

Registered Number 06474256

THE HEALTHY LIFE COMPANY LTD

Abbreviated Accounts

28 February 2014

Abbreviated Balance Sheet as at 28 February 2014

	<i>Notes</i>	<i>2014</i>	<i>2013</i>
		£	£
Called up share capital not paid		-	-
Fixed assets			
Intangible assets	2	-	-
Tangible assets	3	265,291	266,436
Investments		-	-
		<u>265,291</u>	<u>266,436</u>
Current assets			
Stocks		15,302	16,568
Debtors		719	511
Investments		400	400
Cash at bank and in hand		1,436	1,557
		<u>17,857</u>	<u>19,036</u>
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		(166,159)	(162,803)
Net current assets (liabilities)		<u>(148,302)</u>	<u>(143,767)</u>
Total assets less current liabilities		<u>116,989</u>	<u>122,669</u>
Creditors: amounts falling due after more than one year		(98,883)	(113,897)
Provisions for liabilities		0	(1,626)
Accruals and deferred income		0	0
Total net assets (liabilities)		<u>18,106</u>	<u>7,146</u>
Capital and reserves			
Called up share capital	4	1,000	1,000
Share premium account		0	0
Revaluation reserve		0	0
Other reserves		0	0
Profit and loss account		17,106	6,146
Shareholders' funds		<u>18,106</u>	<u>7,146</u>

- For the year ending 28 February 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 21 July 2014

And signed on their behalf by:

Miss Justina Pettifer, Director

Notes to the Abbreviated Accounts for the period ended 28 February 2014**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

Tangible assets depreciation policy

Tangible fixed assets other than freehold land are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows :

Land & Buildings - 0%

Plant & Machinery - 25% Reducing Balance

Intangible assets amortisation policy

Acquired Goodwill is written off in equal annual instalments over its estimated useful economic life.

Other accounting policies

Stock is valued at the lower of cost and net realisable value.

2 Intangible fixed assets

	£
Cost	
At 1 March 2013	27,000
Additions	0
Disposals	0
Revaluations	0
Transfers	0
At 28 February 2014	<u>27,000</u>
Amortisation	
At 1 March 2013	27,000
Charge for the year	0
On disposals	0
At 28 February 2014	<u>27,000</u>
Net book values	
At 28 February 2014	<u>0</u>
At 28 February 2013	<u>0</u>

3 Tangible fixed assets

	£
Cost	
At 1 March 2013	281,152
Additions	0
Disposals	0
Revaluations	0
Transfers	0
At 28 February 2014	<u>281,152</u>
Depreciation	
At 1 March 2013	14,716
Charge for the year	1,145
On disposals	0
At 28 February 2014	<u>15,861</u>
Net book values	
At 28 February 2014	<u>265,291</u>
At 28 February 2013	<u>266,436</u>

4 Called Up Share Capital

Allotted, called up and fully paid:

	2014	2013
	£	£
500 A Ordinary shares of £1 each	500	500
500 B Ordinary shares of £1 each	500	500

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