261,858</u>	<u>2,297</u>	<u>-</u>	<u>264,155</u>
At 31 March 2018	<u>261,858</u>	<u>1,662</u>	<u>-</u>	<u>263,520</u>

6. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2019 £	2018 £
Trade debtors	105	495
Other debtors	<u>400</u>	<u>400</u>
	<u>505</u>	<u>895</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

7. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2019	2018
	£	£
Bank loans and overdrafts	118,086	129,976
Trade creditors	16,571	17,553
Taxation and social security	5,501	6,878
Other creditors	63,688	56,331
	<u>203,846</u>	<u>210,738</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.